



## **ATHLETES & PRESCRIBING PHYSICIANS PLEASE READ**

USADA can grant a Therapeutic Use Exemption (TUE) in compliance with the World Anti-Doping Agency International Standard for TUEs. The TUE application process is thorough and designed to balance the need to provide athletes access to critical medication while protecting the rights of clean athletes to compete on a level playing field.

Included in this document is a checklist of items necessary for a complete TUE Application. (Please be aware that the TUE Committee may ask for additional information while evaluating TUE Applications). It is important that the TUE Application include all the documentation outlined in the checklist below. Please reference the included guidelines for details related to types of diagnoses, specific laboratory tests, and more.

### **TUE APPLICATION CHECKLIST – SINUSITIS, RHINOSINUSITIS**

- Complete and legible TUE Application form
- Copies of all relevant examinations and clinical notes from the original diagnosis through present
  - The physician should specify the type of sinusitis (acute bacterial or chronic)
  - Medical history should specify exact symptoms (if present):
    1. Facial pain
    2. Nasal obstruction
    3. Nasal purulence/discharge
    4. Hyposmia/anosmia
    5. Intensity (including improvement or worsening)
    6. Duration of symptoms
- Copies of all laboratory results/reports related to the diagnosis, if applicable
  - Lab cultures and/or imaging findings (if applicable)
- A statement from the physician explaining why the Prohibited Substance is needed
  - Why other treatments (with either permitted or prohibited substances/methods) failed or are not appropriated for treating the condition.

#### **U.S. ANTI-DOPING AGENCY**