PREMIER SPORTS

# TUE POLICY

2026

Effective June 1, 2026



## 1 General Principles

The *Premier Sports Therapeutic Use Exemption Policy* (the "*Premier Sports* TUE Policy" or "Policy") is based upon the relevant provisions of the *Premier Sports* Anti-Doping Policy (the "*Premier Sports* ADP") and the World Anti-Doping Agency ("*WADA*") International Standard for Therapeutic Use Exemptions ("ISTUE"). This Policy is informed by the following general principles which provide the context for the Policy. To the extent that this *Premier Sports* TUE Policy or the *Premier Sports* ADP conflicts with the ISTUE, this *Premier Sports* TUE Policy or the *Premier Sports* ADP, as applicable shall prevail.

It is each *Athlete's* personal duty to ensure that no *Prohibited Substance* enters his or her body and that no *Prohibited Method* is *Used*. *Athletes* are responsible for any *Prohibited Substance* or its *Metabolites* or *Markers* found to be present in their *Samples* and/or *Prohibited Method Used* or *Attempted* to be *Used*.

*Athletes* with a Therapeutic need for the use of a *Prohibited Substance* and/or a *Prohibited Method* must request a *Therapeutic Use Exemption* ("*TUE*") from *USADA* prior to the *Use* of the *Prohibited Substance* or *Prohibited Method*, except as provided in Section 3 with respect to the processing of applications for retroactive *TUEs*. All *TUE* applications will be evaluated by the Therapeutic Use Exemption Committee ("TUEC") established by *USADA*.

If emergency or urgent treatment of an acute medical condition of an *Athlete* requires the *Use* of a *Prohibited Substance* or *Prohibited Method*, the *Athlete* must submit a *TUE* application to *USADA* with full medical documentation from the emergency or urgent treatment as soon as possible after the start of the treatment. In such cases, the decision for the *TUE* request will be made by the TUEC after treatment has taken place.

**WARNING:** Because excretion rates for various substances vary between individuals, for substances which are prohibited only *In-Competition*, *Athletes* are advised to ensure sufficient time for any such substance to clear their body before participating in a *Competition* in order to avoid an anti-doping policy violation. Of course, discontinuance of a medication can also have adverse health consequences and should never be undertaken without consultation with the *Athlete's* physician and a full appreciation of the risks involved. The only completely safe method for an *Athlete* to *Use* a *Prohibited Substance* and/or *Prohibited Method* without risking an anti-doping policy violation is to obtain a *TUE* prior to *Use*.



## 2 Definitions

A complete list of definitions that are relevant to this *Premier Sports* TUE Policy can be found in Appendix 1 of the *Premier Sports* ADP. Throughout this Policy, terms defined in the *Premier Sports* ADP are written in italics and terms specific to the *Premier Sports* TUE Policy are underlined.

Therapeutic: Of or relating to the medically justified treatment of a medical condition by remedial agents or methods; or providing or assisting in a cure within the standard of care by a licensed physician.

TUEC: The panel of medical professionals (1-3 physician members) established by *USADA* to consider applications for *TUEs*.

## 3 Policy for *Athletes*

*USADA* will process *TUE* applications for *Athletes* in accordance with this *Premier Sports* TUE Policy and when practical consistent with the ISTUE.

An *Athlete* may apply to *USADA* for a *TUE* for any *Prohibited Substance* or *Prohibited Method* at any time; however, such application must be complete and must be received by *USADA* in accordance with the following timeline:

(a) At least twenty-one (21) days in advance of the *Athletes* intended *Use* of the prohibited medication when the *Athlete* is not scheduled to participate in a *Competition*; or

(b) As soon as practicable when the *Athlete* is scheduled to participate in a *Competition*.

*USADA* will consider late filed applications or applications for retroactive *TUEs*. However, any *Athlete* who applies for a TUE in an untimely manner does so at his or her own risk, as *USADA* makes no guarantee regarding the processing of a *TUE* under such circumstances.

*USADA* will make reasonable efforts to expedite late filed *TUE* requests in advance of the *Athlete's* intended *Use* based on exceptional circumstances but makes no guarantees regarding the processing of *TUE* applications under expedited timeframes.

Applications for *TUEs* will only be granted where the Therapeutic *Use* of the *Prohibited Substance* or *Prohibited Method* meet the following criteria:

- The *Prohibited Substance* or *Prohibited Method* in question is prescribed to treat a diagnosed medical condition supported by relevant clinical evidence.
- The Therapeutic *Use* of the *Prohibited Substance* or *Prohibited Method* will not, on the balance of probabilities, produce any additional enhancement of performance beyond what might be anticipated by a return to the *Athlete's* normal state of health following the treatment of the medical condition.

- The *Prohibited Substance* or *Prohibited Method* is an indicated treatment for the medical condition, and there is no reasonable permitted Therapeutic alternative that is reasonably accessible to such Athlete.[1]
- The necessity for the *Use* of the *Prohibited Substance* or *Prohibited Method* is not a consequence, wholly or in part, of the prior *Use* (without a *TUE*) of a substance or method which was prohibited at the time of such *Use*.

Furthermore, applications for retroactive *TUEs* will only be considered where the Therapeutic *Use* of the *Prohibited Substance* or *Prohibited Method* complies with the conditions outlined above for a prospective *TUE*. A retroactive *TUE* will be automatically granted if the *Athlete* qualifies for a prospective *TUE* for the same *Prohibited Substance* or *Prohibited Method*.

*Athletes* are cautioned that the *Use* of a *Prohibited Substance* or *Prohibited Method* without prior *TUE* approval is at their own risk and that the only way to ensure such *Use* will not result in an anti-doping policy violation is by obtaining a *TUE* prior to the *Use* of any such substance or method.

## 4 Coordination with *Sport Organizations*

*USADA* will attempt to coordinate *TUE* applications with applicable *Sports Organizations*, such as State Athletic Commissions. *Athletes* are on notice, however, that because *USADA* does not control *Sports Organizations'* decisions to recognize a *USADA TUE* or to grant their own *TUEs*, *Athletes* should not use any substance or method prohibited by a *Sports Organizations* unless they are certain that a *Sports Organization TUE* is in place. In addition, any *Athlete* who obtains a *TUE* from a *Sports Organization* or other *Anti-Doping Organization*, will still need to apply for a *TUE* from *USADA*. As a condition of *USADA's* consideration of *TUE* applications, *Athletes* acknowledge and agree that their *TUE* applications and other information submitted or considered in connection with those applications, including decisions of the *USADA* TUEC, may be shared with any applicable *Sports Organization* and in accordance with *USADA's* Privacy Policy (www.usada.org/privacy-statement).

## 5 Appeal

In the case of any *TUE* denial, an *Athlete* will be provided a detailed explanation as to why their *TUE* application did not meet the criteria for approval. Any *Athlete* may request further information about a denial and may request a medical review from *USADA* by contacting the *USADA* Science Director.

*Athletes* may appeal a *TUE* denial pursuant to the Annex C of the *USADA* Protocol as described in Article 8.1 of the *Premier Sports* ADP after exhaustion of the administrative review provided in the *Premier Sports* ADP and in this *Premier Sports* TUE Policy.

If an *Athlete* elects to request a medical review, the *Athlete* must do so within 10 days after a decision on a *TUE* application. Medical reviews are conducted in *USADA's* sole discretion, and a decision will be communicated within 21 days of the request for a medical review.

An appeal may be lodged only after the medical review is complete or may be lodged if 21 days elapsed with no decision on the request for medical review. Appeals must be lodged in accordance with the Annex C of the *USADA* Protocol as described in Article 8.1 of the *Premier Sports* ADP within 21 days of a medical review determination or 21 days after the requisite time elapsed with no decision.

## 6 Effective Date

The effective date of this *Premier Sports* TUE Policy shall be June 1, 2026. This Policy shall not apply retroactively to matters pending before June 1, 2026.

## 7 Amendments

This *Premier Sports* TUE Policy may be amended from time to time by *USADA*. All amendments to this *Premier Sports* TUE Policy shall be effective no earlier than thirty (30) days after publication on the *USADA Premier Sports* anti-doping website (www.usada.org/premier-sports/ ), with the precise effective date (and version) to be indicated in Section 6, above. It is each *Athlete's* responsibility to regularly check *USADA's Premier Sports* anti-doping website to ensure that they are consulting the most up to date version of this and other anti-doping related policies.

[1] The TUEC will consider the *Athlete's* nationality, the *Athlete's* primary location of residence, and to the extent possible, applicable local laws.

(719) 785-2000

Toll-Free (866) 601-2632

ClientServices@USADA.org

www.USADA.org/premier-sports



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