USADA Education

Physicians and health professionals play a vital role in preserving the integrity of competition and the core principles of true sport by influencing their decisions on medications and supplements. When treating an athlete, health professionals need to be aware of the anti-doping rules that athletes may be required to follow.

In addition to educating thousands of athletes each year, USADA provides education resources for health professionals who need to understand anti-doping rules. **USADA HealthPro Advantage: Anti-Doing Education for the Health Professional** is a free Stanford accredited online tutorial created for physicians and healthcare professionals working with athletes and is available for 1.25 CMEs. **Global Drug Reference Online** (Global DRO) provides athletes and support personnel with information about the prohibited status of specific medications under the current World Anti-Doping Agency Prohibited List. **The USADA website** is a wealth of information on anti-doping for athletes and athlete support personnel. Publications found on the website include the WADA Prohibited List and Code, Clean Sport Handbook, Nutrition Guide, Supplement Guide, Spirit of Sport blog, and much more. Lastly, **Supplement Connect** is a resource that allows you to: REALIZE there are safety issues with dietary supplements, RECOGNIZE risk when you see it, and REDUCE your risk of testing positive and experiencing health problems. To learn more about these resources click the images below or visit USADA.org.

HealthPro Advantage	Global DRO	USADA.org	Supplement Connect

USADA is continually updating and expanding its library of resources to ensure that athletes and athlete support personnel can easily access information about some of the most important topics in anti-doping.

If you have any questions or need additional resources, please contact:

USADA's Elite Education Team

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For a complete list of downloadable publications, visit: USADA.org/resources/publications-and-policies/

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