



## **ATHLETES & PRESCRIBING PHYSICIANS PLEASE READ**

USADA can grant a Therapeutic Use Exemption (TUE) in compliance with the World Anti-Doping Agency International Standard for TUEs. The TUE application process is thorough and designed to balance the need to provide athletes access to critical medication while protecting the rights of clean athletes to compete on a level playing field.

Included in this document is a checklist of items necessary for a complete TUE Application. (Please be aware that the TUE Committee may ask for additional information while evaluating TUE Applications). It is important that the TUE Application include all the documentation outlined in the checklist below. Please reference the included guidelines for details related to types of diagnoses, specific laboratory tests, and more.

### **U.S. ANTI-DOPING AGENCY**

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## **TUE APPLICATION CHECKLIST – CARDIOVASCULAR CONDITIONS**

- Complete and legible TUE Application form
- Copies of all relevant examinations and clinical notes from the original diagnosis through present
  - Please see the diagnostic criteria for the following conditions in the attached WADA Guidelines
    1. Stable Angina Pectoris, Recent Myocardial Infarction and Heart Failure
    2. Supraventricular and Ventricular Tachyarrhythmias
    3. Arterial Hypertension with No Other Cardiovascular Risk Factors
    4. Prevention of SCD in Long QT Syndrome
- Copies of all laboratory results/reports related to the diagnosis:
  - Biomarkers (as applicable) (creatinine kinase, troponin I and T, myoglobin, BNP and NT-proBNP)
  - Resting ECG, stress ECG, Holter monitoring blood pressure readings (as applicable).
  - Imaging findings: Chest radiograph, magnetic resonance imaging, repeated measures of ejection fraction and structural remodeling, radionuclide ventriculography and nuclear imaging (myocardial scintigraphy), coronary CT, echocardiography and coronary angiography (as applicable).
- A statement from the physician explaining why the Prohibited Substance is needed
  - Please explain why permitted alternative treatments were not effective or not appropriate/indicated for treatment

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