# 2018 Annual Report

U.S. ANTI-DOPING AGENCY





# From the **CEO & Chairman**





The training. The injuries. The missed opportunities. The lost time.

Athletes sacrifice greatly to pursue excellence in sport. To achieve new heights, to be the best, and to make their sport something worth believing in. This commitment often inspires the sacrifice and greatness of the next generation of athletes, all of whom also continue to impact those around them and the world with their effort.

At USADA, we see the sacrifices athletes make every day to compete at their best *and* with integrity. It's filing Whereabouts, it's early morning tests, it's asking the right questions about the prohibited status of their medications...and it's no small feat. Their sacrifice and commitment are vital to protecting the integrity of competition and ensuring a level playing field for all athletes. Only when integrity and fairness are upheld is sport an authentic experience that unites the world, instills values, and inspires greatness.

USADA strives to honor athletes' sacrifice with our own commitment to excellence in service of them, both nationally and internationally. In every instance, athletes' rights and perspectives have been USADA's driving force.

On a global level, USADA's efforts in 2018 took the form of unrelenting advocacy for accountability and transparency from all those who police, govern, and participate in sport. A cornerstone of this advocacy was USADA's role at an emergency summit at the White House, where USADA stood with athletes, National Anti-Doping Organizations, and sports ministers from numerous countries to explore how the global anti-doping movement has repeatedly failed clean athletes and why the movement is in crisis. From this summit, USADA and the other participants published a declaration urging reforms that will help facilitate greater transparency and eliminate conflicts of interest in anti-doping.

USADA also testified before a Congressional Committee during a hearing on how the United States can legally penalize fraud committed through doping and other corruption in sport. The hearing namely focused on the Rodchenkov Anti-Doping Act, legislation that seeks to protect whistleblowers and implement criminal penalties against states and organizations that facilitate doping internationally. USADA testified alongside U.S. Olympian Katie Uhlaender and whistleblower and Russian Olympian Yuliya Stepanova.

Just as important to advocating for accountability and excellence on an international scale are USADA's efforts to uphold anti-doping excellence nationally through effective and efficient education, science, testing, athlete support, and results management initiatives.

In 2018, USADA's anti-doping prevention efforts included 144 in-person education sessions and the launch of the Athlete Presenter Program to ensure that athletes receive education from people who are relevant to them, meaning their fellow athletes. USADA reached more than 25,000

athletes and support personnel through e-learning, presentations, booths, webinars, and materials in 2018, while also supporting anti-doping education excellence globally by co-hosting the World Anti-Doping Agency Global Education Conference in Beijing, China.

USADA's commitment to deterrence was matched by our detection initiatives, including our strategic testing program, robust investigation efforts, and thorough results management process. In 2018, USADA completed more than 6,500 tests for Olympic, Paralympic, Pan American, and Parapan American athletes, in addition to developing a revised testing pool structure to further maximize testing resources for 2019. USADA's Play Clean Tip Line also received more than 700 tips, and 136 of the tips from whistleblowers led to target testing (USADA and UFC), with approximately 10 percent of the target tests resulting in an adjudication process. As the result of all of these efforts, USADA announced 66 sanctions (USADA) in 2018.

All of these efforts are supported by anti-doping science, whether we're answering thousands of drug reference inquiries from athletes and support personnel or supporting anti-doping research through the Partnership for Clean Competition. With TAP™ by Seventh Sense Biosystems, Inc., USADA is using the world's first push-button blood collection device to collect blood samples more quickly and easily, while facilitating an alternative analysis method and a more comfortable experience for athletes. Our science-driven initiatives and innovation projects continually advance our ability to detect those who seek an unfair advantage in sport as they try to find more sophisticated ways to cheat clean athletes out of the moments they've earned.

Our expertise and commitment to innovation have also allowed USADA to implement customized anti-doping programs for other sport organizations, including UFC®. USADA completed nearly 3,000 tests around the world and announced 26 sanctions of UFC athletes in the third year of the UFC Anti-Doping Program. The importance of this program for both the athletes and the UFC promotion were reinforced with the UFC's renewal of its commitment to have USADA independently administer the global program.

Over the course of the year, USADA also worked with another 85 clients to provide education, testing, and results management for major events and professional sports, such as professional boxing bouts and the Chicago, Boston, and New York City Marathons.

While advancing athletes' rights and clean sport nationally and internationally will always be essential to our efforts, USADA continues to recognize the importance of creating a culture of clean sport that prioritizes the meaning of sport, rather than just winning. By championing values like sportsmanship, respect, and accountability in youth sports, USADA's TrueSport program is working to create young leaders who go on to make ethical, healthy, and safe choices in sport and in their communities. TrueSport's evidence-based resources and interactive programs for athletes, coaches, and parents around the country are helping change the culture of youth sports and concurrently building a culture of clean sport.

The pursuit of clean sport isn't easy for anyone involved, but safe and fair sport is a cause that athletes around the world and USADA know is worth fighting and sacrificing to achieve. To ensure athletes' sacrifices matter, we remain committed to serving them through our mission: preserve the integrity of competition, inspire true sport, and protect the rights of athletes. We will continue to work with athletes and for athletes to make clean and fair sport a global reality.

**Edwin C. Moses**Chair, Board of Directors

**Travis T. Tygart**Chief Executive Officer

7:77

# TEAM **USADA**\*

#### **Board of Directors**

The USADA Board of Directors is comprised of experienced individuals who share the ideals and principles behind USADA's vision, mission, and core values. The Board of Directors advise and support the staff in executing the work of the organization through its balanced and diverse perspectives. For more information on the USADA Board of Directors, please visit www.USADA.org/board-of-directors.

#### **BOARD MEMBERS**



Edwin C. Moses
ScD hc
Chair



Richard V. Clark MD, PhD, FACP Vice Chair



Marcia Lee Taylor

Secretary



Philip Dunn Treasurer



Jim Kooler DrPH



Edward J. Merrens MD



David Plummer (as of 10/2018)



**Tobie Smith**MD, MPH, MEd,
FAAFP



**Ken Wright** DA, AT Ret

#### **Leadership and Senior Staff**

Based in Colorado Springs, Colorado, USADA's leadership and staff is responsible for managing and coordinating comprehensive and independent anti-doping programs for the Olympic and Paralympic movements, as well as the UFC. USADA's key initiatives include:

- Anti-doping education and resources
- Science, research, and technology projects
- Testing programs
- · Results management and adjudication

USADA's dedicated and talented staff is comprised of more than 100 home office staff members and field-based Doping Control Officers who work together as a team to realize the organization's mission to: PRESERVE the integrity of competition, INSPIRE true sport, and PROTECT the rights of athletes.

#### **LEADERSHIP**



**Travis T. Tygart** *Chief Executive Officer* 



**Sandra Briggs, CPA** *Chief Financial Officer* 



Matthew Fedoruk, PhD Chief Science Officer



William Bock, III General Counsel

#### SENIOR STAFF



Gabriel Baida UFC Operations Director



Jeff Cook Results Management and Investigations Senior Director



Skip Gilbert Managing Director Operations, Marketing, and Development



Jennifer Royer, PhD TrueSport and Olympic Education Director



Adam Woullard

Director of

Communications

<sup>\*</sup>Board and staff members include those with USADA at time of publication.



# OLYMPIC, PARALYMPIC, PAN AMERICAN AND PARAPAN AMERICAN ATHLETES

• Number of tests completed: **6,607** 

#### **GLOBAL SERVICE TESTING OVERVIEW IN NUMBERS**

• Number of tests completed: 2,767

Number of Clients: 85

Number of Education Events: 13

Number of Education Phone Calls: 14

#### **DETECTION AND DETERRENCE**

• Number of USADA Sanctions Announced in 2018: **66**\*

\*Seven prior sanctions were updated in 2018



TrueSport formed **26** new partnerships with **National Governing Bodies (NGBs)** and **youth sports organizations (YSOs)** 

Hosted **21 summer camp sessions** to bring TrueSport programming to youth

2,094

DRUG REFERENCE LINE -ANSWERING QUESTIONS FROM ATHLETES AND SUPPORT PERSONNEL



received by **phone** 

DRUG REFERENCE INQUIRIES

received by email

USADA collected 70 DBS tests for UFC athletes in 2018.



#### **HIGH RISK LIST 2018**

USADA added 154 products to the HRL in 2018.

#### 2018 UFC HIGHLIGHTS

- 2,888 tests completed around the world.
- 99% Whereabouts
   Compliance for Q1 Q4.
- 26 Sanctions Announced

\*One prior sanction was updated in 2018



### Global Clean Sport

# ADVOCACY

**USADA** is committed to advocating for clean sport and clean athletes on a global scale. We unite with stakeholders from around the world, including athletes, governments, and national anti-doping organizations (NADOs), to encourage change in the anti-doping movement so that every athlete is confident they are stepping onto a level playing field and every spectator is confident they are witnessing authentic sport achievements.

# CONGRESSIONAL TESTIMONY - THE STATE OF PLAY: GLOBALIZED CORRUPTION, STATE-RUN DOPING, AND INTERNATIONAL SPORT

ON JULY 25, 2018, USADA CEO Travis T. Tygart testified on the global impact of doping before the Commission on Security and Cooperation in Europe, a U.S. Congressional Committee also known as the "Helsinki Commission." Recognizing that doping devalues sport, robs athletes and sponsors, and contributes to global corruption, the hearing addressed how the U.S. can legally penalize doping and corruption in sport, as it does with other instances of international crime. The Rodchenkov Anti-Doping Act, bipartisan legislation introduced by Commissioners Rep. Sheila Jackson Lee (TX-18) and Rep. Michael Burgess, M.D. (TX-26), seeks to implement criminal penalties for doping at major international competitions and protect whistleblowers.

Tygart testified alongside U.S. Olympian Katie Uhlaender, who spoke to the personal impact of doping and how dopers influence clean athletes' careers. The hearing also included testimony from Yuliya Stepanova, a Russian Olympian and



whistleblower who helped uncover Russia's expansive and methodical state-run doping scheme. Dagmar Freitag, Chairwoman of Sports Committee of the German Bundestag, also discussed Germany's successful efforts to criminalize doping.



#### **#MYMOMENT FOR THE 2018 OLYMPIC WINTER GAMES**

Leading up to the 2018 Olympic Winter Games in PyeongChang, South Korea, Olympians and Paralympians from around the world united behind #MyMoment to highlight the irreplaceable moments clean athletes have lost to doping and to defend the moments they could earn if they have access to a level playing field. Athletes and NADOs from Austria, Canada, Germany, Japan, South Korea, the United Kingdom, and the United States partnered on the global social media campaign featuring multi-

national, multi-lingual videos and other content capturing why clean sport matters to athletes.



#### NADO LEADERS ADVANCE ANTI-DOPING STANDARDS

Leaders from more than 15 NADOs united for another year of advocacy on behalf of global antidoping reform and excellence. On January 17, 2018, leaders gathered in Bonn, Germany to discuss urgent issues in the lead up to the Olympic Winter Games in PyeongChang. The leaders particularly condemned the lack of transparency around the criteria established to allow Russian athletes to compete independently at the Games and urged the release of robust criteria, as well as the names of the qualified Russian athletes and their individual testing histories.

On June 13, 2018, the NADO leaders again met, resulting in a call for no compromise on the World Anti-Doping Agency (WADA) Roadmap to Code Compliance and the elimination of conflicts of interest in sport. Following the WADA Compliance Review Committee's recommendation to reinstate the Russian Anti-Doping Agency, the group also

issued a statement urging WADA to postpone Russian reinstatement until all of the conditions of the WADA Roadmap had been met.



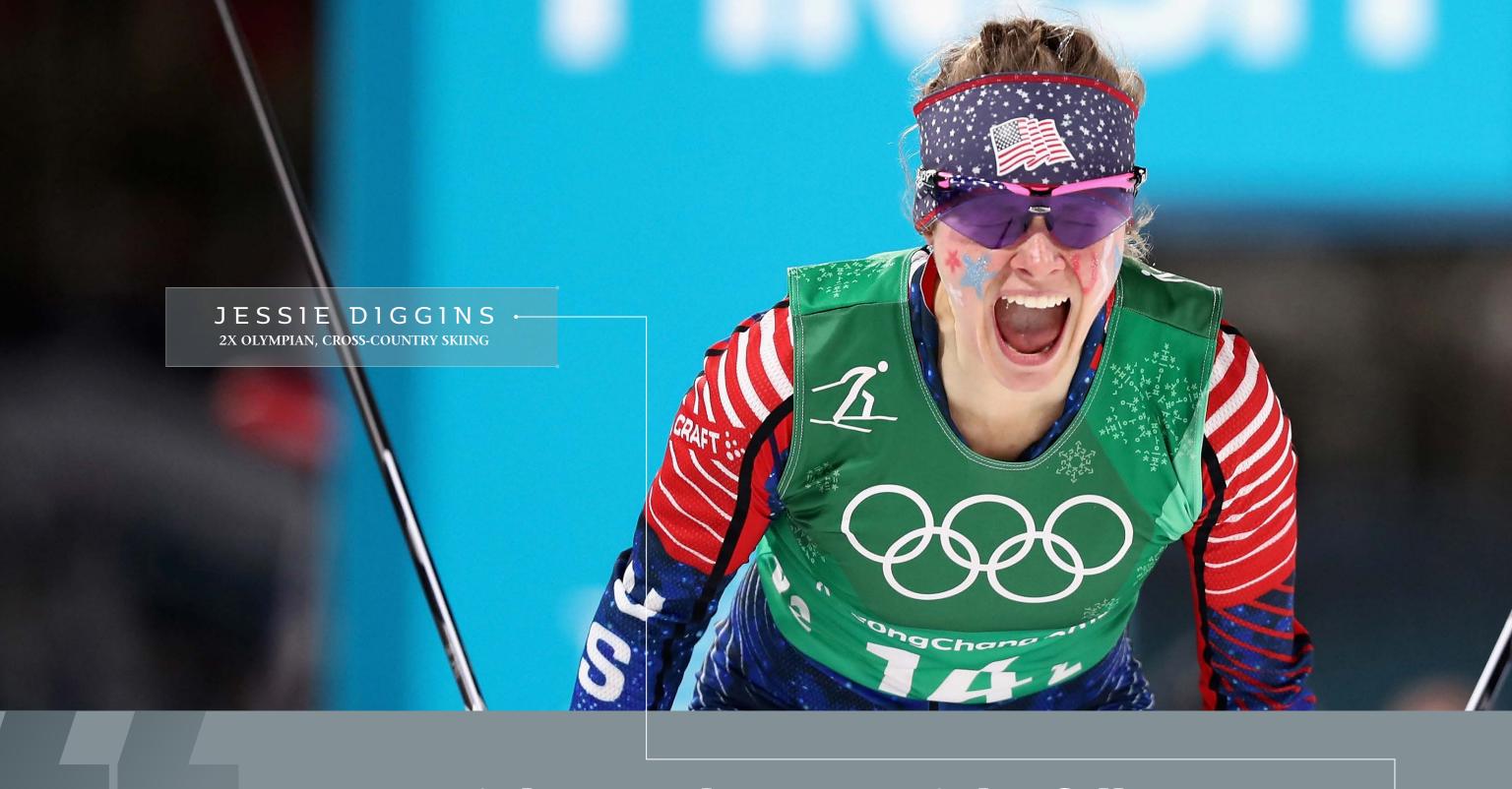
After meeting on October 29, 2018, in France, the NADO leaders voiced support for athletes

uniting to call for meaningful reform of WADA governance. The group reaffirmed their commitment to the Copenhagen Reform Proposals, a series of reforms brought forth in August 2016 that focus on independence, transparency, and best governance practices in the wake of the findings of the McLaren Report, while also calling on the international sport community to bolster anti-doping efforts and restore athletes' faith in fair competition around the globe.

#### **EMERGENCY WHITE HOUSE SUMMIT - OCTOBER 31, 2018**

USADA joined athletes, NADOs, and sports ministers from a number of countries at an emergency summit at the White House to explore how the global anti-doping movement has failed clean athletes and why anti-doping efforts are in

crisis. From this summit, USADA and the other participants published a declaration urging reforms that will help facilitate greater transparency and eliminate conflicts of interest in anti-doping.



You might crash, you might fall, someone else might just be better, and that's okay... but it's not okay to cheat to win.

2018 ANNUAL REPORT

U.S. ANTI-DOPING AGENCY

### Education

# NITIATIVES

**RECOGNIZING** that education is key to prevention and the first line of defense for clean sport, USADA provides education to thousands of athletes, coaches, trainers, medical staff, and other athlete support personnel each year. Through in-person and online education, as well as a multitude of other resources, USADA helps ensure that athletes and support personnel have the tools they need to navigate the anti-doping program and understand the role they play in keeping sport clean.

25,910

TOTAL ATHLETES AND STAKEHOLDERS **REACHED THROUGH E-LEARNING,** PRESENTATIONS, BOOTHS, WEBINARS, AND MATERIALS

#### **IN-PERSON EDUCATION**

Presentations Compared to 120 in 2017 and 100 in 2016



ATHLETES EDUCATED FACE-TO-FACE

**NEW OLYMPIC SPORTS EDUCATED** 

[CLIMBING, SKATEBOARDING, BASEBALL]



Keeping

### **EDUCATION BOOTHS**

- Operated **23** education booths, reaching **3,445** athletes and athlete support personnel.
- Hosted new athlete orientations and dining hall chats at all Olympic Training Centers.



**STATES VISITED** IN 2018



- **8,489** athletes educated through Athlete's Advantage® e-learning - Created new Returning Athlete Tutorial
- **2,046** coaches educated through Coach's Advantage® e-learning
- **8** webinars reaching **210** people



### **Education Initiatives**



#### 2018 Olympic Winter Games

USADA staff provided education to every
 Olympic and Paralympic athlete attending
 the 2018 Olympic Winter Games during
 Team Processing and provided support
 to WADA's outreach team during the
 Olympics in PyeongChang.



- USA Swimming and USA Track & Field annual meetings
- Fédération Equestre Internationale World Championships
- Rocky Mountain Athletics Annual Conference
- International Skating Union Junior Championships

#### **EDUCATION STRATEGY**

#### WORLD ANTI-DOPING AGENCY GLOBAL EDUCATION CONFERENCE

USADA partnered with the China Anti-Doping
Agency to host the World Anti-Doping Agency
(WADA) Global Education Conference in Beijing,
China. The conference united anti-doping
organizations worldwide in a collaborative
effort to elevate anti-doping education, while
also highlighting the need for greater athlete
involvement to ensure that the system represents
those it's designed to serve. With global anti-doping
organizations gathered together, the conference

facilitated productive revisions to the draft document that will help establish a baseline for antidoping education that all WADA Code signatories will eventually be expected to uphold. During the conference, attendees also focused on how antidoping organizations with varying levels of resources can work together to build and grow effective anti-doping education programs, in part by sharing resources and solutions.





#### NGB STRATEGIC PLANNING SESSION

USADA's Education Team hosted a strategic planning session on anti-doping education with USA National Governing Bodies, including Swimming, Cycling, Weightlifting, Track & Field, and Triathlon. The collaboraton facilitates resource sharing, combined initiatives, and improved processes that benefit athletes and the anti-doping movement. Through ongoing communication with these groups, USADA can also develop better solutions faster and more efficiently utilize resources.





1 think goals should never be easy. They should force you to work, even if they are uncomfortable at the time.



# TRUESPORT

TRUESPORT is a grassroots movement dedicated to promoting a positive youth sport experience that helps young athletes build the life skills and core values for success...on and off the field. In its outreach, TrueSport focuses on three actionable cornerstones: clean and healthy performance, sportsmanship, and character building and life skills.

#### TRUESPORT ACHIEVEMENTS BY THE NUMBERS

- Interacted with more than **6,000** youth athletes in person
- Formed 26 new partnerships with National Governing Bodies (NGBs) and Youth Sports Organizations (YSOs)
- Hosted **21 summer camp sessions** to bring TrueSport programming to youth athletes
- Secured 28 new school partners, meaning that TrueSport content is now shared in 13 states and Quebec, Canada
- Brought TrueSport Ambassadors to young athletes at events

#### **RESOURCES**

Developed the first **TrueSport Supplement Guide** as a resource for athletes, parents, and coaches on how to navigate the supplement industry and minimize supplement risks.



- Launched Power of Partnership content package, which includes expert-driven articles, social media graphics, and handouts for partners.
- Created True Talks for partners' print publications.
- Completed a partner survey to inform content strategy.
- TrueSport resources are now featured on HowToCoachKids.org and the mobile app, supporting efforts to increase the quality and quantity of volunteer youth coaches alongside the USOC, Nike, and Project Play.

#### TRUESPORT FOR THE COMMUNITY

In conjunction with an annual event for A's & Aces, TrueSport organized a donation drive at the USADA office, through which staff could donate new or gently used clothing, tennis racquets, tennis balls, and trophies. All donations benefited the Return and Serve Campaign.

# Ambassadors



TrueSport

Ambassador

Kara Winger

joined the fourth

annual A's & Aces

event in

New Orleans.

#### 22 NEW NGB PARTNERS

**USA Archery US Sailing USA Baseball USA Shooting** USA Basketball **USA Softball** USA Bobsled & **US Speedskating** Skeleton USA Team Handball **USA Boxing** USA Track & Field **USA** Cycling **USA** Triathlon **USA** Diving **USA** Ultimate **USA Fencing** USA Water Polo **US Figure Skating** USA Weightlifting USA Judo **USA** Wrestling USA Rugby

#### 14 CAMP AND EVENT PARTNERS

Colorado College Volleyball Camps
Landsharks Running Club Summer Camps
UNC Sport Camps (4 sports)
Air Force Academy Sport Camps (3 sports)
LXTC Summer Camps
TrueFood Community Event
AIES Reading Olympics
USADA DCO Conference
UCCS What If? Festival
Landsharks Celebration Run
A's & Aces TrueSport Day
USOC ADM & Youth Sport Symposium
SIMLA TrueSport Day
The First Tee: Girls Bring A Friend Night

#### **4 NEW YSO PARTNERS**

The First Tee Pikes Peak
M&M Gymnastics and Dance
Learn to Skate USA
How to Coach Kids App



20

At the end of the day, success isn't everything. It's about being able to say you did it the right way.



### Science and

# SUBSTANCES

SCIENCE plays a crucial role in the fight for clean competition and USADA's expert scientists are leaders in the global anti-doping community. By providing resources and advancing anti-doping science, USADA's Science Team has an especially significant impact on athletes' ability to make informed choices about substances and methods, as well as efforts to detect and deter the use of performance-enhancing drugs in sport.

#### **SCIENCE SERVING SPORT**

USADA is committed to providing athletes and support personnel with the resources and information they need to uphold clean sport, which means providing the most convenient and accurate information on substances and methods through various channels, including a Drug Reference Line®

direct to USADA staff, Global Drug Reference Online (Global DRO®), and Supplement 411®. USADA also implements cutting-edge programs to better detect and deter doping, such as the Athlete Biological Passport (ABP).

#### DRUG REFERENCE LINE -

ANSWERING QUESTIONS FROM ATHLETES AND SUPPORT PERSONNEL



**TOP 10 INGREDIENT** 

DRUG REFERENCE INQUIRIES received by **phone** 

DRUG REFERENCE INQUIRIES received by **email** 



#### **GLOBAL DRO**

Global DRO helps athletes and support personnel identify the prohibited status of medications and ingredients from six countries.

The platform saw 1,614,158 searches in 2018, a 10 percent increase compared to 2017.

SEARCHES IN THE U.S.
Cannabis/Marijuana 2,499
Cannabidiol 1,290
Caffeine 1,126
Prednisone 882
Albuterol/Salbutamol 865
Phenylephrine 761
Acetaminophen 505
Cortisone 452
Dextromethorphan 426

Pseudoephedrine 419

#### ATHLETE BIOLOGICAL PASSPORT (ABP)

The ABP program monitors selected biological parameters over time that may indirectly reveal effects of doping on the body, which allows anti-doping organizations to generate individual, longitudinal profiles for each athlete and to look for any fluctuations that may indicate the use

of performance-enhancing drugs or methods. This data can also be used to conduct targeted, conventional anti-doping tests on athletes with abnormal profiles, as well as provide corroborating evidence of doping during an anti-doping rule violation case.

#### **SUPPLEMENT 411**

Supplement 411 is an online resource that USADA maintains to help athletes and consumers identify and reduce the risks associated with dietary supplements. Through Supplement 411, USADA provides a wide range of information and tools, including a Red Flag Checklist and the Supplement High Risk List (HRL). USADA also maintains an HRL for the Department of Defense's Operation Supplement Safety.



#### **HIGH RISK LIST 2018**

- USADA added 154 products to the HRL in 2018.
  - Products are added to the HRL if they advertise, or if testing reveals they contain substances prohibited in sport.
  - 82 supplement products contained or claimed to contain
     Selective Androgen Receptor Modulators (SARMs).
  - 24 supplements tested for or listed higenamine on the Supplement Facts panel.
- At the end of 2018, there were 525 products on the HRL.
- 238 companies have supplement products on the HRL.

#### **HIGH RISK LIST BREAKDOWN**

Substance Class	Number of Products on the HRL
Anabolic Agents	260
Diuretics	1
Hormone and Metabolic Modulators	42
Peptide Hormones and Growth Factors	22
Stimulants	200
TOTAL	525

#### 2018 SUPPLEMENT HIGHLIGHTS

- Conducted ongoing testing of dietary supplements suspected to contain performanceenhancing drugs.
- Collaborated with the dietary supplement trade associations to draft the SARMs

#### **Control Act**

(S. 2742) to amend the Controlled Substances Act to more effectively regulate SARMs.

#### ADVANCING ANTI-DOPING SCIENCE

#### SCIENCE SYMPOSIUM - CHICAGO, ILLINOIS, SEPTEMBER-OCTOBER 2018

USADA hosted the 17th Annual USADA Symposium on Anti-Doping Science from September 28-October 1 in Chicago, Illinois. For the 2018 program, 90 attendees from 33 countries participated.

During the Symposium, invited experts discussed highly relevant challenges in anti-doping science within the theme "Biomarker Discovery & Application to Doping Detection & Deterrence." The Symposium explored how traditional direct doping

detection compares to efforts to discover, verify, validate and adopt sensitive and specific indirect biomarkers to facilitate effective target testing and detection.



#### THE 3RD ANNUAL LARRY D. BOWERS EXCELLENCE IN ANTI-DOPING SCIENCE AWARD

In recognition of the vital role anti-doping scientists play in the fight for clean sport, USADA proudly awarded the 3rd Annual Larry D. Bowers Award for Excellence in Anti-Doping Science to Dr. Matthias Kamber in honor of the critical role he has played advancing scientific excellence in the fight for clean sport as a chemist and anti-doping scientist. Dr. Kamber is the former director of Anti-Doping Switzerland (ADCH).



Dr. Matthew Fedoruk, Dr. Matthias Kamber, Dr. Larry Bowers (left to right)

#### **PARTNERSHIP FOR CLEAN COMPETITION**

Partly funded by USADA, the Partnership for Clean Competition (PCC) is a nonprofit organization working to protect the integrity of sport and public health by supporting high-quality anti-doping research and practical developments. Some of the PCC's accomplishments in 2018 include:

PARTNERSHIP FOR clean competition

- Funded 31 Projects (includes Translational Research Fund and Micro-Grants)
- Provided \$3,786,038 in Funding
- Submitted 44 Proposals (not including Translational Research Fund or Micro-Grants)
- Oversaw 50+ Ongoing Projects
- Supported 17+ Publications and Presentations
- Awarded 4 Fellows
- Maintained IGF-1, Oral Fluids, Performance Hematology Working Groups

#### **SCIENCE AT USADA**

#### PUBLICATION CONTRIBUTIONS

- Hopker J, Schumacher YO, Fedoruk M, Mørkeberg J, Bermon S, Iljukov S, Aikin R, Sottas PE. Athlete Performance Monitoring in Anti-Doping. Front Physiol. 2018 Mar 23;9:232.
- González JM, Johnson FR, Fedoruk M, Posner J, Bowers L. Trading Health Risks for Glory: A Reformulation of the Goldman Dilemma. Sports Med. 2018 Aug;48(8):1963-1969.
- Fedoruk M & Teoh CS. Unique Anti-Doping and Therapeutic Use Exemption Considerations for the Paralympic Athlete. Aspetar Sports Medicine Journal. 2018 Dec; 7:180-185.
- Clark RV, Wald JA, Swerdloff RS, Wang C, Wu FCW, Bowers LD, Matsumoto AM. Large divergence in testosterone concentrations between men and women: Frame of reference for elite athletes in sex-specific competition in sports, a narrative review. Clin Endocrinol (Oxf). 2019 Jan;90(1):15-22. Epub 2018 Sep 27.

#### SELECTED PRESENTATIONS

- Hidden in Plain Sight: Clean Sport Education in the Olympic & Paralympic Family: Presented by Dr. Fedoruk during Joint Commission on Sports & Medicine and Science (JCSMS) Annual Meeting at Port St. Lucie, Fla.
- International Updates on Anti-Doping and TUE Management in Paralympic Sport: Presented by Dr. Fedoruk during 2018 Paralympic Games in PyeongChang, Korea.
- Dietary Supplements: Navigating Safety & Fairness for Athletes: Presented by Dr. Fedoruk during 8th Annual ADLQ Annual Symposium on "Dietary Supplements: Strength, Weaknesses, Opportunities & Threats" in Doha, Oatar.
- Sport Nutrition Panel: Presented by Dr. Amy Eichner during the Natural Products Association in Las Vegas, Nev.
- Forensic Approach to Anti-Doping: Presented by Dr. Adam Beharry to the Medical Case Studies Class at the University of Maryland, Baltimore County.
- Collaboration in the ABP Practical Elements and Lessons Learned: Panel discussion moderated by Dr. Fedoruk during WADA Athlete Biological Passport Symposium in Rome, Italy.
- Dried Blood Sport Testing and Potential for the ABP: Presented by Dr. Fedoruk during WADA Athlete Biological Passport Symposium in Rome, Italy.

#### **EXPERT COMMITTEE PARTICIPATION**

- Pre-Games Anti-Doping Task Force: Provided expert input to help optimize athlete testing plans and recommend targeted tests ahead of the 2018 Winter Olympic and Paralympic Games.
- WADA Hematological ABP Expert Group Meeting: The WADA ABP Expert Group meets annually to review
  and discuss relevant advancements in the ABP models, as well as propose revising the guidelines, technical
  documents, and best practices.
- WADA Technical Document for Sport Specific Analysis (TDSSA) Expert Group Meeting: Dr. Fedoruk was appointed Chair of the TDSSA Expert Group.
- International Paralympic Committee Anti-Doping Meeting: Dr. Fedoruk appointed to another four-year term.
- WADA Endocrine Module of the Athlete Biological Passport Working Group: Helped outline a strategy for the implementation of the Endocrine Module of the ABP.
- USADA-Department of Defense (DoD) Grant Program: Dr. Eichner worked with Department of Defense Joint Food and Dietary Supplement Subcommittee at the Uniformed Services University.
- Faculty Appointment at Uniformed Services University: Dr. Eichner received credentials to complete work with Department of Defense.

Some of the PCC's key initiatives in 2018 included:

#### **BREATH AND ORAL FLUIDS TRIAL**

PCC-supported research into breath technology began in 2016 to determine if Sensabues Exhaled Breath technology, currently in use by Swedish law enforcement to detect drugs of abuse, could be applied in an anti-doping setting. In late 2018, PCC conducted field trials of exhaled breath testing and oral fluid technology for in-competition sample collection, which involved more than 500 athletes.

#### **FELLOWSHIP EXPANSION**

In 2018, the PCC re-envisioned its Fellowship
Program to better suit the needs of contemporary
researchers. The program was expanded by first
removing the requirement for PCC Fellowships to
take place over two years in a WADA-Accredited
laboratory, given that it's not always practical to leave
a researcher's host institution. Similarly, the PCC
added the "Research Track Fellowship," which allows
PCC Fellows to carry out research at the institution of
their choice, under the mentor of their choice.

### Science and Substances

#### THERAPEUTIC USE EXEMPTIONS

USADA recognizes that athletes, like all people, may have conditions or illnesses that require them to take a particular medication or undergo medical procedures. If the procedure or the substance or method prescribed to treat that medical condition is prohibited by the World Anti-Doping Agency (WADA), athletes can apply for a Therapeutic Use Exemption (TUE), and if granted, obtain permission to use a prohibited substance or method in sport for a specified time period.

All TUEs are evaluated according to the WADA International Standard

for TUEs and subject to mandatory WADA monitoring for compliance.



#### **TUE BREAKDOWN**

In 2018, USADA received **658 TUE applications for 865 substances and/or methods**. An application may cover multiple substances, or substances in conjunction with a method, and if so, different

independent TUE Committee physicians review the elements of the application related to their area of expertise to approve or deny the use of each substance and/or method.

#### **TUE BREAKDOWN**

Athlete Classification	# of Substances on TUE Applications	Approved	Denied	In Process	TUE Not Needed	Incomplete	Withdrawn
National and International Testing Pools	180	86	10	2	68	11	3
Non-National Level	674	275	23	13	246	107	10
UFC	11	3	6	0	1	1	0
Totals	865	364	39	15	315	119	13

#### **TUE PRE-CHECK FORM**

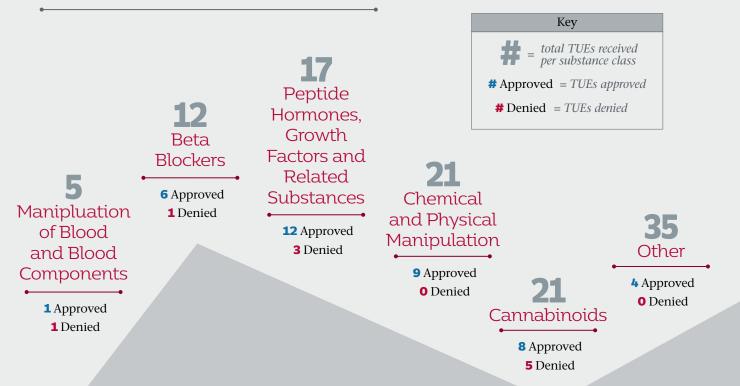
In February 2018, USADA launched the TUE Pre-Check feature, allowing athletes and support personnel to determine the need for a TUE before submitting a full TUE application. This new feature saves athletes and support personnel time and effort, while also helping USADA better utilize its resources.

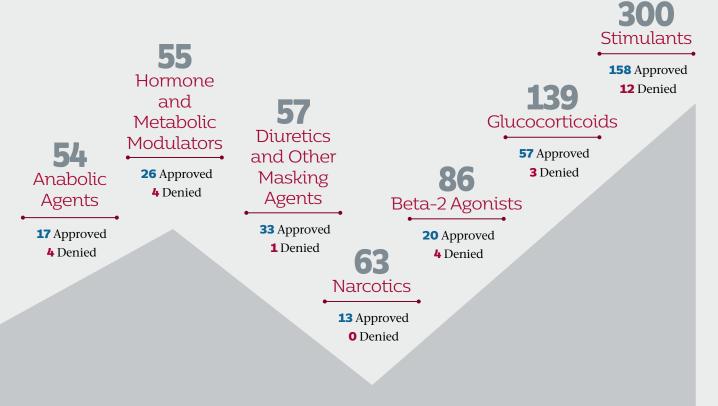
USADA received 812 TUE Pre-Check forms over an

11-month period, which led the number of TUE

applications to plateau in 2018 instead of rising yearover-year in the trend of past years.

#### **TUES PROCESSED BY WADA SUBSTANCE CLASS\***





<sup>\*</sup> Chart does not include Processing, Not Needed, Incomplete, and Withdrawn TUEs



You can't control the cards you have, but you can control what you do with those cards.

### Athlete

# **VOICES**

**UNDERSTANDING** and elevating athletes' perspectives is critical to the future success of the anti-doping movement, both in the United States and around the world. As such, USADA is connecting with athletes to explore their thoughts and share their insights on anti-doping and the integrity of sport. Here are some of the stories we shared in 2018.

#### LOWELL BAILEY: NEXT STEPS IN CLEAN SPORT

Bailey, a four-time Olympian and 2017 International Biathlon Union World Champion shared his experiences in sport and what he thinks are the next steps in the fight for clean sport.

"I think it's still important to MAKE YOUR VOICE HEARD as an athlete, and the more athletes that speak up, the better chance we have of **effecting change."** 



Since the beginning, Diggins has defined integrity as always doing the right thing, even when no one else is watching. It's a lesson she's lived by without compromise while chasing her Olympic dreams in cross-country skiing. That dedication led her to win a historic gold medal in the team sprint at the 2018 Olympic Winter Games. It was the first gold medal the U.S. has ever won in the sport.

JESSIE DIGGINS: BUILDING A CULTURE OF CLEAN SPORT



Whatever sport you're in, talk about COMPETING THE RIGHT WAY.

It's not all about winning. It's about giving it your very best effort, because you can't control if you win. You might crash, you might fall, someone else might just be better, and that's okay...but

# it's not okay to cheat to win.

At the end of the day, you want to leave sport being proud of what you did."

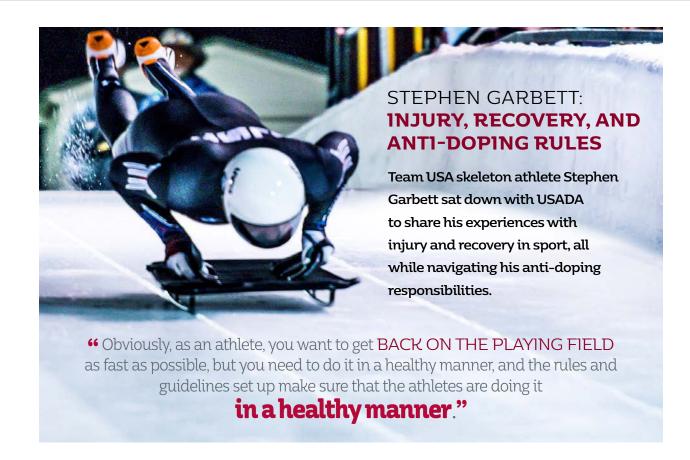
#### DAVID PLUMMER: PUSHING FOR GLOBAL STANDARDS IN SPORT

A long-time athlete, coach, and current USADA Board member, Olympian David Plummer reflected on his experiences with antidoping and the importance of a global push for clean sport.

66 The Olympics DOESN'T HAPPEN WITHOUT ATHLETES, and I think that as much as it's important for athletes to have a voice in this, it's also really important that the people who are in charge are

# protecting the athletes

to the best of their ability."



#### KARA WINGER: ANTI-DOPING RIGHTS AND RESPONSIBILITIES

Three-time Olympian Kara Winger shares her experience with testing and explains why athletes should know and employ their rights and responsibilities.

"You don't BECOME AN OLYMPIC ATHLETE and just want to be okay, or in the middle, or see people who have cheated get the glory that you worked so hard for. I wouldn't participate in sport if I thought that it was **massively unfair** from an anti-doping standpoint."



Photo by John Barnhart



When your mind says 'give up,' hope whispers 'one more try.'

# TESTING and DCO Operations

**TESTING** is an integral part of USADA's ability to detect doping and hold accountable those who violate anti-doping rules. Both in-competition (IC) and no-notice, out-of-competition (OOC) testing are part of an effective anti-doping program that protects clean athletes' rights and a level playing field.

# OLYMPIC, PARALYMPIC, PAN AMERICAN, AND PARAPAN AMERICAN TESTING

In collaboration with USADA's Science and Results
Management teams, the Testing and Athlete
Resources team oversees and strategically allocates

resources for in and out-of-competition testing for Olympic, Paralympic, Pan American, and Parapan American athletes.

#### **OVERVIEW IN NUMBERS**

- Number of tests completed: 6,607
- Number of Whereabouts updates received: 205,751

### 2018 OLYMPIC, PARALYMPIC, PAN AMERICAN, AND PARAPAN AMERICAN SPORT TESTING NUMBERS

Test Type	Urine Tests	<b>Blood Tests</b>	TOTAL	
In-Competition Tests	2,180	165	2,345	·
Out-of-Competition Tests	3,669	593	4,262	
TOTAL	5,849	758	6,607	



#### **2018 TESTING NUMBERS BY SPORT**

SPORT	OOC	IC	TOTAL
Archery	9	8	17
Badminton	3	6	9
Baseball	0	0	0
Basketball	35	0	35
Biathlon	27	32	59
Bobsled and Skeleton	65	50	115
Bowling	10	0	10
Boxing	43	18	61
Canoe and Kayak	8	0	8
Curling	15	12	27
Cycling	493	378	871
Diving	15	12	27
Equestrian	2	4	6
Fencing	3	0	3
Field Hockey	27	0	27
Figure Skating	33	30	63
Golf	0	0	0
Gymnastics	132	36	168
Ice Hockey	44	0	44
Judo	134	27	161
Karate	15	24	39
Luge	18	4	22
Modern Pentathlon	5	15	20
Racquetball	9	12	21
Roller Sports	6	12	18
Rowing	94	37	131
Rugby	65	0	65
Sailing	7	0	7
Shooting	29	36	65
Skiing and Snowboarding	147	154	301
Soccer	41	0	41
Softball	9	0	9
Speedskating	115	56	171
Squash	7	0	7
Swimming	363	250	613
Synchronized Swimming	9	12	21
Table Tennis	8	0	8
Taekwondo	18	16	34

Team Handball         22         12         34           Tennis         61         0         61           Track & Field         1,056         389         1,445           Triathlon         92         92         184           Volleyball         83         8         91           Water Polo         30         0         30           Water Skiing         9         0         9           Weightlifting         347         442         789           Wrestling         84         69         153           Paralympic Alpine Skiing         23         0         23           Paralympic Alpine Skiing         23         0         23           Paralympic Basketball         31         0         31           Paralympic Bobsled         31         0         0           Paralympic Bobsled         31         0         0           Paralympic Curling         3         6         9           Paralympic Curling         5         0         5           Paralympic Equestrian         0         0         0           Paralympic Goalball         14         0         14           Paralympic N	SPORT	OOC	IC	TOTAL
Track & Field         1,056         389         1,445           Triathlon         92         92         184           Volleyball         83         8         91           Water Polo         30         0         30           Water Skiing         9         0         9           Weightlifting         347         442         789           Wrestling         84         69         153           Paralympic Alpine Skiing         23         0         23           Paralympic Archery         9         0         9           Paralympic Basketball         31         0         31           Paralympic Boscia         0         0         0           Paralympic Boscia         0         0         0           Paralympic Curling         3         6         9           Paralympic Cycling         58         29         87           Paralympic Equestrian         0         0         0           Paralympic Fencing         0         0         0           Paralympic Goalball         14         0         14           Paralympic Nordic Skiing         9         0         9           Par	Team Handball	22	12	34
Triathlon         92         92         184           Volleyball         83         8         91           Water Polo         30         0         30           Water Skiing         9         0         9           Weightlifting         347         442         789           Wrestling         84         69         153           Paralympic Alpine Skiing         23         0         23           Paralympic Archery         9         0         9           Paralympic Basketball         31         0         31           Paralympic Bobsled and Skeleton         0         0         0           and Skeleton         0         0         0           Paralympic Boccia         0         0         0           Paralympic Canoe         5         0         5           Paralympic Cycling         58         29         87           Paralympic Equestrian         0         0         0           Paralympic Fencing         0         0         0           Paralympic Goalball         14         0         14           Paralympic Nordic Skiing         9         0         9           Pa	Tennis	61	0	61
Volleyball         83         8         91           Water Polo         30         0         30           Water Skiing         9         0         9           Weightlifting         347         442         789           Wrestling         84         69         153           Paralympic Alpine Skiing         23         0         23           Paralympic Archery         9         0         9           Paralympic Basketball         31         0         31           Paralympic Bobsled and Skeleton         0         0         0           Paralympic Boccia         0         0         0           Paralympic Boccia         0         0         0           Paralympic Curling         3         6         9           Paralympic Cycling         58         29         87           Paralympic Equestrian         0         0         0           Paralympic Fencing         0         0         0           Paralympic Goalball         14         0         14           Paralympic Nordic Skiing         9         0         9           Paralympic Rowing         8         9         17	Track & Field	1,056	389	1,445
Water Polo         30         0         30           Water Skiing         9         0         9           Weightlifting         347         442         789           Wrestling         84         69         153           Paralympic Alpine Skiing         23         0         23           Paralympic Alpine Skiing         23         0         23           Paralympic Alpine Skiing         23         0         23           Paralympic Archery         9         0         9           Paralympic Basketball         31         0         31           Paralympic Bobsled and Skeleton         0         0         0           Paralympic Bobsled and Skeleton         0         0         0           Paralympic Boccia         0         0         0           Paralympic Boccia         0         0         0           Paralympic Curling         3         6         9           Paralympic Cycling         58         29         87           Paralympic Equestrian         0         0         0           Paralympic Fencing         0         0         0           Paralympic Fencing         0         0         9<	Triathlon	92	92	184
Water Skiing         9         0         9           Weightlifting         347         442         789           Wrestling         84         69         153           Paralympic Alpine Skiing         23         0         23           Paralympic Archery         9         0         9           Paralympic Basketball         31         0         31           Paralympic Bobsled and Skeleton         0         0         0           Paralympic Boccia         0         0         0           Paralympic Canoe         5         0         5           Paralympic Curling         3         6         9           Paralympic Cycling         58         29         87           Paralympic Equestrian         0         0         0           Paralympic Fencing         0         0         0           Paralympic Goalball         14         0         14           Paralympic Powerlifting         5         0         5           Paralympic Rowing         8         9         17           Paralympic Rugby         14         0         14           Paralympic Salling         0         0         0	Volleyball	83	8	91
Weightlifting         347         442         789           Wrestling         84         69         153           Paralympic Alpine Skiing         23         0         23           Paralympic Archery         9         0         9           Paralympic Bosketball         31         0         31           Paralympic Bobsled and Skeleton         0         0         0           Paralympic Boccia         0         0         0           Paralympic Canoe         5         0         5           Paralympic Curling         3         6         9           Paralympic Equestrian         0         0         0           Paralympic Fencing         0         0         0           Paralympic Goalball         14         0         14           Paralympic Nordic Skiing         9         0         9           Paralympic Powerlifting         5         0         5           Paralympic Rugby         14         0         14           Paralympic Shooting         4         0         4           Paralympic Sled Hockey         4         0         4           Paralympic Snowboard         11         0         1	Water Polo	30	0	30
Wrestling 84 69 153  Paralympic Alpine Skiing 23 0 23  Paralympic Archery 9 0 9  Paralympic Basketball 31 0 31  Paralympic Bobsled and Skeleton 0 0 0  Paralympic Canoe 5 0 5  Paralympic Curling 3 6 9  Paralympic Equestrian 0 0 0  Paralympic Fencing 0 0 0  Paralympic Goalball 14 0 14  Paralympic Judo 15 12 27  Paralympic Nordic Skiing 9 0 9  Paralympic Rowing 8 9 17  Paralympic Rugby 14 0 14  Paralympic Sailing 0 0 0  Paralympic Sied Hockey 4 0 4  Paralympic Snowboard 11 0 11  Paralympic Soccer 7 0 7  Paralympic Table Tennis 2 0 2  Paralympic Tack and Field 106 2 108  Paralympic Triathlon 11 12 23	Water Skiing	9	0	9
Paralympic Alpine Skiing 23 0 23 Paralympic Archery 9 0 9 Paralympic Basketball 31 0 31 Paralympic Bobsled and Skeleton 0 0 0 Paralympic Boccia 0 0 0 Paralympic Canoe 5 0 5 Paralympic Curling 3 6 9 Paralympic Cycling 58 29 87 Paralympic Equestrian 0 0 0 Paralympic Fencing 0 0 0 Paralympic Goalball 14 0 14 Paralympic Nordic Skiing 9 0 9 Paralympic Rowing 8 9 17 Paralympic Rowing 8 9 17 Paralympic Sailing 0 0 0 Paralympic Soccer 7 0 7 Paralympic Snowboard 11 0 11 Paralympic Soccer 7 0 7 Paralympic Swimming 35 22 57 Paralympic Tack and Field 106 2 108 Paralympic Track and Field 106 2 108 Paralympic Trathlon 11 12 23 Paralympic Triathlon 11 12 23 Paralympic Triathlon 11 12 23	Weightlifting	347	442	789
Paralympic Archery 9 0 9 Paralympic Basketball 31 0 31 Paralympic Bobsled and Skeleton 0 0 0 Paralympic Boccia 0 0 0 Paralympic Canoe 5 0 5 Paralympic Curling 3 6 9 Paralympic Cycling 58 29 87 Paralympic Equestrian 0 0 0 Paralympic Fencing 0 0 0 Paralympic Goalball 14 0 14 Paralympic Judo 15 12 27 Paralympic Nordic Skiing 9 0 9 Paralympic Rowing 8 9 17 Paralympic Rowing 8 9 17 Paralympic Sailing 0 0 0 Paralympic Shooting 4 0 4 Paralympic Shooting 4 0 4 Paralympic Shooting 11 0 11 Paralympic Soccer 7 0 7 Paralympic Soccer 7 0 7 Paralympic Table Tennis 2 0 2 Paralympic Tack and Field 106 2 108 Paralympic Track and Field 106 2 108	Wrestling	84	69	153
Paralympic Basketball 31 0 31  Paralympic Bobsled and Skeleton 0 0 0  Paralympic Canoe 5 0 5  Paralympic Curling 3 6 9  Paralympic Cycling 58 29 87  Paralympic Equestrian 0 0 0  Paralympic Fencing 0 0 0  Paralympic Goalball 14 0 14  Paralympic Nordic Skiing 9 0 9  Paralympic Rowing 8 9 17  Paralympic Rowing 8 9 17  Paralympic Sailing 0 0 0  Paralympic Soccer 7 0 7  Paralympic Snowboard 11 0 11  Paralympic Soccer 7 0 7  Paralympic Swimming 35 22 57  Paralympic Table Tennis 15 0 15  Paralympic Tack and Field 106 2 108  Paralympic Track and Field 106 2 108  Paralympic Track and Field 106 2 108  Paralympic Taralympic Track and Field 106 2 108  Paralympic Taralympic Track and Field 106 2 108  Paralympic Track and Field 106 2 108	Paralympic Alpine Skiing	23	0	23
Paralympic Bobsled and Skeleton 0 0 0 0 Paralympic Boccia 0 0 0 0 Paralympic Canoe 5 0 5 Paralympic Curling 3 6 9 Paralympic Equestrian 0 0 0 0 Paralympic Equestrian 0 0 0 0 Paralympic Goalball 14 0 14 Paralympic Nordic Skiing 9 0 9 Paralympic Powerlifting 5 0 5 Paralympic Rowing 8 9 17 Paralympic Rugby 14 0 14 Paralympic Society 14 0 14 Paralympic Society 15 12 27 Paralympic Society 16 14 0 14 Paralympic Rowing 8 9 17 Paralympic Rugby 14 0 14 Paralympic Shooting 4 0 4 Paralympic Shooting 4 0 4 Paralympic Shooting 4 0 4 Paralympic Soccer 7 0 7 Paralympic Soccer 7 0 7 Paralympic Soccer 7 0 7 Paralympic Table Tennis 2 0 2 Paralympic Taekwondo 0 0 0 Paralympic Tack and Field 106 2 108 Paralympic Track and Field 106 2 108 Paralympic Triathlon 11 12 23 Paralympic Triathlon 11 12 23	Paralympic Archery	9	0	9
and Skeleton 0 0 0 Paralympic Boccia 0 0 0 Paralympic Canoe 5 0 5 Paralympic Curling 3 6 9 Paralympic Cycling 58 29 87 Paralympic Equestrian 0 0 0 Paralympic Fencing 0 0 0 Paralympic Goalball 14 0 14 Paralympic Judo 15 12 27 Paralympic Nordic Skiing 9 0 9 Paralympic Rowing 8 9 17 Paralympic Rowing 8 9 17 Paralympic Rugby 14 0 14 Paralympic Sailing 0 0 0 Paralympic Soccer 7 0 7 Paralympic Soccer 7 0 7 Paralympic Swimming 35 22 57 Paralympic Taekwondo 0 0 Paralympic Taekwondo 0 0 Paralympic Track and Field 106 2 108 Paralympic Triathlon 11 12 23 Paralympic Triathlon 11 12 23 Paralympic Volleyball 26 0 26	Paralympic Basketball	31	0	31
Paralympic Canoe 5 0 5 Paralympic Curling 3 6 9 Paralympic Cycling 58 29 87 Paralympic Equestrian 0 0 0 Paralympic Fencing 0 0 0 Paralympic Goalball 14 0 14 Paralympic Judo 15 12 27 Paralympic Nordic Skiing 9 0 9 Paralympic Powerlifting 5 0 5 Paralympic Rowing 8 9 17 Paralympic Rugby 14 0 14 Paralympic Sailing 0 0 0 Paralympic Societ 4 0 4 Paralympic Sled Hockey 4 0 4 Paralympic Snowboard 11 0 11 Paralympic Soccer 7 0 7 Paralympic Swimming 35 22 57 Paralympic Table Tennis 2 0 2 Paralympic Tack and Field 106 2 108 Paralympic Track and Field 106 2 108 Paralympic Triathlon 11 12 23 Paralympic Volleyball 26 0 26		0	0	0
Paralympic Curling         3         6         9           Paralympic Cycling         58         29         87           Paralympic Equestrian         0         0         0           Paralympic Fencing         0         0         0           Paralympic Goalball         14         0         14           Paralympic Judo         15         12         27           Paralympic Nordic Skiing         9         0         9           Paralympic Powerlifting         5         0         5           Paralympic Rowing         8         9         17           Paralympic Rugby         14         0         14           Paralympic Sailing         0         0         0           Paralympic Shooting         4         0         4           Paralympic Shooting         4         0         4           Paralympic Snowboard         11         0         11           Paralympic Swimming         35         22         57           Paralympic Taekwondo         0         0         0           Paralympic Tennis         15         0         15           Paralympic Triathlon         11         12         23	Paralympic Boccia	0	0	0
Paralympic Cycling 58 29 87  Paralympic Equestrian 0 0 0  Paralympic Fencing 0 0 0  Paralympic Goalball 14 0 14  Paralympic Judo 15 12 27  Paralympic Nordic Skiing 9 0 9  Paralympic Rowing 8 9 17  Paralympic Rowing 8 9 17  Paralympic Rugby 14 0 14  Paralympic Sailing 0 0 0  Paralympic Shooting 4 0 4  Paralympic Shooting 4 0 4  Paralympic Sled Hockey 4 0 4  Paralympic Snowboard 11 0 11  Paralympic Soccer 7 0 7  Paralympic Swimming 35 22 57  Paralympic Table Tennis 2 0 2  Paralympic Tack and Field 106 2 108  Paralympic Triathlon 11 12 23  Paralympic Volleyball 26 0 26	Paralympic Canoe	5	0	5
Paralympic Equestrian 0 0 0 Paralympic Fencing 0 0 0 Paralympic Goalball 14 0 14 Paralympic Judo 15 12 27 Paralympic Nordic Skiing 9 0 9 Paralympic Powerlifting 5 0 5 Paralympic Rowing 8 9 17 Paralympic Rugby 14 0 14 Paralympic Sailing 0 0 0 Paralympic Shooting 4 0 4 Paralympic Sled Hockey 4 0 4 Paralympic Snowboard 11 0 11 Paralympic Soccer 7 0 7 Paralympic Swimming 35 22 57 Paralympic Table Tennis 2 0 2 Paralympic Tennis 15 0 15 Paralympic Track and Field 106 2 108 Paralympic Triathlon 11 12 23 Paralympic Volleyball 26 0 26	Paralympic Curling	3	6	9
Paralympic Fencing 0 0 14 Paralympic Goalball 14 0 14 Paralympic Judo 15 12 27 Paralympic Nordic Skiing 9 0 9 Paralympic Powerlifting 5 0 5 Paralympic Rowing 8 9 17 Paralympic Rugby 14 0 14 Paralympic Sailing 0 0 0 Paralympic Shooting 4 0 4 Paralympic Shooting 4 0 4 Paralympic Sled Hockey 4 0 4 Paralympic Soccer 7 0 7 Paralympic Soccer 7 0 7 Paralympic Swimming 35 22 57 Paralympic Table Tennis 2 0 2 Paralympic Taekwondo 0 0 0 Paralympic Track and Field 106 2 108 Paralympic Triathlon 11 12 23 Paralympic Volleyball 26 0 26	Paralympic Cycling	58	29	87
Paralympic Goalball 14 0 14 Paralympic Judo 15 12 27 Paralympic Nordic Skiing 9 0 9 Paralympic Powerlifting 5 0 5 Paralympic Rowing 8 9 17 Paralympic Rugby 14 0 14 Paralympic Sailing 0 0 0 Paralympic Shooting 4 0 4 Paralympic Sled Hockey 4 0 4 Paralympic Snowboard 11 0 11 Paralympic Soccer 7 0 7 Paralympic Swimming 35 22 57 Paralympic Table Tennis 2 0 2 Paralympic Tack and Field 106 2 108 Paralympic Triathlon 11 12 23 Paralympic Volleyball 26 0 26	Paralympic Equestrian	0	0	0
Paralympic Judo 15 12 27 Paralympic Nordic Skiing 9 0 9 Paralympic Powerlifting 5 0 5 Paralympic Rowing 8 9 17 Paralympic Rugby 14 0 14 Paralympic Sailing 0 0 0 Paralympic Shooting 4 0 4 Paralympic Sled Hockey 4 0 4 Paralympic Snowboard 11 0 11 Paralympic Soccer 7 0 7 Paralympic Swimming 35 22 57 Paralympic Table Tennis 2 0 2 Paralympic Tack and Field 106 2 108 Paralympic Triathlon 11 12 23 Paralympic Volleyball 26 0 26	Paralympic Fencing	0	0	0
Paralympic Nordic Skiing 9 0 9 Paralympic Powerlifting 5 0 5 Paralympic Rowing 8 9 17 Paralympic Rugby 14 0 14 Paralympic Sailing 0 0 0 Paralympic Shooting 4 0 4 Paralympic Sled Hockey 4 0 4 Paralympic Snowboard 11 0 11 Paralympic Soccer 7 0 7 Paralympic Swimming 35 22 57 Paralympic Table Tennis 2 0 2 Paralympic Tack and Field 106 2 108 Paralympic Triathlon 11 12 23 Paralympic Volleyball 26 0 26	Paralympic Goalball	14	0	14
Paralympic Powerlifting 5 0 5 Paralympic Rowing 8 9 17 Paralympic Rugby 14 0 14 Paralympic Sailing 0 0 0 Paralympic Shooting 4 0 4 Paralympic Sled Hockey 4 0 4 Paralympic Snowboard 11 0 11 Paralympic Soccer 7 0 7 Paralympic Swimming 35 22 57 Paralympic Table Tennis 2 0 2 Paralympic Tack and Field 106 2 108 Paralympic Triathlon 11 12 23 Paralympic Volleyball 26 0 26	Paralympic Judo	15	12	27
Paralympic Rowing 8 9 17  Paralympic Rugby 14 0 14  Paralympic Sailing 0 0 0  Paralympic Shooting 4 0 4  Paralympic Sled Hockey 4 0 4  Paralympic Snowboard 11 0 11  Paralympic Soccer 7 0 7  Paralympic Swimming 35 22 57  Paralympic Table Tennis 2 0 2  Paralympic Taekwondo 0 0 0  Paralympic Track and Field 106 2 108  Paralympic Triathlon 11 12 23  Paralympic Volleyball 26 0 26	Paralympic Nordic Skiing	9	0	9
Paralympic Rugby 14 0 14 Paralympic Sailing 0 0 0 Paralympic Shooting 4 0 4 Paralympic Sled Hockey 4 0 4 Paralympic Snowboard 11 0 11 Paralympic Soccer 7 0 7 Paralympic Swimming 35 22 57 Paralympic Table Tennis 2 0 2 Paralympic Taekwondo 0 0 0 Paralympic Tennis 15 0 15 Paralympic Track and Field 106 2 108 Paralympic Triathlon 11 12 23 Paralympic Volleyball 26 0 26	Paralympic Powerlifting	5	0	5
Paralympic Sailing 0 0 0 Paralympic Shooting 4 0 4 Paralympic Sled Hockey 4 0 4 Paralympic Snowboard 11 0 11 Paralympic Soccer 7 0 7 Paralympic Swimming 35 22 57 Paralympic Table Tennis 2 0 2 Paralympic Taekwondo 0 0 0 Paralympic Tennis 15 0 15 Paralympic Track and Field 106 2 108 Paralympic Triathlon 11 12 23 Paralympic Volleyball 26 0 26	Paralympic Rowing	8	9	17
Paralympic Shooting 4 0 4 Paralympic Sled Hockey 4 0 4 Paralympic Snowboard 11 0 11 Paralympic Soccer 7 0 7 Paralympic Swimming 35 22 57 Paralympic Table Tennis 2 0 2 Paralympic Taekwondo 0 0 0 Paralympic Tennis 15 0 15 Paralympic Track and Field 106 2 108 Paralympic Triathlon 11 12 23 Paralympic Volleyball 26 0 26	Paralympic Rugby	14	0	14
Paralympic Sled Hockey 4 0 4 Paralympic Snowboard 11 0 11 Paralympic Soccer 7 0 7 Paralympic Swimming 35 22 57 Paralympic Table Tennis 2 0 2 Paralympic Taekwondo 0 0 0 Paralympic Tennis 15 0 15 Paralympic Track and Field 106 2 108 Paralympic Triathlon 11 12 23 Paralympic Volleyball 26 0 26	Paralympic Sailing	0	0	0
Paralympic Snowboard 11 0 11  Paralympic Soccer 7 0 7  Paralympic Swimming 35 22 57  Paralympic Table Tennis 2 0 2  Paralympic Taekwondo 0 0 0  Paralympic Tennis 15 0 15  Paralympic Track and Field 106 2 108  Paralympic Triathlon 11 12 23  Paralympic Volleyball 26 0 26	Paralympic Shooting	4	0	4
Paralympic Soccer 7 0 7  Paralympic Swimming 35 22 57  Paralympic Table Tennis 2 0 2  Paralympic Taekwondo 0 0 0  Paralympic Tennis 15 0 15  Paralympic Track and Field 106 2 108  Paralympic Triathlon 11 12 23  Paralympic Volleyball 26 0 26	Paralympic Sled Hockey	4	0	4
Paralympic Swimming 35 22 57  Paralympic Table Tennis 2 0 2  Paralympic Taekwondo 0 0 0  Paralympic Tennis 15 0 15  Paralympic Track and Field 106 2 108  Paralympic Triathlon 11 12 23  Paralympic Volleyball 26 0 26	Paralympic Snowboard	11	0	11
Paralympic Table Tennis202Paralympic Taekwondo000Paralympic Tennis15015Paralympic Track and Field1062108Paralympic Triathlon111223Paralympic Volleyball26026	Paralympic Soccer	7	0	7
Paralympic Taekwondo000Paralympic Tennis15015Paralympic Track and Field1062108Paralympic Triathlon111223Paralympic Volleyball26026	Paralympic Swimming	35	22	57
Paralympic Tennis 15 0 15 Paralympic Track and Field 106 2 108 Paralympic Triathlon 11 12 23 Paralympic Volleyball 26 0 26	Paralympic Table Tennis	2	0	2
Paralympic Track and Field 106 2 108  Paralympic Triathlon 11 12 23  Paralympic Volleyball 26 0 26	Paralympic Taekwondo	0	0	0
Paralympic Triathlon 11 12 23 Paralympic Volleyball 26 0 26	Paralympic Tennis	15	0	15
Paralympic Volleyball 26 0 26	Paralympic Track and Field	106	2	108
	Paralympic Triathlon	11	12	23
TOTALS 4,262 2,345 6,607	Paralympic Volleyball	26	0	26
	TOTALS	4,262	2,345	6,607

**WHEREABOUTS** 

## Testing and DCO Operations

Whereabouts information is critical to USADA's ability to
conduct strategic no-notice, out-of-competition testing.
Athletes in USADA's Registered Testing Pool (RTP) submit
quarterly Whereabouts Filings and are responsible for
providing updates to USADA when their schedule changes,
whether it be documenting previously unplanned travel or
adding a new training location. Athletes have a number of

ways to communicate Whereabouts updates to USADA.

Туре	# of Updates Submitted
Email	9,436
Text Message	4,064
Athlete Express iOS App	94,401
Athlete Android App	14,313
Athlete Express Website	83,537

#### **2019 USADA TESTING POOL CHANGES**

In 2018, USADA successfully finalized and communicated changes to its testing pool structure for 2019, moving from a single RTP to a two-pool structure that better utilizes testing resources, minimizes undue burden for athletes, and increases testing effectiveness. While the Whereabouts requirements remain the same for RTP athletes, the

athletes in USADA's new Clean Athlete Program (CAP) are subject to limited Whereabouts requirements that better align with their doping risk and type of testing. Both pools are subject to the same anti-doping education requirements, which includes an annual online education tutorial.

	Registered Testing Pool (RTP)	Clean Athlete Program (CAP)
Who is included?	International Federation-RTP athletes who meet USADA RTP criteria Limited to sports/disciplines/athletes with HIGH risk score	Includes all sports/disciplines covered by the United States Olympic Committee contract. Athletes selected based on defined criteria for each sport/discipline
Whereabouts	Required to file and update Whereabouts in compliance with the World Anti-Doping Code and International Standard for Testing and Investigations (ISTI)	Maintain basic contact information, including residence and training locations and competition information. No "daily" updating required. Only required to file twice per year
Education	Must complete annual Athlete's Advantage education tutorial (RTP edition)	Must complete annual Athlete's Advantage education tutorial
Testing	Subject to unannounced out-of- competition testing at any time and at any location	May be selected for testing based on in- competition v. out-of-competition risk, and training and competition schedules
Compliance	Subject to Whereabouts Failures in compliance with the Code and ISTI	Non-compliance may result in athlete being moved to RTP for a minimum of nine months

#### **BIRTHDAY CARD**

USADA sends
happy birthday
wishes to every
RTP and CAP athlete.



#### **NEW WHEREABOUTS FILING DEADLINES**

#### **USADA Registered Testing Pool (RTP)**

Athletes included in the RTP must complete their Whereabouts filing online and submit it by the 15th of the month ahead of each quarter.

- Quarter 1 December 15
- Quarter 2 March 15
- Quarter 3 June 15
- Quarter 4 September 15

#### **USADA Clean Athlete Program (CAP)**

Athletes included in the CAP are subject to limited Whereabouts requirements and must file/update a Whereabouts summary twice per year.

- Quarter 1 & Quarter 2 December 15
- Quarter 3 & Quarter 4 June 15

#### **NATIONAL AND WORLD RECORDS**

In 2018, USADA saw a significant increase of national and world records broken by U.S. athletes and international athletes at events hosted in the U.S. To better assist athletes who break a record and require testing to ratify the record, USADA now has the Record Hotline that allows athletes,

athlete support personnel, and event organizers to contact USADA after-hours and on weekends to request testing.

USADA collected 31 samples in 2018 for national and world records.

## Testing and DCO Operations

#### **GLOBAL SERVICE TESTING**

USADA provides customized, gold-standard education and testing services to sport organizations and event organizers worldwide as more organizations recognize the long-term benefits

of deterring and detecting doping in their sports.

National Anti-Doping Organizations, including U.K.

Anti-Doping and the Canadian Center for Ethics in

Sport, also use USADA to conduct testing in the U.S.

#### **OVERVIEW IN NUMBERS**

• Number of Tests Completed: **2,767** 

• Number of Clients: **85** 

• Number of Education Events: 13

• Number of Education Phone Calls: 14

#### **2018 TESTING NUMBERS**

Test Type	Urine Tests	Blood Tests	TOTAL
In-Competition Tests	1,234	39	1,273
Out-of-Competition Tests	814	680	1,494
TOTAL	2,048	719	2,767



#### **KEY EVENTS WITH ANNUAL TESTING**

- Tour of California (Cycling)
- New York City Marathon (Track & Field)
- Chicago Marathon (Track & Field)
- **Boston Marathon** (Track & Field)
- World Jiu-Jitsu IBJJF Championship (Brazilian Jiu-Jitsu)
- Professional Boxing



#### **NOTEWORTHY EVENTS TESTED IN 2018**

- **World Equestrian Games** (Equestrian)
- World Indoor Rowing Championships (Rowing)
- World Ultimate Club Championships (Ultimate Frisbee)
- Red Bud Motocross Nationals (Motocross)
- Arnold USA Powerlifting Championships (Powerlifting)
- Professional Boxing events:
  - Broner vs Vargas
- Spence vs Ocampo
- Santa Cruz vs Mares II
- Lara vs Hurd
- Garcia vs Porter
- Spence vs Peterson
- Garcia vs Easter Jr.

## Testing and DCO Operations

#### **DCO OPERATIONS**

USADA employs more than 60 highly trained doping control officers (DCOs) across the country and the world who receive extensive training and evaluation

on all aspects of the sample collection process.

DCOs are also a resource for athletes and help them properly complete all paperwork.

#### **DCO TEAM**

USADA maintains both domestic and international DCO programs to complete the testing required for its Olympic and Paralympic anti-doping operations, as well as its UFC and global service testing programs. The DCO Team started 2018 with 51 domestic DCOs and 11 international DCOs.

Over the year, **3** domestic and **2** international DCOs were certified.

The DCO team also completed:

- **120** tests in Europe
- 252 tests in Brazil
- 7 international events

#### **DCO/BCO PROGRAM**

In 2018, USADA launched a new position that combines the roles of the DCO and the Blood Collection Officer (BCO). USADA certified 5 existing DCOs to become DCO/BCOs who successfully completed 77 out-of-competition tests where they collected both blood and urine. Benefits of the

#### program include:

- Less intrusive collection experience for athletes by reducing number of sample collection personnel present
- Reduced average cost per blood test
- Increased efficiency during test planning and collection

#### **DRIED BLOOD SPOT TESTING**

In 2018, USADA transitioned its pilot dried blood spot (DBS) program into a full-fledged collection method for the UFC Anti-Doping Program. To support this new blood collection process, USADA successfully trained and certified all domestic

and international DCOs on DBS testing and the use of the associated TAP device, a cutting-edge blood collection device created by Seventh Sense Biosystems (7SBio). USADA conducted **70** DBS tests for UFC athletes in 2018.





USADA staff, DCOs, athletes, and international guests gathered to discuss excellence in anti-doping.

#### **USADA INTERNATIONAL DCO TRAINING PROGRAM**

Committed to advancing excellence in anti-doping around the world, USADA provides DCO training worldwide:

- National Anti-Doping Commission (CONAD)

  DCO Training for **26 DCOs**
- Provided training to DCOs working the Parapan
   American Games in Lima, Peru on how to conduct tests on para athletes, along with instructions on how to document the tests and what modifications can be made while

- maintaining the integrity of the process.
- Provided education to 32 para athletes,
   coaches, and support personnel on their
   rights and responsibilities during the drug
   testing process.
- West Asia Regional Anti-Doping Organization
  (WARADO) DCO Training for **16 DCOs**
- Provided a comprehensive two-day training and certification to experienced and new DCOs in the WARADO region in Aman, Jordan.

and honored the critical work that USADA DCOs do

every day in the field, as well as their important role

in supporting the innovation initiatives that ensure

USADA remains the gold standard in anti-doping.





#### **2018 DCO CONFERENCE**

Hosted every other year, the USADA DCO Conference took place in Colorado Springs, Colorado from September 7-9, 2018. The conference, themed ELEVATE, highlighted

8 International Guests:

Noah Hoffman

**3** Athlete Guest Speakers:

- Jimmy Moody
- Greta Neimanas
- China Anti-Doping Agency
- Canadian Centre for Ethics in Sport
- Caribbean Regional Anti-Doping Organization
- Anti-Doping Denmark

# ELEVATE SO OFFICE STATE SEASON STATE SEASON

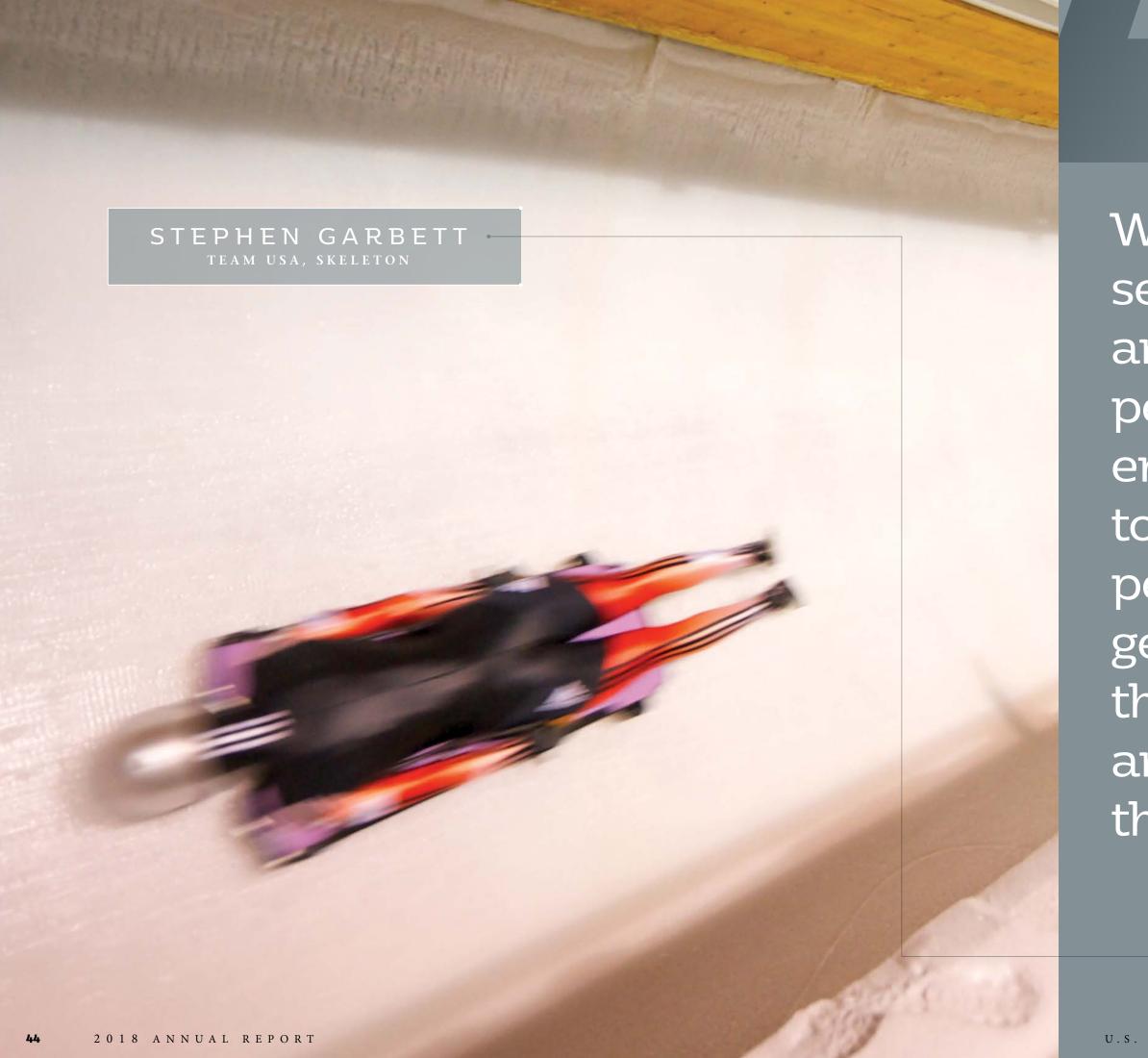
#### **Key Discussion Topics and Education Sessions:**

- RTP Restructure and Attempt Protocol Changes
- Camp TrueSport
- Sharing the Athlete Experience: The Athlete Presenter Program
- DCOs' Role in Anti-Doping Intelligence
- Paperless Sample Collection Strategies
- SafeSport
- Day in the Life of Sports Medicine Research and Testing Laboratory (SMRTL) with Vinod Nair
- Innovation for Global Athlete Trust: InnoVero Sample Collection Equipment
- Bridging the Communication Gap with Ren Washington from Center for Creative Leadership

#### **Event Highlights:**

- Flying Too Close to the Sun:
   The Impact of Icarus on the Global
   Anti-Doping Landscape
- Interview with Icarus documentary producer Bryan Fogel
- Olympic Training Center Experience
  - Staff and DCOs visited the Olympic Training Center in Colorado Springs
  - DCOs with 15+ years at USADA participated in a torch lighting

42



We all have setbacks, and the people that end up on top are the people that get back up the quickest and work the hardest.

# **INNOVATIVE**Technologies

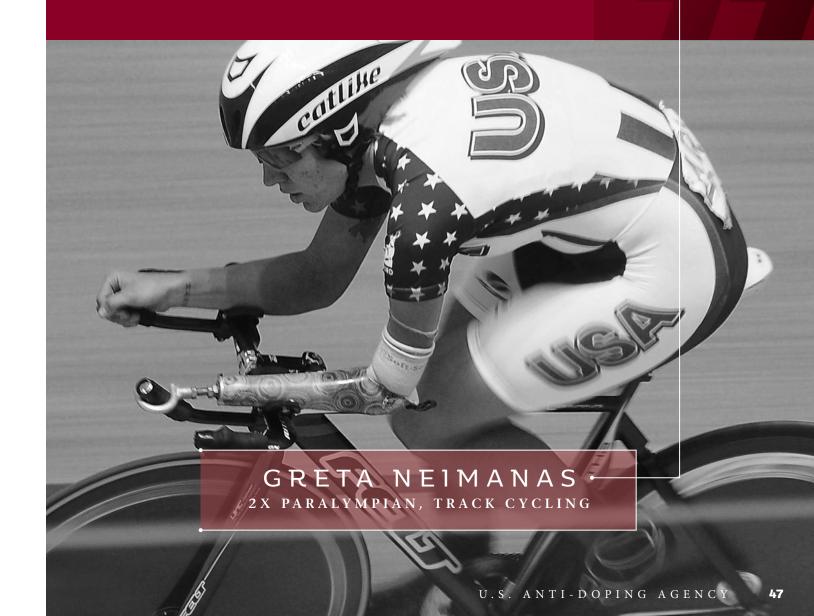
**USADA** continues to pioneer innovative technologies to facilitate efficiency in anti-doping, both nationally and globally.

#### **2018 ACHIEVEMENTS**

- Developed and implemented an enhanced TUE Pre-Check Form for athletes to determine if they need a TUE before applying.
- Launched modifications to Simon, USADA's custom database and daily operations tool, to support the RTP/CAP pool changes.
- Assisted FBI in its indictment of Fancy Bears, the Russian hacking group that targeted personal athlete data. These cyber attacks illegally obtained information during the 2016 Olympic and Paralympic Games in Rio to try to smear innocent athletes' reputations and make it look like they did something wrong, when in fact they did everything right. USADA worked with authorities to ensure that those who attempt to violate the rights of clean athletes and corrupt the integrity of sport are held accountable for their actions.
- Improved Athlete Declaration reviews within Simon.



I would not want to do anything that would be disrespectful to another competitor. And I expect my competitors to have that same mindset.



# RESULTS Management

**USADA** is charged with handling the results management and adjudication process for athletes in Olympic, Paralympic, Pan American, and ParaPan American sport. This independence removes the inherent conflict of interest associated with sport organizations trying to both promote and police their sports. USADA's process affords a full and fair legal process to athletes and sport personnel.

#### **DETECTION AND DETERRENCE**

• Number of USADA Sanctions Announced in 2018: **66**\*

# BREAKDOWN OF USADA ADVERSE FINDINGS & OTHER DOPING VIOLATIONS INITIATED IN 2018

Potential Doping Violations in 2018	130
Number of Cases Referred to International Federations	5
Number of Cases Initiated in 2018 Resulting in a Sanction	29
Number of Cases Resulting in No Violation	70
Number of Cases Pending at End of 2018	26

\*Seven prior sanctions were updated in 2018



## BREAKDOWN OF POTENTIAL DOPING VIOLATIONS IN 2018 BY SUBSTANCE CATEGORY

Substance	# of Potential Violations
Anabolic Agents	28
Beta-2 Agonists	3
Beta Blockers	2
Cannabinoids	6
Chemical and Physical Manipulation	12
Diuretics and Other Masking Agents	22
Glucocorticoids	9
Hormone and Metabolic Modulators	4
Narcotics	1
Non-Analytical	4
Manipulation of Blood and Blood Components	2
Peptide Hormones, Growth Factors, and Related Substances	3
Stimulants	34

#### **INTELLIGENCE**

Under the World Anti-Doping Agency International Standard for Testing and Investigations, USADA and other Anti-Doping Organizations are required to have processes in place that facilitate the ability to gather intelligence from analytical and non-analytical information. Through its Play Clean Tip Center, USADA makes available a number of ways to report the abuse of performance-enhancing drugs

in sport, which can help protect clean athletes and promote clean competition.

Many of USADA's investigations stem from tips left on its Play Clean Tip Line. In addition to ensuring that tips can be submitted anonymously, USADA handles all tips in a secure and systematic manner to ensure their reliability, relevance, and accuracy.

#### BY THE NUMBERS (USADA AND UFC)

- 713 total tips
- 136 tips led to target testing
- 9.6% of the target tests resulted in an adjudication process





Hard work should be more than enough for an athlete to achieve their highest performance.

# UFC Anti-Doping Program

**IN JULY** of 2015, UFC® partnered with USADA to launch a UFC Anti-Doping Program, which became the first independently administered anti-doping program in professional sport. USADA is responsible for education initiatives, in and out-of-competition testing, and results management for this global program.

#### **2018 HIGHLIGHTS**

- After three years of the program, USADA and UFC reached an agreement on a multi-year contract renewal to continue the UFC Anti-Doping Program.
- 2,888 tests completed around the world.
- 99% Whereabouts Compliance for Q1 Q4.
- 26 Sanctions Announced

#### **UFC EDUCATION**

- 140 Educational phone calls for new athletes in 13 languages
- 2 Required Videos
- 4 Required Reads
- 4 Athlete Advisories
- **702** Athletes completed the Athlete's Advantage video tutorial

#### **UFC DRUG REFERENCE**

- 9,223 Substance and Method Declarations Reviewed
- Top 5 Substances Searched on UFC Global DRO:
  - Cannabis/ CocaineMarijuana Diclofenac
  - lbuprofenLevothyroxine



#### **UFC TESTING OVERVIEW IN NUMBERS**

- **2,888** Tests Completed
- 5 Tests/Athlete on Average
- 43 Nationalities in the RTP
- **99%** Whereabouts Compliance for Q1 Q4

#### **2018 TESTING BREAKDOWN**

Test Type	Urine Tests	Blood Tests	TOTAL	
In-Competition Tests	279	43	322	
Out-of-Competition Tests	2,148	418	2,566	
TOTAL	2,427	461	2,888	

#### THERAPEUTIC USE EXEMPTIONS

3 UFC TUEs Granted

#### **UFC TUE BREAKDOWN**

# of Substances on TUE Applications	Approved	Denied	In Process	TUE Not Needed	Incomplete	Withdrawn
11	3	6	0	1	1	0

<sup>\*</sup>Note: One TUE application may cover the use of multiple substances.

#### **UFC TUES GRANTED IN 2018 BY SUBSTANCE CLASS**

- Beta-2 Agonists (1)
- Diuretics and Other Masking Agents (1)
- Glucocorticoids (1)

#### **25X PROGRAM**

USADA launched the 25x program to recognize athletes in UFC that have successfully reached the milestone of 25 consecutive clean tests under the UFC Anti-Doping Program. Some of the first athletes recognized through the program also spoke about the importance of clean sport in interviews shared on USADA's UFC-exclusive Twitter account (@ USADA\_UFC) created in 2018.







 $\triangleright$ 

Board of Directors United States Anti-Doping Agency Colorado Springs, Colorado

#### REPORT ON THE FINANCIAL STATEMENTS

We have audited the accompanying financial statements of United States Anti-Doping Agency (the Agency), which comprise the statements of financial position as of December 31, 2018 and 2017, and the related statements of activities, functional expenses (2018 only) and cash flows for the years then ended, and the related notes to the financial statements.

#### Management's Responsibility for the Financial Statements

Management is responsible for the preparation and fair presentation of these financial statements in accordance with accounting principles generally accepted in the United States of America; this includes the design, implementation and maintenance of internal controls relevant to the preparation and fair presentation of financial statements that are free from material misstatement, whether due to fraud or error.

#### **Auditor's Responsibility**

Our responsibility is to express an opinion on these financial statements based on our audits. We conducted our audits in accordance with auditing standards generally accepted in the United States of America and the standards applicable to financial audits contained in *Government Auditing Standards*, issued by the Comptroller General of the United States. Those standards require that we plan and perform the audit to obtain reasonable assurance about whether the financial statements are free from material misstatement.

An audit involves performing procedures to obtain audit evidence about the amounts and disclosures in the financial statements. The procedures selected depend on the auditor's judgment, including the assessment of the risks of material misstatement of the financial statements, whether due to fraud or error. In making those risk assessments, the auditor considers internal control relevant to the entity's preparation and fair presentation of the financial statements in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the entity's internal control. Accordingly, we express no such opinion. An audit also includes evaluating the appropriateness of accounting policies used and the reasonableness of significant accounting estimates made by management, as well as evaluating the overall presentation of the financial statements.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our audit opinion.

#### Opinion

In our opinion, the financial statements referred to above present fairly, in all material respects, the financial position of United States Anti-Doping Agency as of December 31, 2018 and 2017, and the changes in its net assets and its cash flows for the years then ended in accordance with accounting principles generally accepted in the United States of America.

#### **UFC RESULTS MANAGEMENT**

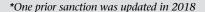
UFC

As part of its mission to ensure that athletes have the opportunity to compete in a clean Octagon, USADA maintains a robust results management and adjudication program, which affords a full and fair legal process to athletes and support personnel.

26 UFC Sanctions Announced in 2018\*

### UFC ADVERSE FINDINGS & OTHER DOPING VIOLATIONS INITIATED IN 2018

Potential Doping Violations	40
Number of Cases Initiated in 2018 Resulting in a Sanction	5
Number of Cases Resulting in No Violation	16
Number of Cases Pending at End of 2018	19





Substance	# of Potential Violations
Anabolic Agents	18
Beta-2 Agonists	2
Beta Blockers	0
Cannabinoids	0
Chemical and Physical Manipulation	4
Diuretics and Other Masking Agents	10
Glucocorticoids	0
Hormone and Metabolic Modulators	3
Narcotics	0
Non-Analytical	1
Peptide Hormones, Growth Factors, and Related Substances	1
Stimulants	1

#### STATEMENTS OF FINANCIAL POSITION

#### **Emphasis of Matter**

As discussed in Note 3 to the financial statements, in 2018, the Agency adopted ASU 2016-14, Not-for-Profit Entities (Topic 958): Presentation of Financial Statements of Not-for-Profit Entities. Our opinion is not modified with respect to this matter.

#### **Other Matters**

#### Other information

Our 2018 audit was conducted for the purpose of forming an opinion on the financial statements as a whole. The schedule of expenditures of federal awards required by Title 2 U.S. Code of Federal Regulations Part 200, Uniform Administrative Requirements, Cost Principles, and Audit Requirements for Federal Awards, as listed in the table of contents, is presented for purposes of additional analysis and is not a required part of the financial statements. Such information is the responsibility of management and was derived from and relates directly to the underlying accounting and other records used to prepare the financial statements. The information has been subjected to the auditing procedures applied in the audit of the financial statements and certain additional procedures, including comparing and reconciling such information directly to the underlying accounting and other records used to prepare the financial statements or to the financial statements themselves, and other additional procedures in accordance with auditing standards generally accepted in the United States of America. In our opinion, the information is fairly stated in all material respects in relation to the financial statements as a whole.

#### Other Reporting Required by Government Auditing Standards

In accordance with Government Auditing Standards, we have also issued our report dated April 10, 2019, on our consideration of the Agency's internal controls over financial reporting and on our tests of its compliance with certain provisions of laws, regulations, contracts and grant agreements and other matters. The purpose of that report is to describe the scope of our testing of internal controls over financial reporting and compliance and the results of that testing, and not to provide an opinion on the effectiveness of the Agency's internal controls over financial reporting or on compliance. That report is an integral part of an audit performed in accordance with Government Auditing Standards in considering the Agency's internal controls over financial reporting and compliance.

Colorado Springs, Colorado April 10, 2019

As of December 31, 2018 and 2017

Assets	2018	2017
Current Assets		
Cash and cash equivalents	\$ 6,430,960	\$ 5,715,823
Investments	1,603,127	1,732,844
Accounts receivable, net of allowance;		
2018-\$13,183 and 2017-\$17,522	660,695	1,454,712
Supplies		279,520
Prepaid expenses and other	376,620	349,521
Total current assets	9,378,692	349,521 9,532,420
Noncurrent Assets		
Right-of-use assets	1,800,561	2,087,427
Property and equipment, net	96,278	112,079
Total noncurrent assets	1,896,839	2,199,506
Total assets		\$11,731,926
iabilities and Net Assets		
Current Liabilities		
Accounts payable and other accrued liabilities	\$ 1,836,822	\$ 1,848,024
Deferred revenue	539,963	115,205
Current maturities of lease liabilities	289,515	229,572
Total current liabilities	2,666,300	
Noncurrent Liabilities		
Lease liabilities, net of current portion	1,637,630	1,927,145
Total liabilities	4,303,930	4,119,946
Net Assets Without Donor Restrictions		
Undesignated	5,271,601	5,911,980
Board-designated	1,700,000	1,700,000
Total net assets without donor restrictions	6,971,601	7,611,980
Total liabilities and net assets	\$11,275,531	\$11,731,926

See Notes to Financial Statements

#### STATEMENTS OF ACTIVITIES

As of December 31, 2018 and 2017

#### **Revenues, Grants and Other Support Without Donor Restrictions** ONDCP federal grant \$ 9,500,000 \$ 9,500,000 United States Olympic Committee (USOC) contractual agreement 5,142,250 5,142,250 Revenue from testing and other services 6,764,733 6,787,136 Net Investment return (loss) (129,398)195,647 Total revenues, grants and other support without donor restrictions 21,277,585 21,625,033 **Expenses** Program expenses Testing services 12,087,841 11,316,354 Results management 3,347,451 2,187,460 Science, research and development and drug reference 2,870,792 2,645,213 Education and awareness 2,441,800 3,146,069 **Total Program Expenses** 20,747,884 19,295,096 General and administrative 1,170,080 928,704 Total expenses 21,917,964 20,223,800 **Change in Net Assets Without Donor Restrictions** (640,379)1,401,233 Net Assets Without Donor Restrictions, Beginning of Year 7,611,980 6,210,747 Net Assets Without Donor Restrictions, End of Year 6,971,601 7,611,980

2018

2017

#### STATEMENT OF FUNCTIONAL EXPENSES

Year Ended December 31, 2018

	Program Services						Տար	port Servic	es					
	Tes	sting	м	Results anagement	Scien Researc Developm Drug Ref	n and ent and	Educatio Awaren			Total Program	_	General and Iministrativ	e	Total Expenses
Salaries and benefits	\$ 3,31	0,751	\$	881,899	\$ 1,180,	478	\$ 1,428,7	701	\$ 6	6,801,829	\$	848,745	\$	7,650,574
Sample collection and analysis	5,66	3,963		_		_		_		5,663,963		_		5,663,963
Professional services	32	3,561	2,	124,415	1,223,	499	651,8	329	4	4,323,304		66,628		4,389,932
Travel	1,37	8,341		36,912	50,	135	83,1	36		1,548,574		32,400		1,580,974
Information technology	50	2,169		264,027	258,	154	122,6	669		1,147,019		60,826		1,207,845
Occupancy, utilities and														
administrative expenses	71	6,523		14,458	16,	926	22,5	68		770,475		120,173		890,648
Office expenses	8	5,731		16,746	28,	810	22,3	39		153,626		10,656		164,282
Conferences, conventions														
and meetings	8	5,221		2,869	108,	745	35,0	)11		231,846		16,068		247,914
Other expenses	2	1,581		6,125	4,	045	75,4	197		107,248		14,584	•	121,832
Total expenses	\$ 12,08	7,841	\$ 3,	347,451	\$ 2,870,	792	\$ 2,441,8	300	\$ 20	0,747,884	\$ 1	1,170,080	\$	21,917,964

#### STATEMENTS OF CASH FLOWS

Years Ended December 31, 2018 and 2017

	2018	2017
Operating Activities		
Change in net assets	\$ (640,379)	\$ 1,401,233
Items not requiring (providing) cash		
Depreciation and amortization	30,989	24,393
Non-cash portion of lease expense	57,294	69,290
Net realized and unrealized losses (gains)	152,230	(168,787)
Changes in		
Accounts receivable	794,017	685,171
Supplies	(27,770)	(127,231)
Prepaid expenses and other	(27,099)	(37,110)
Accounts payable and other accrued liabilities	(11,202)	362,648
Deferred revenue	424,758	22,624
Net cash provided by operating activities	752,838	2,232,231
Investing Activities		
Purchases of equipment	(15,188)	(51,854)
Purchase of investments	(436,282)	(254,891)
Proceeds from sale of investments	413,769	228,350
Net cash used in investing activities	(37,701)	(78,395)
Increase in Cash and Cash Equivalents	715,137	2,153,836
Cash and Cash Equivalents, Beginning of Year	5,715,823	3,561,987
Cash and Cash Equivalents, End of Year	\$ 6,430,960	\$ 5,715,823
Supplemental Cash Flow Information	, –	-
Lease obligation incurred for right-of-use assets	\$ -	\$ 2,221,901

See Notes to Financial Statements

#### **NOTES TO FINANCIAL STATEMENTS**

#### NOTE 1: NATURE OF OPERATIONS AND SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES

#### **Nature of Operations**

United States Anti-Doping Agency (the Agency) began operations October 1, 2000. The Agency is responsible for testing, education, research and adjudication for U.S. Olympic, Pan American Games, Paralympic athletes and the Ultimate Fighting Championship. The Agency is also responsible for enhancing research efforts and promoting educational programs to inform athletes of the rules governing the use of performance enhancing substances, the ethics of doping and its harmful health effects.

#### **Use of Estimates**

The preparation of financial statements in conformity with accounting principles generally accepted in the United States of America requires management to make estimates and assumptions that affect the reported amounts of assets and liabilities at the date of the financial statements and the reported amounts of revenues, expenses, gains, losses and other changes in net assets during the reporting period. Actual results could differ from those estimates.

#### **Cash and Cash Equivalents**

The Agency considers all liquid investments with original maturities of three months or less to be cash equivalents. As of December 31, 2018 and 2017, cash equivalents consisted primarily of money market accounts with brokers.

At December 31, 2018, the Agency's cash accounts exceeded federally insured limits by approximately \$6,325,000.

#### **Investments and Investment Return**

Investments in equity securities having a readily determinable fair value and all debt securities are carried at fair value. Other investments are valued at the lower of cost (or fair value at time of donation, if acquired by contribution) or fair value. Investment return includes dividend, interest and other investment income; realized and unrealized gains and losses on investments carried at fair value; and realized gains and losses on other investments, less external and direct internal investment expenses.

#### **Accounts Receivable**

Accounts receivable are stated at the amount billed to customers. The Agency provides an allowance for doubtful accounts, which is based upon a review of outstanding receivables, historical collection information and existing economic conditions. Accounts receivable are ordinarily due 30 days after the issuance of the invoice. Delinquent receivables are written-off based on individual credit evaluation and specific circumstances of the customer.

#### Supplies

Supplies consist of drug testing kits and other doping control supplies and are valued at the lower of cost (first-in, first-out method) or market.

#### **Property and Equipment**

Property and equipment are recorded at cost, less accumulated depreciation. Depreciation and amortization are calculated using the straight-line method over the following estimated useful lives:

Computer equipment and software 3 - 5 years Furniture, fixtures and office equipment 5 - 7 years Website development 3 years Lab equipment 5 years

Leasehold improvements are amortized over the term of the leases or the estimated lives of the improvements, whichever is shorter.

#### **Deferred Revenue**

Deferred revenue includes revenues received, which have not yet been used for their specified purpose or period.

#### **Federal Grants**

Support funded by grants is recognized as the Agency performs the contracted services or incurs outlays eligible for reimbursement under the grant agreements. Grant activities and outlays are subject to audit and acceptance by the granting agency and, as a result of such audit, adjustments could be required.

#### **NOTES TO FINANCIAL STATEMENTS**

#### **Income from Third Parties**

The Agency performs various doping tests for third parties. Fees are billed and payable after services are rendered. Revenue is recognized when the services are performed.

#### **Functional Allocation of Expenses**

The costs of supporting programs and activities have been summarized on a functional basis in the statements of activities. The statement of functional expenses present the natural classification detail of expenses by function. Certain costs have been reasonably allocated among the program and management and general categories based on the percentage of effort, percentage of utilization and other methods.

#### **Net Assets**

Net assets, revenues, gains and losses are classified based on the existence or absence of donor- or grantor-imposed restrictions. Net assets without donor restrictions are available for use in general operations and not subject to donor or certain grantor restrictions. The governing board has designated, from net assets without donor restrictions, net assets for research and contingencies. Net assets with donor restrictions are subject to donor- or certain grantor-imposed restrictions. The Agency does not have any donor-restricted net assets.

#### **Income Taxes**

The Agency is exempt from income taxes under Section 501(c)(3) of the Internal Revenue Code and a similar provision of state law. However, the Agency is subject to federal income tax on any unrelated business taxable income.

#### **Subsequent Events**

Subsequent events have been evaluated through April 10, 2019, which is the date the financial statements were available to be issued.

#### NOTE 2: PRIOR YEAR FINANCIAL STATEMENT REVISION

The 2017 financial statements have been revised for corrections related to the current and noncurrent portions of right-of-use assets. The following financial statement line items for 2017 were affected

by the revision. Note 6 of the 2017 financial statements was also revised to reflect the changes made to the financial statements. The revision had no effect on total assets or the change in net assets.

		As Previously	Effect of
	As Revised	Reported	Change
Right-of-use assets, current	\$ -	\$ 286,867	\$ (286,867)
Right-of-use assets, net of current portion	2,087,427	1,800,560	286,867
	\$ 2,087,427	\$ 2,087,427	\$ -

#### **NOTE 3:** CHANGE IN ACCOUNTING PRINCIPLE

In 2018, the Agency adopted ASU 2016-14, *Not-for-Profit Entities (Topic 958): Presentation of Financial Statements of Not-for-Profit Entities.* A summary of the changes is as follows:

#### **Statement of Financial Position**

The statement of financial position distinguishes between two new classes of net assets—those with donor-imposed restrictions and those without. This is a change from the previously required three classes of net assets—unrestricted, temporarily restricted and permanently restricted.

#### Statement of Activities

Expenses are reported by both nature and function in one location.

Investment income is shown net of external and direct internal investment expenses. Disclosure of the expenses netted against investment income is no longer required.

#### **NOTES TO FINANCIAL STATEMENTS**

#### **Notes to the Financial Statements**

Enhanced quantitative and qualitative disclosures provide additional information useful in assessing liquidity and cash flows available to meet operating expenses for one-year from the date of the statements of financial position.

Amounts and purposes of Governing Board designations and appropriations as of the end of the period are disclosed.

This change had no impact on previously reported total change in net assets.

#### NOTE 4: DISCLOSURES ABOUT FAIR VALUE OF ASSETS AND LIABILITIES

Fair value is the price that would be received to sell an asset or paid to transfer a liability in an orderly transaction between market participants at the measurement date. Fair value measurements must maximize the use of observable inputs and minimize the use of unobservable inputs. There is a hierarchy of three levels of inputs that may be used to measure fair value:

**Level 1** Quoted prices in active markets for identical assets or liabilities

**Level 2** Observable inputs other than Level 1 prices, such as quoted prices for similar assets or liabilities in active markets; quoted prices in markets that are not active; or other inputs that are observable or

can be corroborated by observable market data for substantially the full term of the assets or liabilities

Level 3 Unobservable inputs that are supported by little or no market activity and that are significant to the fair value of the assets or liabilities

#### **Recurring Measurements**

The following tables present the fair value measurements of assets recognized in the accompanying statements of financial position measured at fair value on a recurring basis and the level within the Topic 820 fair value hierarchy in which the fair value measurements fall at December 31, 2018 and 2017:

20	١1	Q

	2018				
	•	Fair Value	e Measurements	Using	
		Quoted Prices in Active	Significant	61 16	
		Markets for Identical	Other Observable	Significant Unobservable	
		Assets	Inputs	Inputs	
	Fair Value	(Level 1)	(Level 2)	(Level 3)	
Equity mutual funds	•				
Large-cap	\$ 401,906	\$ 401,906	\$ -	\$ -	
International	320,620	320,620	_	_	
Small- and mid-cap	80,717	80,717	_	_	
Multi-strategy	236,548	236,548	_	_	
Other mutual funds					
Fixed income bonds	453,971	453,971	_	_	
Real estate	100,987	100,987	_	_	
	1,594,749				
Cash	8,378				
	\$ 1,603,127				

63

#### **NOTES TO FINANCIAL STATEMENTS**

	2017				
	•	Fair Value	Fair Value Measurements Using		
		Quoted Prices			
		in Active	Significant		
		Markets for	Other	Significant	
		Identical	Observable	Unobservable	
		Assets	Inputs	Inputs	
	Fair Value	(Level 1)	(Level 2)	(Level 3)	
Equity mutual funds	•			•	
Large-cap	\$ 428,657	\$ 428,657	\$ -	\$ -	
International	362,788	362,788	_	_	
Small- and mid-cap	99,150	99,150	_	_	
Multi-strategy	262,694	262,694	_	_	
Other mutual funds					
Fixed income bonds	468,373	468,373	_	_	
Real estate	106,130	106,130	_	_	
	1,727,792				
Cash	5,062				
	\$ 1,732,844				

Following is a description of the valuation methodologies and inputs used for assets and liabilities measured at fair value on a recurring basis and recognized in the accompanying statements of financial position, as well as the general classification of such assets and liabilities pursuant to the valuation hierarchy. There have been no significant changes in the valuation techniques during the years ended December 31, 2018 and 2017.

#### Investments

Where quoted market prices are available in an active market, securities are classified within Level 1

#### **NOTE 5: PROPERTY AND EQUIPMENT**

Property and equipment at December 31 consists of:

Computer equipment and software
Furniture, fixtures and office equipment
Leasehold improvements
Website development
Lab equipment
Less accumulated depreciation and amortization
Total property and equipment, net

of the valuation hierarchy. Level 1 securities include large-cap, small- and mid-cap, multi-strategy and international equity mutual funds; and real estate, commodity and fixed income bond mutual funds. If quoted market prices are not available, then fair values are estimated by using pricing models, quoted prices of securities with similar characteristics or discounted cash flows. These are considered Level 2 securities. In certain cases where Level 1 or Level 2 inputs are not available, securities are classified within Level 3 of the hierarchy. Currently, the Agency does not have Level 2 or Level 3 securities.

2018	2017
\$ 555,844	\$ 540,656
81,384	81,384
80,025	80,025
245,926	245,926
116,599	116,599
1,079,778	1,064,590
(983,500)	(952,511)
\$ 96,278	\$ 112,079

### NOTES TO FINANCIAL STATEMENTS

#### NOTE 6: LEASES

Right-of-use assets as of December 31 consist of:

	Asset	
	2018	2017
Building lease (A)	\$ 1,747,631	\$ 2,017,389
Copier lease (B)	52,930	70,038
Right-of-ussets	1,800,561	2,087,427

Lease liabilities as of December 31 consist of:

	Liability	
	2018	2017
Building lease (A)	\$ 1,874,215	\$ 2,086,679
Copier lease (B)	52,930	70,038
	1,927,145	2,156,717
Less current portion	(289,515)	(229,572)
Lease liabilities, net of current portion	1,637,630	1,927,145

- (A) In 2017, the Agency entered into an agreement to lease office space. Under the terms of the agreement, the Agency will pay escalating monthly payments through October 2024 and will have unlimited use of the space for that period of time. The Agency has recorded this lease on the statements of financial position as a right-to-use asset and a lease liability in the amounts of \$1,747,631 and \$2,017,389 and \$1,874,215 and \$2,086,679, respectively, as of December 31, 2018 and 2017, respectively, including the current portion of lease liability. The Agency used a 3% imputed interest rate to calculate the present value of future cash flows in relation to the lease liability. The Agency recognized \$329,860 and \$164,940 in operating lease expense related to this lease in 2018 and 2017, respectively.
- (B) In 2017, the Agency entered into an agreement to lease several copiers. Under the terms of the agreement, the Agency will pay \$1,581 in monthly payments through November 2021 and will have unlimited use of the copiers for that period of time. The Agency has recorded this lease on the statements of financial position as a right-to-use asset and a lease liability in the amount of \$52,930 and \$70,038 as of December 31, 2018 and 2017, respectively, including the current portion of lease liability. The Agency used a 3% imputed interest rate to calculate the present value of future cash flows in relation to the lease liability. The Agency recognized \$18,972 and \$1,581 in operating lease expense related to this lease in 2018 and 2017, respectively.

Future undiscounted cash flows for operating leases at December 31, 2018 are as follows:

2019	\$ 343,370
2020	354,556
2021	364,160
2022	357,952
2023	369,138
Thereafter	316,937
Less discounted cash flows	(178,968)
	\$,1,927,145
	·i

#### **NOTES TO FINANCIAL STATEMENTS**

#### NOTE 7: LIQUIDITY

The Agency receives its funding from three key sources; a federal government grant, a contract with the U.S. Olympic Committee and contracted antidoping services it provides to a variety of customers. There are no donor restrictions on funding.

As of December 31, 2018, the following table shows the total financial assets held by the Agency that could readily be made available within one year of the statements of financial position date to meet general and operating expenses:

Cash and cash equivalents Accounts receivable Investments convertible to cash in the next 12 months

Financial assets available to meet general expenditures within one year

The Agency has Board-designated net assets, which are included in investments, for various purposes more fully described in Note 8. These could be made available to use within one year, as determined by the Board, if necessary. Accordingly, these assets have been included in the quantitative information above.

		2018
	\$	6,430,960
		660,695
•	•	1,603,127
	\$	8,694,782

The Agency regularly monitors liquidity required to meet its operating needs. Its liquidity strategy is to maintain sufficient liquid assets to cover 90 days of operations, maintain a high level of liquidity in all investments and operate as guided by the board approved budget.

#### NOTE 8: BOARD-DESIGNATED NET ASSETS WITHOUT DONOR RESTRICTIONS

The Board has designated net assets for the following purposes:

	2018	2017
Research	\$ 700,000	\$ 700,000
Contingencies	1,000,000	1,000,000
	\$ 1,700,000	\$ 1,700,000

#### **NOTE 9: USOC CONTRACT**

The Agency has an agreement with the United States Olympic Committee (USOC) through December 31, 2022, to conduct a drug testing and anti-doping program for athletes in the Olympic, Paralympic and Pan American Games. Support funded by the USOC is recognized as the Agency performs the contracted services. Revenue received from the USOC for the years ended

December 31, 2018 and 2017 was \$5,142,250, of which \$146,565 and \$771,338 was included in accounts receivable at December 31, 2018 and 2017, respectively. To mitigate the perceived

conflict of interest between the Agency and the American Arbitration Association (AAA) or the Court of Arbitration for Sport (CAS), which provides arbitration services for cases brought forth by the Agency, the USOC directly pays all arbitration fees and expenses incurred by these entities up to \$500,000. During 2018 and 2017, the USOC directly paid arbitration costs to these entities of \$353,435 and \$328,662, respectively. If the arbitration expenses incurred are less than \$500,000, then the excess up to \$500,000 is remitted to the Agency, which is included in the contract amount above.

#### **NOTES TO FINANCIAL STATEMENTS**

#### **NOTE 10:** EMPLOYEE BENEFIT PLAN

The Agency maintains a 401(k) benefit plan covering all employees who meet the eligibility requirements. The Agency makes contributions at its discretion. The Agency's contributions to the plan

were \$349,427 and \$337,853 for the years ended December 31, 2018 and 2017, respectively.

#### NOTE 11: SIGNIFICANT COMMITMENTS, ESTIMATES AND CONCENTRATIONS

Accounting principles generally accepted in the United States of America require disclosure of certain significant estimates and current vulnerabilities due to certain concentrations. Those matters include the following:

#### **Revenue Concentration**

The Agency received 86% and 87% of its support during 2018 and 2017, respectively, from three organizations. As discussed in Note 8, the Agency has a contract with the USOC (one of the three major organizations) through 2022.

#### **Equipment Grant**

Effective September 9, 2008, the Agency, as grantor, entered into a grant agreement with Sports Medicine Research and Testing Laboratory (the Laboratory). Under the terms of this grant agreement, the Agency will grant a piece of equipment with a cost of \$71,750 and now fully depreciated, to the Laboratory. The Laboratory must use the equipment only for purposes that fit within the Agency's mission and must report the detail of testing performed with the equipment to the Agency each year. The Agency would have the right to take back the equipment if either of these requirements was not met. As such, management considers the equipment property of the Agency.





Phone: (719) 785-2000

Toll-Free: +1 (866) 601-2632

Fax: (719) 785-2001

Email: USADA@USADA.org

www.USADA.org

www.TrueSport.org