



ATHLETES & PRESCRIBING PHYSICIANS PLEASE READ

USADA can grant a Therapeutic Use Exemption (TUE) in compliance with the World Anti-Doping Agency International Standard for TUEs. The TUE application process is thorough and designed to balance the need to provide athletes access to critical medication while protecting the rights of clean athletes to compete on a level playing field.

Included in this document is a checklist of items necessary for a complete TUE Application. (Please be aware that the TUE Committee may ask for additional information while evaluating TUE Applications). It is important that the TUE Application include all the documentation outlined in the checklist below. Please reference the included guidelines for details related to types of diagnoses, specific laboratory tests, and more.

TUE APPLICATION CHECKLIST – ADRENAL INSUFFICIENCY

- Complete and legible TUE Application form
- Copies of all relevant examinations and clinical notes from the original diagnosis through present
- Copies of all laboratory results/reports related to the diagnosis. Diagnostic test results should include copies of:
 - Laboratory tests (as applicable): Electrolytes, fasting blood glucose, serum cortisol, plasma ACTH, renin and aldosterone.
 - Imaging findings (as applicable): Cranial or abdominal CT/MRI.
 - Provocation tests or other test results (as applicable): ACTH (Cosyntropin) Stimulation Test, CRH stimulation, insulin tolerance test, metyrapone stimulation, antibodies, etc.
- A statement from the physician explaining why the Prohibited Substance is needed
 - Please explain why permitted alternative treatments were not effective or not appropriate/indicated for treatment

U.S. ANTI-DOPING AGENCY