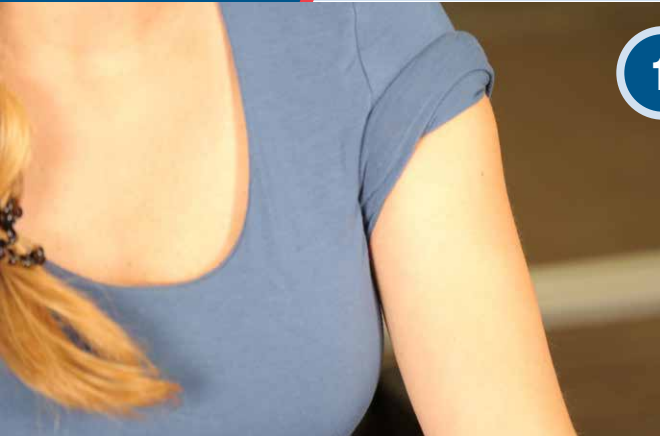


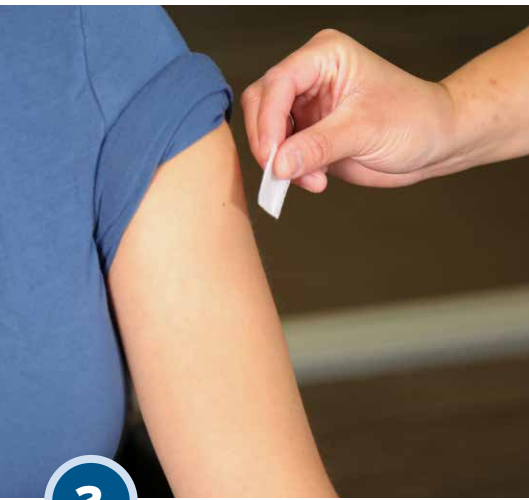


STEP-BY-STEP DBS Blood Collection



1

An outside portion of the upper arm needs to be accessible for the DBS draw. Warming the skin by rubbing the arm can encourage skin blood flow and aid collection. Unlike intravenous blood draws, the athlete does not need to be seated for 20 minutes prior to blood collection.



2

The skin will be cleaned with an alcohol swab and left to air dry.



3

The Tasso M20 device will be applied to the clean skin and the DCO will press the red button to start the collection. There is a small prick, like a rubber band snapping against the skin, which means the Tasso M20 device is working properly.



4

The collection is complete once all four spots are red. Then the device is removed, and a small bandage is applied to the arm.



5

The Tasso M20 device is vented and then labelled with an anonymous identification tag before being secured in a light-proof bag with a desiccant (drying) pad and returned to the box for shipping. The sample is shipped to the laboratory securely by courier at room temperature.