

**2001** USCF  
**USCF Rulebook**



event that was issued a race permit by the Association, or who fail to promptly pay any fine or other financial obligation due USA Cycling.

### 10.3 Investigation

**10.3.1** An Investigator authorized by the Executive Director shall attempt to hear all sides of a dispute and will personally assess the evidence before making a decision to suspend a member.

**10.3.2** For misconduct in any given race event, the investigator may domestically suspend a member for up to 30 days, or under Bylaw 10.2, paragraph c, until the obligation is fulfilled.

**10.3.3** A notice of suspension shall be communicated to the member in writing and shall state the acts that led to the imposition of domestic suspension and the rules that were violated. A copy of this notice shall be sent to the Executive Director.

**10.3.4** If the member mails a *request for a hearing* to the investigator within 10 days from the date of notice to the member (date mailed), the suspension shall be stayed pending the decision of the *Hearing Panel*. If the member does not *request a hearing* within the prescribed period, even if the member does not receive the notice, suspension shall begin 11 days from the date of notice to the member unless the investigator specifies a later starting date in the notice.

**10.3.5** If the domestic suspension is *referred to a hearing panel*, the *hearing* shall be heard in accordance with the procedures of USA Cycling Policy V.

## USA Cycling Regulations

The Articles of Incorporation, USA Cycling Bylaws, USCF Bylaws, NORBA Bylaws and USPRO Bylaws and NBL

Bylaws are available in their entirety from the offices of USA Cycling. Copies of corporate documents are available at a cost of \$20.00 per document. Please send all requests and appropriate fees in writing to:

USA Cycling, Inc.  
One Olympic Plaza  
Colorado Springs, CO 80909

Copies of all corporate documents are distributed to all USCF Administrators, USA Cycling Directors and Association Trustees.

## PARTIAL BYLAWS of USA Cycling

Complete USA Cycling Bylaws are available from the offices of USA Cycling. See the beginning of this appendix for information on ordering corporate documents.

### D. Associations and Members

#### Section 1.

The Associations of USA Cycling and their respective membership are:

**Part 1.** The United States Cycling Federation (USCF) which shall have three classes of members: (1) holders of annual USCF licenses, (2) members of the Board of Trustees of USCF, and (3) USCF eligible athletes.

**Part 2.** The National Off-Road Bicycle Association (NORBA) which shall have three classes of members: (1) holders of annual NORBA licenses, (2) members of the Board of Trustees of NORBA, and (3) NORBA eligible athletes.

**Part 3.** U.S. Professional Racing Association (USPRO) which shall have three classes of members: (1) holders of annual

USPRO licenses, (2) members of the Board of Trustees of USPRO, and (3) USPRO eligible athletes.

**Part 4.** The National Bicycle League (NBL), which shall have four classes of voting members: (1) NBL sanctioned BMX local racing organizations, (2) one state commissioner from each state or geographic segment, (3) Members of the NBL Board of Trustees and non-Board members of the nominating committee of NBL who are not otherwise members and (4) NBL Eligible Athletes; and three classes of nonvoting members: (1) Contributing members, (2) General Members and (3) Associate Members, all as such terms as defined in NBL Bylaws.

**Section 2.**

Each Association shall determine and set forth in their bylaws the voting rights of their respective members.

**Section 3.**

**USA Cycling Membership Defined**

**Part 1.** The voting membership of USA Cycling shall consist of those persons who are Directors. Each voting member shall have one vote on a given issue. Voting by proxy shall not be allowed.

**Part 2.** All members of an Association shall be nonvoting members of USA Cycling.

**Section 4.**

**Life Member**

Individuals who have contributed extensive and outstanding service to USA Cycling or any of its predecessor organizations may be awarded the honorary title of Life Member by a two-

thirds vote of the Board of Directors, but no voting rights, Association membership or license is thereby established.

**Section 5.**

**Openness and Equal Opportunity**

Membership in USA Cycling and its Associations is open to all individuals who participate in the sport of bicycle racing as athletes, coaches, trainers, managers, administrators, or officials. Members shall have an equal opportunity to participate in bicycle racing without discrimination on the basis of race, color, religion, age, sex, sexual orientation, or national origin. Such participants may be required to obtain a USA Cycling license in order to participate and shall be subject to USA Cycling regulations, but may not be declared ineligible to participate without fair notice and an opportunity for a hearing.

**Section 6.**

**Definition of Athletes for Purpose of Athlete Representation**

USOC Bylaws Chapter XXXIII, Section 7(B) ("Ted Stevens Olympic Sports Act"):

Athlete representatives shall meet the following standards: At least one-half of the individuals serving as athlete representatives shall have competed in the NGB's events or disciplines that are on the sport's program in the Olympic or Pan Am Games. Up to one-half of the individuals serving as athlete representatives may have competed in an event or discipline not on the program of the Olympic or Pan American Games, provided that such event or discipline is recognized by the International Federation (IF) of the NGB or is regularly included in the international competition

program of the IF, i.e. World Championship. At the time of election, all NGB athlete representatives shall have demonstrated their qualifications as athletes by having: (1) Within the ten (10) years preceding election, represented the United States in the Olympic or Pan American Games or an Operation Gold event, or a World Championship recognized by the NGB's IF for which a competitive selection process was administered by the NGB, or, in a team sport, an international championship recognized by the IF of the NGB; or (2) Within the twenty-four (24) months before election, demonstrated that they are actively engaged in amateur athletic competition by finishing in the top half of the NGB's national championships or team selection competition for the events in subparagraph (1) or (2) or in a team sport have been a member of the NGB's national team; or (3) Within the ten (10) years preceding election, represented the United States in the Paralympic Games, or an International Paralympic Committee-recognized World Championship in the events of the Paralympic Games program. Athlete representatives may not be drawn from events that categorize entrants in age-restricted classifications commonly known as "Juniors", "Masters", "Seniors", "Veterans" or other similarly designated age-restricted competition.

## Policies

### I. Helmets

#### Section 1. Helmets Mandatory.

**Part 1.** At all times when participating in or preparing for an event held under a USA Cycling permit, including club rides, motorcycle drivers and all motorcycle passengers shall wear a securely fastened helmet that meets the US DOT motorcycle helmet standard.

**Part 2.** At all times when participating in or preparing for an

event held under a USA Cycling permit, including club rides, all licensees who are mounted on a bicycle shall wear a securely fastened helmet that meets either the US DOT helmet standards or one of the following standards:

- (1) American National Standards Institute (ANSI) Standard Z90.4;
- (2) Snell Memorial Foundation Standard "B" or "N" series;
- (3) American Society for Testing and Materials (ASTM) standard F-1447.
- (4) Canadian Standards Association (CSA) standard CAN/CSA-D113.2-M;
- (5) U.S. Consumer Product Safety Commission (CPSC) standard for bicycle helmets;
- (6) As to NBL only, such standards as maybe determined by its Board of Trustees to be in the best interest of its members from time to time.

Riders shall show documentary proof of this, such as a manufacturer's label, upon request by event officials. Beginning January 1, 2010, only the DOT and CPSC helmet standards will be recognized.

**Section 2. Responsibility Warranties.** And the use of such helmets is strongly recommended for all bicycle riders. It is the rider's responsibility to select and wear such a helmet that offers sufficient protection against head injury and does not restrict the rider's vision. USA Cycling makes no warranties or representations regarding the protective adequacy or fitness for competition of any helmets and a rider, by entering an event conducted under USA Cycling or any member organization rules, agrees not to sue and to hold harmless USA Cycling from any and all claims arising from the use of any particular helmet.

**Section 3. Additional Requirements.** Associations may adopt additional, more stringent regulations regarding bicycle safety helmets, provided that such regulations may in no way supersede the requirements of this Policy.

**II. Medical Control**

**Section 1.** USA Cycling has adopted and participates in the United States Anti-Doping Agency (USADA) protocol for Olympic Movement testing (USADA protocol).. The USADA protocol is incorporated herein by reference and shall prevail over any USA Cycling Regulation to the contrary. Their medical control regulations shall apply to USA Cycling, its Associations, and all members, licensees, participants in races granted permits by USA Cycling or Associations, and organizations affiliated with USA Cycling or Associations. For information on or a copy of the USADA protocol can be obtained from USADA at (800) 233-0393 or the USADA web site [www.usantidoping.org](http://www.usantidoping.org).

**Section 2. Prohibited Substances, Boosting, and Penalties**

**Part 1.** Use of prohibited substances or procedures that is detected by USADA using their test procedures or by the UCI using their testing procedures and IOC approved laboratories shall result in the same penalties.

**Part 2.** Penalties for infractions of any section of these regulations shall be those set forth in the UCI Regulations from time to time and imposed by USA Cycling. Please refer to [www.usantidoping.org](http://www.usantidoping.org) or [www.uci.ch](http://www.uci.ch) or the current UCI Regulations.

**Part 3. Prohibited Practices.** No rider may use the substances listed in the current UCI list of prohibited substances. See Table 1 for a list of the more common prohibited substances.



This list is not all inclusive and is subject to change at any time. For current substances contact USADA at (800) 233-0393.

**Section 3. Testing Procedures**

The testing protocol will be that of the United States Anti-Doping Agency (USADA).

**Section 4. Tests Results and Evidence.**

All testing and results will be the responsibility of the United States Anti-Doping Agency (USADA).

**Section 5. Disposition**

Any investigation, prosecution, and hearings shall be the responsibility of the United States Anti-Doping Agency (USADA). USA Cycling shall impose any sanction from the adjudication process when permitted under the USADA protocol and in accordance with the UCI approved sanctions.

**Table 1. Examples of Prohibited Substances**

Testing is based on detectable amounts in urine except where quantitative concentrations are shown that must be exceeded to be considered positive.

**Stimulants, such as:**

amfepramone	methylephedrine (5 ug/ml)
amineptine	methylphenidate
amphetamine	methoxyphenamine
caffeine >12 ug/ml	nikethamide
cathine >5 ug/ml	norphenfluramine
cocaine	parahydroxyamphetamine
cropropamide <sup>2</sup>	pemoline
crothetamide <sup>1</sup>	phendimetrazine
ephedrine >5 ug/ml	phentermine
ethamivan	phenylpropanolamine >10 ug/ml

**Table 1, continued**

etilamfetamine  
 etilefrine  
 fencamfamine  
 fenetylline  
 fenfluramine  
 heptaminol  
 methyldioxamphetmine

mefeoorex  
 mephentermine  
 mesocarbe  
 methamphetamine

**Narcotics, such as:**

ethylmorphine  
 hydrocodone  
 morphine >1ug/ml  
 pentazocine

**Beta 2 Agonists, such as:**

clenbuterol  
 salbutamol<sup>2</sup>  
 salmeterol  
 terbutaline<sup>2</sup>

pholadrine  
 prolintane  
 propylhexedine  
 pseudoephedrine >10 ug/ml  
 salbutamol<sup>2</sup>  
 strychnine  
 and related substances e.g.  
 ma huang (herbal ephedrine)

pethidine  
 propoxyphene  
 and related  
 substances

fenoterol  
 and related  
 substances

**For answers to specific questions or more information on substances not listed call the USADA Drug Hotline at 800-233-0393.**

<sup>1</sup> Component of microrene

<sup>2</sup> See also Policy II, Section 2, part 5

**Diuretics, such as:**

acetazolamide  
 bendroflumethiazide  
 bumetanide  
 canrenone  
 chlortalidone  
 furosemide

hydrochlorothiazide  
 indaparnide  
 spironolactone  
 triamterene  
 and related substances

**Peptide and Glycoprotein Hormones and analogues:**

All respective releasing factors (and their analogues) of these substances are prohibited.

corticotrophin (ACTH)

human chorionic  
 gonadotrophin (HCG)  
 growth hormone  
 (HGH Somatotrophine)

erythropoietin (EPO)

**Anabolic steroids, such as:**

boldenone  
 clostebol  
 danazol  
 dehydrochlormethytestosterone  
 dihydrotestosterone  
 drostanolne  
 fluoxymesterone  
 flormebolone  
 mesterolone  
 metandienone  
 metenolone

methyltestosterone  
 mibolerone  
 nandrolone  
 norethandrone  
 osterone  
 oxandrololone  
 oxymesterone  
 oxymetholone  
 stanozolol  
 testosterone<sup>1</sup>  
 trenbolone and related  
 substances

metandriol

<sup>1</sup> Testosterone is considered positive if the ratio in urine of testosterone/epitestosterone is greater than 6 to 1 unless there is evidence that this ratio is due to a physiological or pathological condition, e.g. low epitestosterone excretion, androgene production of tumor or enzyme deficiencies.

**Masking Agents:**epitestosterone<sup>2</sup>

| probenecid

**Cannabinoids/Marijuana:**

A concentration in urine of 11-nor-delta 9-tetrahydrocannabinol-9-carboxylic acid (carboxy-THC) greater than 15 nanograms per milliliter is prohibited.

For answers to specific questions or more information on substances not listed call the USADA Drug Hotline at 800-233-0393

**III. Administrative Grievances**

**Section 1.** Grievances by members relating to their rights and duties under the Constitution and Policies of USOC or relating to any administrative action by USA Cycling or its Associations, may be filed with the Executive Director in writing and stating the basis of the action that substantially prejudices the rights of the member. The Executive Director shall respond to the grievance in a prompt and equitable manner by appointing either an investigator or a three-person committee to investigate the grievance. The investigator or committee shall provide its written recommendations to the Executive Director as soon as practicable. The Executive Director shall take such action deemed appropriate under the circumstances of the case and USA Cycling regulations.

**Section 2.** For the purposes of this Policy, the meaning of the term member includes members of USA Cycling; persons participating in a bicycle race held under an USA Cycling or

<sup>2</sup> Epitestosterone considered positive if concentration in urine exceeds 200 nanograms/ml.

Association permit; affiliated organizations; and race promoters and their employees, independent contractors, and volunteers.

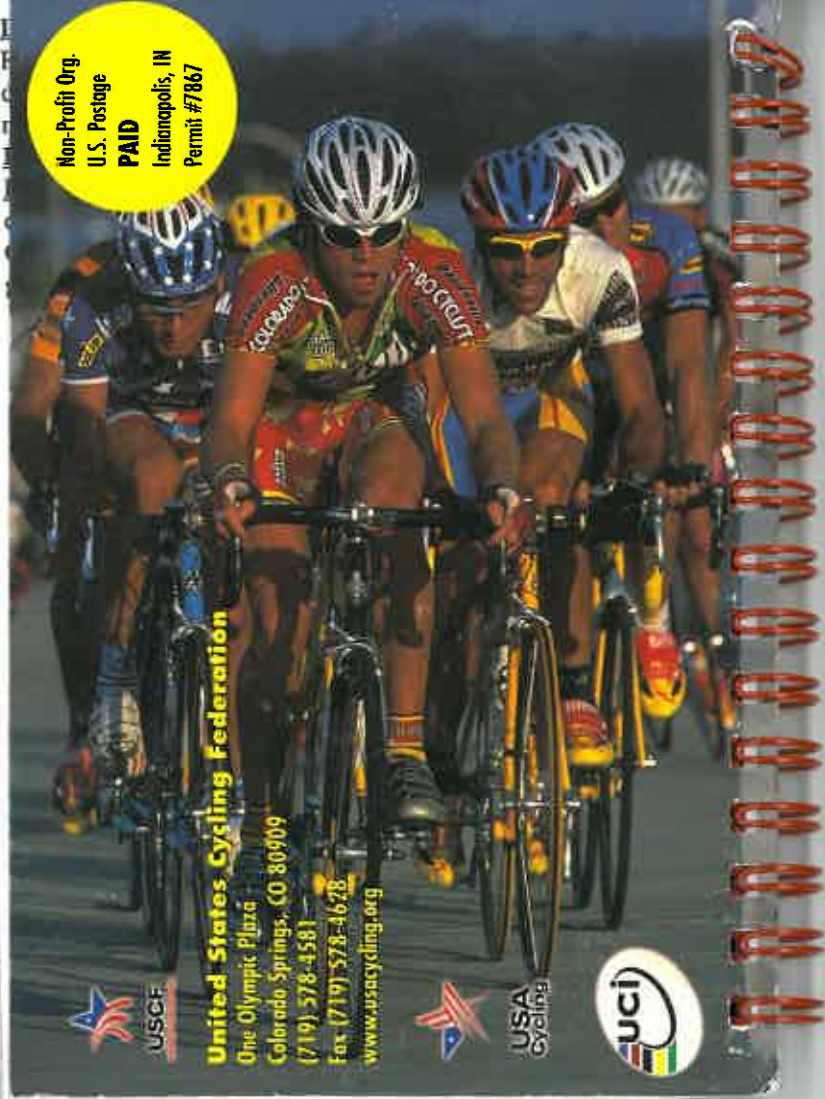
**IV. Member Discipline**

**Section 1. Scope.** All members of USA Cycling and all persons who participate in any official function of USA Cycling are subject to disciplinary action as provided in this Policy. For the purposes of this Policy, the meaning of the term member is expanded to include members of USA Cycling; persons participating in a bicycle race held under a USA Cycling or Association permit; affiliated organizations; and race promoters and their employees, independent contractors, and volunteers.

**Section 2. Violations.** Any breach by a member of a provision of USA Cycling regulations or other conduct which substantially prejudices either the ability of USA Cycling to carry out its tasks or the sport of bicycle racing shall be subject to discipline as provided in this Policy, including loss of eligibility or other appropriate penalties.

**Section 3. Financial Obligations.** Members or other parties who present checks or payments to USA Cycling, an Association, a predecessor organization, or to organizers of events for which race permits have been issued, which checks or payments are dishonored by the banks upon which they are drawn, or who fail to pay any fine or other financial obligation due USA Cycling or an Association, shall be subject to appropriate discipline as provided in this Policy. Without limitation, this may include loss of eligibility to compete in USA Cycling or Association races or to do business with USA

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**USA  
Cycling**

