



# NEWS RELEASE

## SWIMMING ATHLETE, BRUNEMANN, RECEIVES SIX-MONTH SUSPENSION

**Colorado Springs, Colo. (January 28, 2009)** -- USADA announced today that U.S. swimming athlete Emily Brunemann (Ann Arbor, MI) has received a six-month suspension by an independent three-member arbitration panel from the American Arbitration Association (AAA)/North American Court of Arbitration for Sport (CAS).

Brunemann, 22, tested positive on August 29, 2008 from a sample collected out-of-competition by USADA, for hydrochlorothiazide and triamterene. These substances are in the class of diuretics and other masking agents, and are prohibited under the USADA Protocol and the rules of the Fédération Internationale de Natation (FINA), both of which have adopted the World Anti-Doping Code and the World Anti-Doping Agency Prohibited List.

Following a detailed evidentiary hearing, the AAA/CAS panel confirmed that Brunemann committed a doping violation and found that she failed to take appropriate steps to avoid ingesting a prohibited substance. The AAA/CAS panel suspended her for six months beginning on September 26, 2008, the day she received credit for serving a provisional suspension.

"Hopefully, Emily's case will serve as a strong reminder that all athletes need to be cautious when choosing the products they take to ensure that they do not contain any prohibited substances" said USADA CEO Travis T. Tygart. "And to use the available resources such as the USADA drug reference line, wallet card or other resources to assist them in ensuring the products they use are free from prohibited drugs."

In an effort to aid athletes, as well as all support team members such as parents and coaches, in understanding the rules applicable to them, USADA provides comprehensive instruction on its website on the testing process and prohibited substances, how to obtain permission to use a necessary medication, and the risks and dangers of taking supplements as well as performance-enhancing and recreational drugs. In addition, the agency manages a drug reference hotline, conducts educational sessions with National Governing Bodies and their athletes, and proactively distributes a multitude of educational materials, such as the Guide to Prohibited Substances and Methods, easy-reference wallet cards, periodic newsletters, and protocol and policy reference documentation.

*USADA is responsible for the testing and results management process for athletes in the U.S. Olympic and Paralympic Movement, and is equally dedicated to preserving the integrity of sport through research initiatives and educational programs.*

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