|    |                                                        |                  |                                          | Page 1500  |  |
|----|--------------------------------------------------------|------------------|------------------------------------------|------------|--|
| 1  | IN THE MATTER<br>BETW                                  |                  | AN ARBITRATION                           | 1.290 2000 |  |
| 2  | LANCE ARMSTRONG and                                    | 2                |                                          |            |  |
| 3  | TAILWIND SPORTS, INC.                                  | Ø3 Ø3            |                                          |            |  |
| 4  | Claimants,                                             | <u> </u>         | ARBITRATION BEFORE THE HONORABLE RICHARD |            |  |
| 5  | VS.                                                    | 2<br>2<br>2<br>2 |                                          |            |  |
| 6  | SCA PROMOTIONS, INC. and HAMMAN INSURANCE SERVICES,    | <u> </u>         |                                          |            |  |
| 7  | INC.                                                   | 25<br>25<br>26   |                                          |            |  |
| 8  | Respondents.                                           | S                |                                          |            |  |
| 9  |                                                        |                  |                                          |            |  |
| 10 |                                                        |                  |                                          |            |  |
| 11 | ARBITRATION                                            |                  |                                          |            |  |
| 12 | TRANSCRIPT OF PROCEEDINGS                              |                  |                                          |            |  |
| 13 | JANUARY 13, 2006                                       |                  |                                          |            |  |
| 14 | VOLUME 8                                               |                  |                                          |            |  |
| 15 | CONFIDENTIAL                                           |                  |                                          |            |  |
| 16 |                                                        |                  |                                          |            |  |
| 17 |                                                        |                  |                                          |            |  |
| 18 |                                                        |                  |                                          |            |  |
| 19 | On 13th day of January, 2006, at 8:09                  |                  |                                          |            |  |
| 20 | a.m., the arbitration in the above proceedings came on |                  |                                          |            |  |
| 21 | before Arbitrators Richard Faulkner, Richard Chernick  |                  |                                          |            |  |
| 22 | and Ted Lyon, at the offices of Richard Faulkner,      |                  |                                          |            |  |
| 23 | 12655 North Central Expressway, Suite 810, in the City |                  |                                          |            |  |
| 24 | of Dallas, County of Dallas, State of Texas.           |                  |                                          |            |  |
| 25 |                                                        |                  |                                          |            |  |
|    |                                                        |                  |                                          |            |  |

| Page 1501                                                                                                                                                                                                                                                                                                                                                                                                                                |                                              | Page 1503                                                                                                                                                                                                                                                        |  |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|
| 1 A P P E A R A N C E S 2 FOR THE CLAIMANTS;                                                                                                                                                                                                                                                                                                                                                                                             | 1                                            | PROCEEDINGS                                                                                                                                                                                                                                                      |  |
| Mr. Tim Herman                                                                                                                                                                                                                                                                                                                                                                                                                           | 2                                            | ARBITRATOR FAULKNER: Who's your next                                                                                                                                                                                                                             |  |
| 3 Mr. Sean Breen<br>HERMAN HOWRY & BREEN                                                                                                                                                                                                                                                                                                                                                                                                 | 3                                            | witness?                                                                                                                                                                                                                                                         |  |
| 4 1900 Pearl Street                                                                                                                                                                                                                                                                                                                                                                                                                      | 4                                            | MR. BREEN: Ed Coyle.                                                                                                                                                                                                                                             |  |
| Austin, Texas 78705-5408                                                                                                                                                                                                                                                                                                                                                                                                                 | 5                                            | ED COYLE,                                                                                                                                                                                                                                                        |  |
| Ms. Lisa Blue                                                                                                                                                                                                                                                                                                                                                                                                                            | 6                                            | having been first duly sworn, testified as follows:                                                                                                                                                                                                              |  |
| 6 BARON & BUDD<br>1100 Centrum Building                                                                                                                                                                                                                                                                                                                                                                                                  | 7                                            | ARBITRATOR FAULKNER: Please proceed.                                                                                                                                                                                                                             |  |
| 7 3102 Oak Lawn Avenue                                                                                                                                                                                                                                                                                                                                                                                                                   |                                              | •                                                                                                                                                                                                                                                                |  |
| Dallas, Texas 75219<br>8                                                                                                                                                                                                                                                                                                                                                                                                                 | 8                                            | MS. BLUE: Mr. Faulkner, that would be my                                                                                                                                                                                                                         |  |
| 9 FOR THE RESPONDENTS:                                                                                                                                                                                                                                                                                                                                                                                                                   | 9                                            | witness, so may I go ahead and proceed?                                                                                                                                                                                                                          |  |
| Mr. Jeffrey M. Tillotson  10 Mr. Cody L. Towns                                                                                                                                                                                                                                                                                                                                                                                           | 10<br>11                                     | ARBITRATOR FAULKNER: Yes, please.                                                                                                                                                                                                                                |  |
| LYNN TILLOTSON & PINKER, L.L.P.                                                                                                                                                                                                                                                                                                                                                                                                          |                                              | MS. BLUE: Would it be all right if I                                                                                                                                                                                                                             |  |
| 11 Suite 1400<br>750 North St. Paul Street                                                                                                                                                                                                                                                                                                                                                                                               |                                              | stood since I'm more comfortable?                                                                                                                                                                                                                                |  |
| 12 Dallas, Texas 75201<br>13                                                                                                                                                                                                                                                                                                                                                                                                             | 13                                           | ARBITRATOR FAULKNER: Make yourself                                                                                                                                                                                                                               |  |
| ALSO PRESENT:                                                                                                                                                                                                                                                                                                                                                                                                                            | 14                                           | comfortable, y'all. This is not federal court.                                                                                                                                                                                                                   |  |
| 14 Ms. Mariela Evora<br>Mr. Chris Compton                                                                                                                                                                                                                                                                                                                                                                                                | 15                                           | DIRECT EXAMINATION                                                                                                                                                                                                                                               |  |
| 15 Mr. John Bandy                                                                                                                                                                                                                                                                                                                                                                                                                        | 16                                           | BY MS. BLUE:                                                                                                                                                                                                                                                     |  |
| Mr. Robert Hamman  16 Mr. Michael Ashenden                                                                                                                                                                                                                                                                                                                                                                                               | 17                                           | Q. Good morning, Dr. Coyle.                                                                                                                                                                                                                                      |  |
| Mr. Dorough 17 Ms. Brandy Lowrey                                                                                                                                                                                                                                                                                                                                                                                                         | 18                                           | A. Good morning.                                                                                                                                                                                                                                                 |  |
| Ms. Lynn G. Bone                                                                                                                                                                                                                                                                                                                                                                                                                         | 19                                           | Q. Would you introduce yourself to the panel                                                                                                                                                                                                                     |  |
| 18 Ms. Marianne Ross<br>Dr. Ed Coyle                                                                                                                                                                                                                                                                                                                                                                                                     | 20                                           | members?                                                                                                                                                                                                                                                         |  |
| 19 Mr. Bill Stapleton                                                                                                                                                                                                                                                                                                                                                                                                                    | 21                                           | A. I'm Ed Coyle, a professor at the University                                                                                                                                                                                                                   |  |
| Mr. Lawrence Temple<br>20                                                                                                                                                                                                                                                                                                                                                                                                                | 22                                           | of Texas at Austin and I direct the human performance                                                                                                                                                                                                            |  |
| 21                                                                                                                                                                                                                                                                                                                                                                                                                                       | 23                                           | laboratory.                                                                                                                                                                                                                                                      |  |
| 22<br>23                                                                                                                                                                                                                                                                                                                                                                                                                                 | 24                                           | Q. When you say you direct the human                                                                                                                                                                                                                             |  |
| 24<br>25                                                                                                                                                                                                                                                                                                                                                                                                                                 | 25                                           | laboratory                                                                                                                                                                                                                                                       |  |
|                                                                                                                                                                                                                                                                                                                                                                                                                                          |                                              |                                                                                                                                                                                                                                                                  |  |
| Page 1502                                                                                                                                                                                                                                                                                                                                                                                                                                |                                              | Page 1504 .                                                                                                                                                                                                                                                      |  |
| 1 INDEX                                                                                                                                                                                                                                                                                                                                                                                                                                  | 1                                            | A. The human performance laboratory.                                                                                                                                                                                                                             |  |
| WITNESS PAGE 2                                                                                                                                                                                                                                                                                                                                                                                                                           | 2                                            | Q. What does that mean exactly?                                                                                                                                                                                                                                  |  |
| ED COYLE                                                                                                                                                                                                                                                                                                                                                                                                                                 | 3                                            | A. Well, my job is to do research to raise grant                                                                                                                                                                                                                 |  |
| CROSS EXAMINATION BY MR. TOWNS 1603                                                                                                                                                                                                                                                                                                                                                                                                      | 4                                            | money, to publish, to train doctoral students and to                                                                                                                                                                                                             |  |
| 4 RE-DIRECT EXAMINATION BY MR. BREEN 1678                                                                                                                                                                                                                                                                                                                                                                                                | 5                                            | teach undergraduate and graduate students.                                                                                                                                                                                                                       |  |
| BILL STAPLETON                                                                                                                                                                                                                                                                                                                                                                                                                           | 6                                            | Q. For example, so the panel can understand what                                                                                                                                                                                                                 |  |
| 6 DIRECT EXAMINATION BY MR. HERMAN 1686<br>7                                                                                                                                                                                                                                                                                                                                                                                             | 7                                            | you do on a daily basis, tell us a typical day for you                                                                                                                                                                                                           |  |
| CLAIMANTS' EXHIBITS                                                                                                                                                                                                                                                                                                                                                                                                                      | 8                                            | at the University of Texas as a professor.                                                                                                                                                                                                                       |  |
| 8<br>110 - 7/21/04 e-mail from L. Shiels to B. 1743                                                                                                                                                                                                                                                                                                                                                                                      | 9                                            | A. Well, I don't teach at 8:00 a.m. anymore, but                                                                                                                                                                                                                 |  |
| 9 Stapleton re: ESPN reporter                                                                                                                                                                                                                                                                                                                                                                                                            | 10                                           | typically coming into the lab around 8:00 a.m.,                                                                                                                                                                                                                  |  |
| 10 122 - Coyle CV 1513<br>11 123 - 1/4/05 e-mail - Coffman to Coyle re: 1598                                                                                                                                                                                                                                                                                                                                                             | 11                                           | setting up experiments. We do studies on people where                                                                                                                                                                                                            |  |
| Chris Compton<br>12                                                                                                                                                                                                                                                                                                                                                                                                                      | 12                                           | we will be putting catheters into their veins and                                                                                                                                                                                                                |  |
| 124 - Collection of articles 1700                                                                                                                                                                                                                                                                                                                                                                                                        | 13                                           | doing muscle biopsies, so much of my job is, you know,                                                                                                                                                                                                           |  |
| 13                                                                                                                                                                                                                                                                                                                                                                                                                                       | 14                                           | making sure the medical procedures are done properly.                                                                                                                                                                                                            |  |
| 14                                                                                                                                                                                                                                                                                                                                                                                                                                       | 15                                           | • • • • • • • • • • • • • • • • • • • •                                                                                                                                                                                                                          |  |
| 126 - Triple Play Article 1707                                                                                                                                                                                                                                                                                                                                                                                                           | 16                                           | I supervise my staff and graduate students. We                                                                                                                                                                                                                   |  |
|                                                                                                                                                                                                                                                                                                                                                                                                                                          | 1 TO                                         | conduct these research studies on people and, you                                                                                                                                                                                                                |  |
| 127 - Sports Cycling article 1707                                                                                                                                                                                                                                                                                                                                                                                                        |                                              | Lineau Tim in macaffica macaf of the day: Theorem                                                                                                                                                                                                                |  |
| 127 - Sports Cycling article 1707                                                                                                                                                                                                                                                                                                                                                                                                        | 17                                           | know, I'm in my office most of the day. I teach.                                                                                                                                                                                                                 |  |
| 127 - Sports Cycling article 1707  16                                                                                                                                                                                                                                                                                                                                                                                                    | 17<br>18                                     | That's pretty much my day.                                                                                                                                                                                                                                       |  |
| 127 - Sports Cycling article 1707 16 128 - Ernst & Young audit of financials 1690                                                                                                                                                                                                                                                                                                                                                        | 17<br>18<br>19                               | That's pretty much my day. Q. Dr. Coyle, let's just get to the point about                                                                                                                                                                                       |  |
| 127 - Sports Cycling article 1707  16 18                                                                                                                                                                                                                                                                                                                                                                                                 | 17<br>18<br>19<br>20                         | That's pretty much my day. Q. Dr. Coyle, let's just get to the point about why you're here. Tell the panel what's your                                                                                                                                           |  |
| 127 - Sports Cycling article 1707  16  128 - Ernst & Young audit of financials 1690  17  18 RESPONDENTS' EXHIBITS  19 24 - Transcript of taperecorded 1733                                                                                                                                                                                                                                                                               | 17<br>18<br>19<br>20<br>21                   | That's pretty much my day. Q. Dr. Coyle, let's just get to the point about why you're here. Tell the panel what's your understanding of why you're here and what your role in                                                                                    |  |
| 127 - Sports Cycling article 1707  16  128 - Ernst & Young audit of financials 1690  17  18 RESPONDENTS' EXHIBITS  19 24 - Transcript of taperecorded 1733                                                                                                                                                                                                                                                                               | 17<br>18<br>19<br>20<br>21<br>22             | That's pretty much my day. Q. Dr. Coyle, let's just get to the point about why you're here. Tell the panel what's your understanding of why you're here and what your role in this arbitration is.                                                               |  |
| 127 - Sports Cycling article   1707                                                                                                                                                                                                                                                                                                                                                                                                      | 17<br>18<br>19<br>20<br>21<br>22<br>23       | That's pretty much my day. Q. Dr. Coyle, let's just get to the point about why you're here. Tell the panel what's your understanding of why you're here and what your role in this arbitration is. A. Well, I'm here to                                          |  |
| 127 - Sports Cycling article 1707  16  128 - Ernst & Young audit of financials 1690  17  18 RESPONDENTS' EXHIBITS  19 24 - Transcript of taperecorded 1733  conversation between Frankie Andreu,  Stapleton and Knaggs  21 25 - Questions about a Champion 1580  22 33 - Coyle article - Improved muscular efficiency displayed as Tour de France champion matures  23 champion matures  24 74 - 10/22/05 Compton letter to Goodger 1679 | 17<br>18<br>19<br>20<br>21<br>22<br>23<br>24 | That's pretty much my day. Q. Dr. Coyle, let's just get to the point about why you're here. Tell the panel what's your understanding of why you're here and what your role in this arbitration is. A. Well, I'm here to MS. BLUE: May I approach the witness and |  |
| 127 - Sports Cycling article 1707  16 17 18 RESPONDENTS' EXHIBITS 19 24 - Transcript of taperecorded 1733                                                                                                                                                                                                                                                                                                                                | 17<br>18<br>19<br>20<br>21<br>22<br>23       | That's pretty much my day. Q. Dr. Coyle, let's just get to the point about why you're here. Tell the panel what's your understanding of why you're here and what your role in this arbitration is. A. Well, I'm here to                                          |  |

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ARBITRATOR FAULKNER: Certainly, you may.

A. I'm here to express my opinion succinctly and hopefully clearly on three points. One is it's my opinion that Lance Armstrong has the ability to win the Tour de France without using performance enhancing drugs, and I'll be discussing the physiological evidence that I believe supports that based upon seven years of data that was collected in my laboratory during the seven-year period leading up to his first victory in the 1999 Tour de France.

- O. (BY MS. BLUE) Okay. What's the second reason you're here, Doctor?
- A. Secondly, I'd like to address the quotes from Greg LeMond published in LA Confidential that apparently report on a conversation in San Antonio in 2001, because they're just wrong in a lot of places and there are numerous lies, in my opinion.
  - O. Okay.

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- A. And third, I'd like to discuss the conversation I had with Mr. Compton in January of 2005 when he called me regarding this case.
- Q. All right. Let's start with the first one. First of all, do you have an opinion -- will you make sure all of your opinions are within reasonable scientific certainty?

1 growing up?

- A. Yeah, I kind of thought that. Most of my relatives had done that.
  - O. But you ended up going to college where?
  - A. At Queens College in New York City.
  - Q. And then what did you do?

7 A. Then I went to graduate school. Moved to 8 Muncie, Indiana and studied with Dave Costill who was 9 the leading expert and still is in pioneering exercise 10 physiology in the United States. So that was in 1975 through '77. Went to Ball State University; got my 11 master's, then went on and got my Ph.D. at the 12 University of Arizona. I believe I'm listing -- my 13 14 mentors are important. Got my Ph.D. with Jack 15 Wilmore. Mentorship is important because it shows your pedigree and, you know, the -- the important 16 mentorships and who you're accountable to, in my 17 18 opinion, throughout your career.

So I got my Ph.D. with Jack Wilmore at the University of Arizona. Then after getting my Ph.D. I went to the university -- went to Washington University medical school in St. Louis.

- Q. Why did you do that?
- A. Well, I was a Ph.D. and you need to do research at the best institution that you can and

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- A. Sure.
- Q. Do you have an opinion about whether Lance Armstrong could have won the tours -- the tours in question, you know, are 2001 to 2004; we will make all of them just so we'll have a wide range -- that Lance could have won the Tour de France without using any performance enhancing drugs? Do you have an opinion?
  - A. Yes, I do and I believe he can.
- Q. Now, let's stop there. We are on point number one. But just so the panel can assess your ability, your background in order to make that opinion, if it would be all right, let's go ahead and turn to your CV, because I'd like for the panel to know a little bit about you. Let's start with where vou were born.
- A. Well, I've been in Texas for 23 years, but I was born in New York City and I went to the -- went to the City University of New York, got my undergraduate at Queens College.
- Q. Now, you grew up an Irish Catholic boy in the heart of New York or outside of New York?
  - A. No, in the heart of New York City in Queens.
- 23 Q. What did your dad do?
  - A. My father was a New York City policeman.
    - Q. And did you think you'd be a cop or a fireman

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- Washington University medical school was the best.
- And it's -- I studied with John Holloszy, who was the 2
  - pioneer in exercise biochemistry, and he's -- he won
  - the sports medicine prize for his discoverles in
- 5 exercise biochemistry. By the way, that's like the
- 6 Nobel Prize in sports medicine. It brings with it
  - \$500,000. So he was the second recipient of that.

So I went to study with him in the

Department of Preventive Medicine with the idea of taking my knowledge of the human body's healthy

responses to exercise and looking to see how they 11

might improve people in general. I first started 12

studying men who had heart attacks, who had ischemic 13

14 heart disease, went through cardiac rehabilitation.

15 Really, it doesn't matter whether I'm studying people

whose hearts are sick. I'm looking to see how they 16

can adapt with exercise. We're studying the elite

athletes like Lance Armstrong. They really represent

18 19 just different ends of the same continuum.

- 20 Q. Which, by the way, does Lance Armstrong have 21 a large heart?
  - A. Yes, he certainly does. There's no doubt about that.
  - O. Doctor, what I want to do, I want to do this differently than a jury trial, because we've got three

3 (Pages 1505 to 1508)

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panel members and I think -- I'm trying to figure this 2 out, but it's over three-quarters of a century of experience, legal experience, so I don't want to do this like I would a jury trial. What I want to do is just go through your resume briefly and do a summary, but you've got a lot of honors. Pick -- and just very 6 7 quickly, what are the top three you're most proud of, three or four? And just tell the panel so they'll

know a little bit about who you are. A. Yeah. Probably the first one listed there is the most recent and that I've been selected as the citation award winner for the American College of Sports Medicine, which is the premier sports medicine organization in the world. It has about 20,000 members, and each year they select about four to receive a citation award. One person gets an honorable award. So I'm receiving the citation award this year. I -- probably fourth down. I was the keynote speaker.

- Q. Keynote speaker, that means you're the one they focus on the most?
- A. Yes, before the Sydney Olympics in '99 they had a scientific congress where hundreds of scientists, thousands around the world attended. I gave the keynote address, top lecture in physiology,

Page 1511 Q. Okay. Your resume is how many pages?

A. 24.

Q. How many -- in general, how many articles, book chapters, have you written in your career?

A. Counting peer reviewed articles and peer reviewed book chapters --

Q. And peer review means somebody --

A. Well, somebody -- scientists review it and they decide whether it's good enough or not and suggest changes, if necessary, or reject it. 140.

Q. And so what I want to do --MS. BLUE: Lynn, if you'll just start putting up pages.

Q. (BY MS. BLUE) And, Doctor, just tell us what are we looking at, what kinds of articles? Sort of what I'm doing for the panel is --

A. If you go back one, that's the professional societies I belong to, which, again, is important, because that tells you the circles that you travel in, and I've been a member and officer in some of these societies.

 You are active in professional societies, true?

A. Yes.

Q. Okay. Anything else you want to say about

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another lecture in physics of sports. I was honored by that.

I guess number three, from the University of Texas I received the distinguished faculty award in 2002 for the college of education.

- Q. Okay. Which by the way, if the World Press, American newspapers prints -- in the past when the press wanted to know how did Lance Armstrong win, his physiology, are you the man that was appearing in all the newspapers, or a lot of them?
  - A. A lot of them, yeah.
  - Q. In the New York Times?
- 13 A. Yes.

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- Q. What else? Washington Post?
- A. Washington Post, Chicago Tribune, Miami 15 16 Herald. I mean, it's listed in my CV and on the web 17 page, not this one.
- Q. A lot of them? 18
  - A. Many.
- 20 Q. Been on CNN with Doctor --
- 21 A. Sanji Gupta.
- 22 Q. Okay. That's a good show. And the issue,
- 23 when the World Press wants to know, gee, how did Lance 23
- 24 do it, are you the one they ask?
- 25 A. They have.

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that?

A. No.

Q. Let's start with these, all of these articles.

MS. BLUE: And can the panel members see? ARBITRATOR FAULKNER: If you can blow them up a little bit more.

O. (BY MS. BLUE) Now, which ones do you want blown up that give a good gist of -- what you do for work? What do you look at, what do you study?

A. Well, you can see a mixture. I mean, just look at the -- the two things you look at here, you can look at what the journal is, these are the top journals in physiology. In physiology in general, not just exercise or applied physiology. And Applied Physiology is the top journal of applied physiology, that's one of the most recent -- one of the more recent papers on Armstrong. This is number 86 of the peer reviewed original data scientific articles.

Q. And we're going to -- after we do this, we are going to put number 86 up there since it's very relevant to this arbitration --

A. Right.

O. -- and just talk for a few minutes about 25 that. But before you go on, let me go ahead and offer

<sup>4 (</sup>Pages 1509 to 1512)

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into evidence Exhibit 122 and ask Sean if it would be all right to pass these out, and I have one for Respondents' counsel.

MR. TILLOTSON: Thank you.

Q. (BY MS. BLUE) All right. Go ahead.

A. In this study we fed endurance athletes limited amounts of fat and carbohydrates at one meal. We showed that when you eat a very low fat diet the amount of fat inside your muscle fibers goes down and you don't burn much fat during exercise. And it gets you into the whole idea of what's the healthiest diet to eat --

Q. Tell us, please.

A. -- especially if you're active.

Q. What's the best diet?

A. Well, the best diet is one where you're expending as many calories as you're eating so you don't store calories or gain fat. So it really depends. The best diet -- it all depends on what are your goals to say what's best. So we do that where we are studying -- essentially we're just studying how when we feed people different things, different fats and carbohydrates, how their muscles adapt on a biochemical level and how that might have healthy

benefits that would allow them to then not accumulate

Page 1515 endurance performance. You know, what limits a

person's ability to perform prolonged exercise, be it
 from the parts of their body, the physiology, and be

it from how they train, how they eat, the entire -the entire composite of -- of healthy biology.

Q. Okay. By the way, you're married?

A. Yes.

O. Two kids?

A. Yes.

Q. Are the two kids into sports-related activities as well?

A. Well, my daughter -- horses aren't very sporty. She was an equestrian rider, which that takes some athletic skill. And my son was a competitive diver at the University of Hawaii, platform diving, ten-meter flipping and that stuff.

Q. And your wife, she does something interesting. I know she's working on some renovations, but she does a non-profit or --

A. Yes, she's a nutritionist and she started a non-profit called Keep it Healthy.org aimed at minorities in a certain zip code in Austin. And she speaks Spanish as far as providing health education and diet and just some resources for -- to serve people.

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body fat, either in the muscle or in fat cells throughout their body and, therefore, not have a tendency to become obese and diabetes.

So our whole approach is to study healthy people and find out what really is healthy. You can't really decide what disease is until you first understand what the appropriate healthy response would be, and that's why we often study endurance athletes because they represent the extreme to which the body can adapt in a positive way. We can take that back and apply it to people who have heart disease or who are obese or who eat very large amounts of fat or who eat the same amount of fat as athletes and don't exercise and what happens to them. So, therefore, you factor out what the importance of exercise is.

MS. BLUE: Lynn, if you could just start rolling through the pages.

Q. (BY MS. BLUE) Because out of the hundred or more articles, I see nutrition during and after exercise, carbohydrate feeding, athletic performance. As Lynn keeps putting up these articles, in a nutshell, tell the panel what's your specialty. What is the gist of the articles that you -- that you've written?

A. Well, my specialty is the physiology of

Page 1516

Q. Okay.

A. And she was a professional tennis player.

Q. You've gotten into tennis?

A. Yes.

Q. Let's continue with your resume. And now that the panel members have a copy of your 20-plus page resume, you've talked about your articles, you've spoken all over the United States, true?

A. The world, yes.

Q. Okay, all over the world. Is there anything that you think the panel should know in conclusion about your resume that we haven't talked about that's relevant to the Lance Armstrong arbitration and why you're qualified to testify on number one, and I'll call that the cheating point. Can Lance win without cheating? Anything else in your resume you want to talk about?

A. Not in particular. I think in general, you know, I've had an interest for 30 years now in factors that limit endurance performance. So this has been a passion of mine. Although most of my funding comes from health, you know, this is -- this is very important to me.

Q. I notice that interesting presentation. I just saw this. Some of these are in French, La

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Page 1517

restitucion de Carbohidratos durante -- oh, no.

- A. Well, you picked up -- that was in Argentina.
- Q. Oh, okav.

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- A. So these are the ones I haven't had a chance to translate. So I took -- these are right out of the Spanish translation.
  - O. Okav. And the French one above that?
- A. Yes. So that was just a few months ago. If you go back, you know, you'll see I give many international lectures.

ARBITRATOR LYON: Let me ask you a 11 12 question.

13 MS. BLUE: Please.

> ARBITRATOR LYON: Do you have anything to do with designing the diet for these endurance athletes?

THE WITNESS: Not the teams. Some of my former students have gotten into that business, even working with some of the professional teams and traveling and doing the diets, but I don't do that. But they often take our recommendations. We were -my laboratory was the laboratory that came up with carbohydrate feeding during exercise. Even before it was popular, we told athletes --

MS. BLUE: Can you keep your voice up?

Page 1519

- related to insulin responses. We've worked out the --2 not only what the best amounts and types of foods are,
- but what the mechanisms by which that happens. 3 4
  - That's -- we are in collaboration with John Ivy at the University of Texas.

So they know, the athletes know exactly how much they have to eat, and if they don't replenish their gas tank essentially, fill up, they're going to have a hard day the next day.

ARBITRATOR LYON: But what do they eat? I mean, what -- I mean, do they just -- they just -you just tell them, okay, eat carbohydrates, so much protein and they figure out what they want?

THE WITNESS: Yes, but we give them choices. I mean, they're -- they love pasta, of course. It's high in carbohydrates. Pasta, breads and jams, bananas, you know, those are the mainstays. Probably 80 percent of their carbohydrate comes in that form. While they're exercising they'll be drinking sport drinks, you know, which are essentially just water and sugar, or they'll put some starches, maltodextrins with this. There's nothing secret or magical about any of the food that they take. They're really just convenient and good tasting and available when they need them.

Page 1518

THE WITNESS: We told athletes how many grams of carbohydrates they should be ingesting each hour of exercise and what's the best type of carbohydrate. So we have been providing that kind of scientific backdrop to them which they then apply however they feel is best.

ARBITRATOR LYON: For instance, I really wanted to ask this of Mr. Armstrong yesterday, but I didn't want to keep him in here any longer. What kind of diet do those guys go -- what do they eat when they're doing what they do during the Tour de France?

THE WITNESS: They eat a huge amount of 13 calories, about 8,000 calories a day, and, you know, that includes taking a very large amount of carbohydrates. So they eat on the bicycle a lot. During the first three or four hours of that six-hour race they're eating. It's like a rolling meal. They have to meet the caloric needs. And then afterwards they know they need to eat so many grams of

- 19 20 carbohydrate every hour. So there's a big bowl of
- 21 pasta, bread, jam, so much protein along with it. And
- actually it's been the University of Texas, our 22
- 23 research that has shown how many grams of carbohydrate
- 24 and the benefit of getting protein to the carbohydrate
- 25 to speed recovery of muscle glycogen. And that's the

Page 1520

ARBITRATOR LYON: Okav.

Q. (BY MS. BLUE) You said their diet is about 8,000 calories. What's a normal diet? Like for a male like in this age range over here, how much would these gentlemen --

- A. Between two and 3,000 calories a day.
- O. So it's like more than twice?
- A. Yes, always. You can imagine when you're cycling for six hours a day how many calories -- I mean...
- O. Dr. Coyle, how many students -- or I'm sorry, how many athletes have come through your laboratory at the University of Texas since you -- well, you've been a doctor since late '70s and you've been with UT --
- A. Yes, I've been a Ph.D. since '79 and at UT since 1982, so --
  - Q. So over 20 years?
- A. Yes.
  - Q. At UT?
- 20 A. At UT 23 years.
  - Q. You're a full professor?
- 22 A. Yes.
- Q. How many athletes have you studied, first of 23 24 all, in general?
- 25

A. Oh.

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Page 1521

Q. At your lab.

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A. In my laboratory at Texas, well over a thousand.

Q. How about cyclists?

A. The majority have been cyclists, so I would say we probably studied 1,500 to 2,000 athletes in general and over 1,000 have been bicyclists, competitive bicyclists.

Q. Now, we are still in point number one. Let's talk about Lance Armstrong. Did you study Lance Armstrong?

A. Yes.

Q. Tell the panel about how you met Lance and your studies between 1991 and 1999.

MS. BLUE: And while you're doing that, Lynn, if you could put up --

Q. (BY MS. BLUE) You wrote an actual article on Lance, did you not?

A. Yes.

Q. And this time I'll go ahead and offer -well, it's already part of an exhibit, Respondents' Exhibit 33, if the panel would like another copy.

ARBITRATOR FAULKNER: Are you going to offer 122?

MS, BLUE: Yes,

Page 1523

1 colleagues -- you know, some of the other bicyclists

2 said you need to come in and see Dr. Coyle in his lab.

And so one of my former students, Chris Murphy, actually, who was a kinesiology student, he was ranked fourth in the U.S., I think he finished fourth in the Olympic trials in 1982, just missed

7 making the Olympic team, but he went to medical school
8 and is now a practicing physician in Calcutta. Chris
9 brought Lance in. They were friends, and another

bicyclist coming in, a young kid, a lot of potential.

Q. Young kid means what, how old?

A. He was 20 at the time and, you know, was full of energy, and he was a triathlete who decided to become a bicyclist and everybody was curious, you know, how good he could be and all. So we have seen a lot of young kids come through.

And so Lance came in and, you know, I spoke with him and I think after the first visit, after getting to know each other, he came back in and we started doing some of the preliminary testing of which you see there. My interest had been in -- you know, we had made many of the observations of here's a cyclist that's already very good and let's describe him as he's already very good. We tested the former

Page 1522

ARBITRATOR FAULKNER: Are there any objections to Dr. Coyle's resume?

MR. TILLOTSON: No.

ARBITRATOR FAULKNER: It's admitted.

MS. BLUE: I have Respondents' Exhibit 33 up on the screen. Would the panel like another copy

or would you -- you can refer to it.

ARBITRATOR FAULKNER: I can refer to the one we have.

MS. BLUE: That would be Respondents' Exhibit 33.

Q. (BY MS. BLUE) While they're looking for that, tell the members of the panel, how did you meet Lance and what did you do with him from '91 until '99 --

A. Well, Lance --

Q. -- which is what the article was based on?

18 A. Yeah. Lance came into my laboratory in 1991.

19 I remember I took a long history of testing endurance

20 bicyclists and using them in my studies of

21 carbohydrate feeding through dehydration. And, in

22 fact, we had a study -- the U.S. national team in

23 1987, many of the former amateurs became professionals

24 right before Lance's era. So when Lance started

25 cycling and he moved to Austin, some of his

Page 152

1 U.S. professional champion, Norm Alvis, and ten other

top American cyclists. My interest after that pointin time was finding some young cyclists who were just

4 beginning their career and studying them over a long

5 period of time to see -- really to see what happens,

6 not how -- what makes you a good cyclist when you've

7 already won the very top races, but what allows

8 somebody to develop their potential to mature from

9 being a 20-year-old cyclist into a 28-year-old cyclist

or 30-year-old cyclist. That's about the age when

most endurance athletes reach their peak performance.

Q. When they're 28?

A. In their late 20s, early 30s.

Q. So tell us exactly, what did you do with

Lance from -- what was it, '91 to '99?

A. We published --

Q. Is that right? Is that how many years you were with Lance?

A. Yes, that's right.

Q. And just tell us very briefly, because I know it's in a PowerPoint. When you saw Lance, how many different occasions did you see him? How many times?

A. We tested him five different times.

Q. And when you saw him the five different times, would you spend a couple of hours with him?

7 (Pages 1521 to 1524)

Page 1525

- A. Yes, between one and three hours.
- 2 O. And did you do tests on him?
- 3 A. Yes.

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- Q. And you're going to talk about those tests inyour PowerPoint?
  - A. Yes.
  - Q. And were those tests able to let you have a good basis here today to tell the arbitration panel how Lance could win without drugs?
    - A. Yes, I think so.
  - Q. Okay. If you could, let's go to the second page. By the way, this is the article you wrote on Lance Armstrong?
    - A. Correct.
  - Q. And on the second page you can see, if you could blow this up, because -- does this give a sense of kind of what was Lance -- Lance was capable of. We all know that he was the official winner of the Tour from -- well, seven times, but these are the kind of things that Lance won even before the Tour, correct?
    - A. Correct.
  - Q. Does this kind of give a time line of some of his wins? And then I see in there that you have that he got cancer. And it's a good way that the panel can just see a time line of his wins and his cancer,

1 A. Yes.

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- 2 Q. Confident?
- 3 A. Yes.
  - Q. Direct?
  - A. Yes.
  - Q. Sort of in your face, kind of no holds barred?
  - A. Not really. I mean, he's that way -- in my experience, he's that way in public, but when we would sit down and go over the results, he listened, listened very carefully, was always very respectful, so...
  - Q. Dr. Coyle, you have a great Lance Armstrong story, very short, but it just sort of gives a sense of who he is. Do you remember when a publisher for Cycle magazine came in and talked to Lance?
    - A. Yes, the bicycling magazine.
  - Q. When Lance was just a kid and kind of getting his start?
    - A. Yes.
  - Q. And do you remember when the public -- or the journalist asked Lance do you want to be the next Greg LeMond?
    - A. Yes.
    - Q. What did Lance say?

Page 1526

- correct?
  - A. Correct.
  - Q. You know, I want to stop for just a second. Maybe this is the part that interests me so much, but I want to talk about Lance Armstrong's personality. You met him when he was a kid, when he was 20?
    - A. Yes.
    - Q. What was his personality like?
    - A. It's not unlike it is today. Lance is
- usually himself. I mean, he came in the lab and what
- 11 I usually tell the athletes coming in, kids
- 12 especially, is we know you're already good, we are
- 13 going to test you, but we want to learn from you. We
- 14 don't -- we are not here to tell you you're not good.
- 15 You're already winning races and all. We want to
- learn from you. It's a very intimidating process forthese kids to be coming in. So I always try and
- 18 reassure them. Lance came in very confident. He came
- 19 in already saying I know I'm good. It doesn't matter
- 20 what you tell me, I know I'm good. So he kind of made
- 21 it easy because there wasn't any time to go, I know
- 22 that. We are on the same page. You're good and we
- 23 are going to learn a lot from you, and let's just have
- 24 a good time. So that's always been the give and take.
  - Q. As a kid was Lance brash?

Page 1528

Page 1527

- A. Well, I want to be the first Lance Armstrong.
- Q. Okay. All right. In one or two minutes, because we are about to go to your PowerPoint so we can conclude with point one, why -- if you'll go back to the title page, which by the way, do you know anybody else in the world that has been able to have these studies done on Lance and published an article on Lance Armstrong and the physiology behind Lance Armstrong besides you?
  - A. No.
- Q. Okay. In a nutshell, before we go to your PowerPoint, why does this article -- why is this article relevant to tell the panel that Lance can win without cheating? Why does this article -- the data in this article show that?
- A. Well, I mean, simply it will document that the maturation process of a champion, simply this boils down to somebody who very young had a lot of raw, natural talent and I'm talking about physiological talent here, which is not psychological, but a huge cardiovascular system or ability to produce energy aerobically, just raw power. And I think he kind of reflects in some aspects of life, that is as he got older and matured he became more efficient and just learned how to more wisely apply that power to

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<sup>8 (</sup>Pages 1525 to 1528)

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Page 1529

the purpose which he directed to winning the Tour de France, so just a lot of raw energy as a kid and then he became more efficient, his muscles actually became more efficient at transmitting that raw energy to powering the bicycle and simply he improved his power to body weight ratio a remarkable 18 percent. He --

- Q. Well, let's -- hold on. Say that one more time, because I think that's important.
- A. Well, over the seven-year period that we tested him, his formative years from age 21 through 29, he -- he showed a remarkable improvement in how much power he can generate for every kilogram of body weight. He went up 18 percent and that's because he both improved his raw power ability by eight percent because of muscle adaptations which we ascribe to just the pure result of hard training.
- Q. By the way --
  - A. Okav.
- 19 Q. Okay.

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- 20 A. And then he lost body weight and the two 21 combined equally to cause this 18 percent increase in 22 power and therefore speed with which he could ride up 23 the mountains in France.
- 24 O. I'm kind of stuck on this number, 18 percent, 25 because when you and I talked we were talking about

Page 1531 training, we are documenting that his muscles adapted

- 2 to seven years of hard training and improved their
- power output by eight percent. It has nothing to do 3
  - with EPO. That's simply hard training, changing the
- 5 biochemistry, in our opinion, of the muscle. It is changing the biochemistry of the muscle. In our

opinion, it's because of the change in the types of muscle fibers from fast twitch to slow.

Whether that's the case or not is irrelevant to the fact that we are certain that Armstrong improved his efficiency and therefore gained 12 eight percent more power. You combine that with reducing his body weight about the same amount, eight percent, and therefore improving the ratio, power per kilogram by 18 percent. The simple point is that you improve that much, you can win. You can win. And it just places these other things like EPO into some -some quantitative perspective, some numbers to compare with.

- O. Okav. Doctor, moving right along, what I would like to do next is ask you if you prepared a PowerPoint that gives further basis and confirmation to our number one point, Lance can win without cheating? Did you do that?
  - A. Yes, I did.

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EPO and what percentage that could increase your performance level. What's that number?

- A. The extent to which EPO can raise your maximum oxygen uptake and directly affect your power output would be in the range of five to six percent.
- Q. Why is that important in this case that Lance can get an improvement of 18 percent and EPO can only do five or six percent?

9 A. Well, I think it just puts in perspective --10 people think about drugs and that a super human can take an average person this amount. So we have to 11 12 think about this quantitatively as to what are the extents to which EPO or blood boosting in endurance 13 14 athletes, already good endurance athletes -- by the 15 way, I'm quoting studies that were done on 16 well-trained endurance athletes with VO2 maxes in the 17 range that Armstrong has. Sometimes other cyclists, 18 you know, would raise their VO2 max and, therefore, 19 power output, and I'm talking about in the rage of 20 five to six percent, so certainly there's no doubt 21 that EPO has that amount of influence.

22 So you need to put that into perspective, 23 what are some other percent improvements that can be 24 accomplished. And we're saying that Armstrong, just independent of anything else, just because of hard

Page 1532

- Q. And being mindful that Dr. Kearney was here 1 2 yesterday, because my biggest fear is I don't want to 3 bore anybody or have things be redundant because then 4 people will get, you know --5
  - A. I like to keep this brief and just hit the high points.
  - Q. Okay. But being mindful that Dr. Kearney was here, why don't you give us your perspective.
    - A. Okav.
  - Q. And if it would be all right with the panel, I would like for you to go ahead and tell us why the slides in the PowerPoint give basis to your number one point that Lance wins without cheating.
    - A. May I stand to do this?

ARBITRATOR FAULKNER: Yes, please.

- A. Can we switch over to my computer? And again, Dr. Kearney did an excellent job yesterday and I don't feel I need to repeat much of what he's introduced here.
  - O. Do I need to --

ARBITRATOR FAULKNER: Does defense counsel have a copy of this or have they seen any of this?

MS. BLUE: Yes.

ARBITRATOR FAULKNER: Okay. Just wanted

9 (Pages 1529 to 1532)

Page 1533

to make sure.

MS. BLUE: Are we offering PowerPoint presentations into evidence?

ARBITRATOR FAULKNER: Sometimes. It's up to y'all.

ARBITRATOR CHERNICK: We have received copies of all of them. If they're demonstratives, they're really not in evidence, but they're convenient to have to be able to make notes on as we watch the presentation.

MS. BLUE: I'd like permission to go ahead and offer the PowerPoint afterwards. I have a small problem and that is some of the PowerPoint data just didn't print, so if you'll allow me to do that a little bit later --

ARBITRATOR FAULKNER: You can do that later because we are fairly sure we will be seeing y'all on Monday.

MS. BLUE: All right. Thank you, Mr.

20 Faulkner.

This is a trial lawyer's nightmare.

ARBITRATOR FAULKNER: Do you need to take

a short break while you get that organized?

MS. BLUE: If you need to, Lynn, can you

25 run it off of yours?

Page 1535

1 because they can exercise for hours one day and come

2 back and they'll do it the next day as long as you

3 feed them, and that includes taking muscle biopsies,

4 samples of their quadriceps muscle, a little minor

surgery, getting a plug of muscle that we can measure the fuel stores, the biochemistry in that. And we

the fuel stores, the biochemistry in that. And we also use stable isotopes, carbon 13 non-invasive

8 techniques, because it more fully studied metabolism

9 for health purposes.10 And what I

And what I'm discussing here applies not only to bicycling, but to all types of endurance sports that last from several minutes up to several hours, and Tour de France, of course, is the extreme of endurance sports.

And I always like to start discussing the physiology of the human body by using our car as an analogy, because we work a lot with the cars and mechanics teach us a lot. And the basic points are that we know from the car, which is an instrument that produces power, that you have an engine and the engine burns gasoline, oxygen is consumed, gasoline is combusted and raw power is produced. Well, that's like the raw air aerobic power or VO2 max that we will be talking about.

Q. And what is VO2 max, like in two seconds?

Page 1534

DR. COYLE: It worked before.

MS. BLUE: You tried it out and it worked

before?

MR. BREEN: A break would be good.

ARBITRATOR FAULKNER: Y'all, we will take

about a ten-minute break right now.

(Recess 8:46 to 8:58 a.m.)

- Q. (BY MS. BLUE) Does this PowerPoint form part of the basis of your opinion within reasonable scientific certainty as to why Lance wouldn't have to use any kind of drugs to win?
  - A. Yes.
- Q. And can you do this PowerPoint in about 15 minutes?
  - A. I will try.
  - Q. Okay. What is this? What are we looking at?
- A. Okay, we are looking at -- this essentially is a summary of the research article and it has some other information regarding how the measurements were made. To mention, I direct the human performance laboratory and --
  - Q. Is this it?
- A. These are pictures from it, yes, and we study endurance athletes. You see here males and females, either, running on a treadmill. We like bicyclists

A. It's the maximum amount of oxygen that a person's body can consume in one minute. So it represents, you know, what's the amount of raw energy, raw aerobic energy that this person is capable of producing. And that is limited by the cardiovascular system or, for the most part, how much blood and oxygen the cardiovascular system, the heart, can pump to the exercising muscle. It's that simple. And it's analogous to how much gasoline and air can be burned inside the engine of a car. So it's just raw chemical energy conversion.

The next part is how well can you transmit that raw explosive power. In your car it's just explosions happening in the pistons. How well can you transmit that raw power to power in the wheels and we -- engines, of course, are rated by horsepower and cyclists use watts, you know. By the way, one horsepower is equal to 746 watts, okay.

- Q. In a car or --
- A. Well, one horsepower -- you know, horsepower, before they had cars, they would try and quantify how much work, power, a vehicle or tool could produce and the tools were horses.
- Q. What's a watt? What does that mean in lay terms?

Page 1536

Page 1537

A. A watt is the amount of energy, it's a joule per second is a watt.

Q. Joule, is that a car term?

A. No, joule is a physical term. It's the name of a scientist.

Q. Okay.

MR. BREEN: It means something different to Ms. Blue.

THE WITNESS: Gotcha. You're quicker than me.

A. So my point is horsepower, watts, optimum consumption, they are all units of energy production. I like to use just one, not change. So 500 watts is about two-thirds of a horsepower.

Q. (BY MS. BLUE) Okay. Next.

A. So basically I would like to just kind of take you to the physiology and the analogies are the same.

Q. Why is it important to know this, for the panel to know that Lance didn't need to cheat? I'm trying to figure out what the significance -- why do we need to know this?

A. Well, we will see that -- that Lance started as a young kid with a raw engine that was able to produce a lot of aerobic power. That didn't change

Page 1539

1 training, but by the time he was 19 or probably even

2 younger, he had already developed his -- his heart and

3 his stroke volume and his VO2 max to very high levels.

4 And that's typically what we see with champion endurance athletes. With only a few years of very high.

endurance athletes. With only a few years of very intense training, they develop the raw aerobic energy.

That doesn't change very much. What does improve, we are seeing with -- from year five through ten or later is improving the transmission, and that is improving

10 gross mechanical efficiency.

And, you know, that's allowed Lance to improve his power output and therefore speed when riding by eight percent, and that's the ultimate.

Q. Okay. Next slide. What does this show? Why is this important to the issue on whether Lance had to cheat?

A. Okay. This just shows when we're looking at different body components that the cardiovascular system -- is your computer running slow -- you know, we heard yesterday that there are a lot of components, including having a very big heart, which, you know, I like to say Lance is -- one analogy is Lance is a person who -- he stands five foot ten. He probably -- if he never trained, he had the heart in his chest the size of a person who's about six foot six, okay. I

Page 1538

over the years. Over the years what he improved remarkably was his muscle efficiency which allowed him to transmit more of that raw power to the bicycle and going faster along with the body weight, and so he improved 18 percent. There's a lot of focus on how much you can improve by -- the engine, by maximum oxygen uptake.

Can we look under the hood here? Go back -- go forward. And so if we go -- if we look under the hood in the car, and if we advance this, we can see that under the hood for this -- you know, for this raw aerobic power we have the measurement of maximal oxygen uptake here and we can see that's determined by a number of components just like the car's power is determined by the carburetor and the -- you know, and the fuel injecting system and all that.

We break the body down into the parts that are important. We have heard about to be able to consume a lot of oxygen at your maximum or produce raw aerobic power, you need to have a big heart, big heart that can pump a lot of blood.

O. Lance has that?

A. Has that. He had that when he was young, probably born with it, had a genetic head start. He nurtured that God-given ability with the years of hard

Page 1540

mean, just genetically he was probably born with a large heart.

By the way, he did have an endocardiogram done here in Dallas by Ken Cooper at the Cooper Clinic -- I think he was a young endurance athlete -- confirming that his heart size, his left ventricular chamber was big, not unhealthily big, but close to six -- six centimeters in diameter. So it's, you know, a big heart, probably partially genetic, but years of intense training raised his heart size and certainly raised his stroke volume to very high levels and that's an important component in having a very high VO2 max.

So a simple way of saying it without going into the left ventricular dimensions is he's probably, you know, a five foot ten individual who naturally has a heart the size of a person who's six foot six and he grew it to a heart the size of a person who's seven foot six with --

Q. How did he do that?

A. -- intense training.

Q. Oh.

A. Well, intense training. Doing interval training is especially very important. Having your heart beat at its maximum and going for a few minutes

11 (Pages 1537 to 1540)

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until you fatigue it. The heart is pliable, it's a muscle, it does stretch out and become bigger and stronger. So it's always a combination.

My point is it's always a combination of nature, starting out with a genetic head start, but that by itself isn't enough for endurance athletics. You then have to train that, nurture that for years. So it's a combination of the two.

Q. What does that slide show?

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A. Well, then we studied the biochemistry of the muscle. We chose a subject who we obtained a piece of muscle from their thigh muscle, the vastus lateralis, and in that we measured the biochemistry of the mitochondria.

This is a place where oxygen is consumed inside the cell as Dr. Kearney mentioned yesterday. And we know that endurance athletes triple the number of mitochondria they have with intense training. They also develop more blood vessels around the muscles. 20 They store more fuel, the glycogen granules, 21 carbohydrate. This is lipid, the muscle triglyceride that we've been studying because trained athletes can burn more fat. They're very impressive. That it has also health implications.

Q. Okay. Doctor, just very quickly, because I

1 he's won his seventh consecutive Tour de Frances.

Q. Right. He was the official winner, right?

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Page 1544

A. And this shows him in my laboratory.

MS. BLUE: Why don't you turn off the light for two seconds. Okay, now you can turn it on.

Q. (BY MS. BLUE) And what's important about that slide?

A. Nothing. It shows him when he was younger and we both were a little bit younger. And he's riding a Schwinn Velodyne here and there's a lot of comments at deposition of what class of ergometer did you use. We use multiple bicycle ergometers. In a single test we'll use our standard laboratory ergometer which we would calibrate, which we know the power is absolute.

And then in addition to that for another 30 minutes sub-maximal ride we will have the cyclist ride their own bicycle because they appear more comfortable on that and we look to see if their lactate responses on our ergometer versus theirs are any different. So they like information about riding their own bicycle, so we do both.

- O. What's the next slide?
- A. This simply shows him when he's a little bit older, more recently. Young Lance.

Page 1542

really want to move the PowerPoint along. Back when you were studying Lance over the seven years, eight? I'm sorry, I keep forgetting. How many years?

- A. Yes, seven years he reported.
- Q. Was it ethical? Were you able to take a piece of tissue, say, hey, Lance, how about giving me a piece of your muscle tissue and doing biopsies like you're doing on this?
  - A. Yes.
  - Q. Could you do that back when he was --
- A. Well, we asked him and he said, yeah. So we said, well, when can we do it? When is the racing season? Is it going to hurt? Will it affect my performance? He finally said yeah. Then we said, well, we can't do it right now. You've got to come back next week. We have to get approval from the university and all that stuff. And, you know, the approval didn't fit when he was in town and we just never got the muscle biopsy.
  - Q. Okay. Next slide.
- 21 A. We are still -- he says yes.
- 22 Q. I'm sorry?
- 23 A. He says yes.
- 24 Q. What's this slide?
- 25 A. Well, this just shows a picture of Lance and

Next slide. You've heard all this and you went through his accomplishments.

And here, next slide. Had brain cancer certainly, an operation.

Next slide.

- Q. And that takes us to what year? Let's see, the brain cancer is '96?
  - A. Yes. I can show you on --
- Q. It's brain, testicular and lung. It was found in three places in his body?
  - A. Correct.
  - O. Called advanced?
- A. Yes.
  - O. What does this show?
- 15 A. This simply shows a time scale where we put 16 all the data together.
  - Q. Do you need the next slide?
  - A. Yes. So we began studying Lance when he was 21. It gives the age and the years. He won his first world championship, we heard, as a young kid. He went out there, big engine, lot of guts, broke away and beat Miguel Indurain in a one-day race.

23 He was diagnosed and came up with cancer, 24 had chemotherapy. He came back remarkably to finish 25 fourth place in the world championships the next year

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and then he won his first Tour de France in '99. So that's the time period over which we were studying Lance.

As I mentioned before, we found that -- which is typical of what has been reported before, that athletes who have trained for a number of years already don't continue to show improvements in certain variables like their cardiovascular system and their raw aerobic energy production, and indeed Lance was stable in those values during this seven-year period.

Q. Why was that important?

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A. Well, it says that we know he's improving during the seven-year period, and everybody's -- there's a lot of focus on maximal oxygen uptake and raw aerobic power, because this was one of the first scientific measures made in exercise physiology and it does relate to endurance performance, but you see correlations. And certainly some physiologists and some cyclists are ill-informed when they say that VO2 max is the only factor that determines endurance performance. It's one of many, as we see in the model.

Q. Why is that important when you're trying to figure out something to help the panel about why Lance -- I mean, Lance didn't have to cheat? Why

Page 1547 of the -- someone who's an elite cyclist to have that

ability to have a heart rate of 200?

THE WITNESS: No. Very good. His -- an average cyclist his age, his size would have a maximal heart rate of 180. In fact, you often hear the value of 220 minus your age for your maximal heart rate, and actually it's a little lower than that in trained athletes because training lowers your maximal heart rate.

Lance is remarkable in that his maximal heart rate, especially for somebody who's pretty large for a bicyclist, and larger people tend to have lower maximal heart rates, not higher. So his -- you know, his having a high -- it's very rare to see competitive cyclists and especially people his size with heart rates above 190. Certainly very few. I've never seen anybody with heart rates above 200. His was 207. And you can see it remains high. He's human. It does come down with age, that's typical of everybody. We lose about one heartbeat per year at maximum. Still his maximum heart rate is 200 beats per minute. That gives him, in and of itself, a five to ten percent advantage over other bicyclists. A heart that can beat more frequently at maximum while still pumping a lot of blood is going to have that advantage.

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do you need to consider everything?

A. Well, because a person's performance is the sum of all the components. And all -- since one component doesn't change very much, that doesn't mean his performance should not be improving, because he -- his raw power is not changing, but his efficiency is changing remarkably.

Q. Okay.

A. So -- anyway, so those are the things that were stable. These report what his maximal oxygen uptake values were just from time points that we measured him. Of course, the important thing is the highest values will be when he's in his best shape, when he's measured in the racing season, so we made measurements here in racing season. But for our testing it's most important to be as standard as possible with Lance to get him as close to the same time of year for the same season, preseason, and to make our measurements as, you know -- you know, as often as we practically could make those measurements over the seven-year period.

ARBITRATOR LYON: Let me ask a question. On there there is a maximal heart rate?

THE WITNESS: Yes.

ARBITRATOR LYON: Is that typical for one

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ARBITRATOR LYON: What's his resting heart rate, do you remember?

THE WITNESS: I don't know. We don't measure that because it's really not an important function. You get a report in the lay literature that it's something easy to measure in people lying down. It does go down as you become better and better conditioned. Your resting heart rate goes down. That really does not have direct relationship to your performance abilities.

Q. (BY MS. BLUE) Okay. Next slide, please.

A. So Lance is remarkable in many factors put together, including that maximal heart rate is, you know, is one -- I appreciate you pointing it out.

Q. Nobody else in the world has this kind of data on Lance other than you, true?

A. Not complete.

Q. Okay. And so he comes in, and you've seen that while he's riding a bicycle, we will be measuring his oxygen consumption. We measure how much air is going in and out. We measure how much oxygen his whole body is consuming. By knowing how much oxygen his whole body is consuming we know exactly how much raw energy, watts of raw power his body is expending, and then we compare that to how many watts of power is

13 (Pages 1545 to 1548)

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being generated on the bicycle. We'll also -- so that's -- I'll go ahead and get into efficiency very briefly. You take blood samples.

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In the previous slide on the Velodyne we had a catheter in the forearm vein, we took a blood sample, we took a blood sample from -- took a drop of blood from a finger stick as we see happening here.

Again, this goes back to what the model is, and, again, a person's performance and their power is dependent -- you can't relate it to any one factor like maximal oxygen uptake or just their blood lactate level. It's a combination of how all of these factors integrate together. And again, remarkably, Lance improved his gross mechanical efficiency.

And we see that here, that we measure efficiency and there's only one way you can define efficiency, is how much you get out. Lots of power are transmitted to the bicycle ergometer compared to how many watts of power, raw power, the engine is producing as we measure by oxygen consumption. It's simply that ratio and it's always expressed as a percent.

And we can see here that, you know, Lance, as typical of many cyclists, had just an average efficiency when he was young, 21.18 percent raw power into bicycling.

Q. This is sort of the last piece of your PowerPoint. Why is this important to form your basis that Lance didn't have to cheat?

A. Well, he improved his power out -- over the seven-year period we studied him he improved his power output in just absolute terms by eight percent, eight percent more raw power, and he reduced his body weight by eight percent. The quotient of those two is an 18 percent increase in power per kilogram. That's huge. That's a huge level. And remember, that's the amount that he improved after having won his first world championships. That's from the time he was 21 years old to his -- winning his first Tour de France.

Next slide. And again, what I want to get into is we are often asked how can you explain this improved -- improvement of muscle efficiency, and that's something that's of great interest to me because I've published papers prior, long before studying Lance, relating muscle efficiency to the types of proteins you have in your muscle, the biochemistry of your muscle, whether you have slow twitch or fast twitch.

You can see here the muscles are made up of proteins, kind of like pistons in the engine that

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efficient. There are different ways you can measure efficiencies, just the gross efficiency, or if you

- efficiencies, just the gross efficiency, or if you
  want to get a measure of efficiency that relates more
- 4 not just to the whole body, but something specific to
- 5 the muscle itself, you measure delta efficiency, that
- 6 is the change in energy his body has to put in or how
- 7 much increase his muscle -- how much increase his
- 8 muscles -- how much his muscles increase oxygen
- 9 consumption relative to how much the -- the power is
- 10 increased on the bicycle itself. So the delta
- 11 efficiency is a -- is a reflection more specific to
- 12 the exercising the muscles rather than the whole body
- 13 where other processes in the whole body going on where
- 14 your heart is beating, your diaphragm is moving,
- 15 things like that. It's a technical point. It really
- 16 does not differentiate our values because we see the
- very same trends in gross efficiency, in deltaefficiency.

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The point is Lance early on was only 21 percent efficient, which is average, and he's improved that remarkably to 23 percent.

22 Next slide. In fact, I think you'll see 23 eight percent coming over. That's an eight percent 24 increase. And again, you know, that is all -- it's 25 due to factors which allow him to better transmit that Page 1552

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- capture the energy, then transmit that energy throughthe drive train to the wheel. And so these are the
- pistons, actually, the little motors in the muscle,
- 4 and when we -- our muscles break down or use this
- 5 chemical energy ATP, 20 percent goes to power and 80
- 6 percent goes to heat. And, you know, that's typical
- 7 of biological reactions. By the way, cars are much
- 8 less efficient. People are -- cars are eight percent
- 9 efficient or whatever, so people are 20 some odd 10 percent, so we are much better energy converters than
- 11 combustion engines.

So I'm very interested in what the chemical process is here, but that doesn't really matter. The fact is we are showing for the Armstrong case here how much we are confident that his efficiency and power output is improving by the eight percent. There's no doubt about that.

And so if we then look over the years

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Q. What are we looking at?

A. Well, we are looking at -- over Lance's maturation from age 21 through 28, over the -- over this period, leading up -- the seven-year period

before he won his first Tour de France right here, you

25 can see that his -- his muscle efficiency increased in

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Page 1553

a straight line. I mean, it's just remarkable.

Q. Why is that important that it went like up in a straight line? Why is that good?

A. Well, that went over eight percent there. It's -- it's good because, you know, with a straight line there's no interpretation -- there's less interpretation as to what should the shape of that line look like. I mean, the point is how many data points do you need to draw a straight line. If it turns out to be straight, you measure one point and that point and that characterizes the line.

Q. Straight is straight?

A. Straight is straight. And you make a measurement here or here until -- you know, I guess you might hear discussion as to if you really want to have a valid study, wouldn't you equally space the points out. In an ideal world I guess you would. We measured what we could and the fact is it came out to be this relationship.

ARBITRATOR CHERNICK: What is the left

21 axis?

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THE WITNESS: This --

ARBITRATOR CHERNICK: The other left.

THE WITNESS: Oh, this here is body

25 weight, and I'll be getting to that, thank you.

400 watts over that seven-year period. 1

Q. That's good?

A. Yes, more watts, more speed, that's good. Next slide.

Q. I think we have got a couple more.

A. And we have related -- we have done studies not just on Lance, but we studied 20 other elite cyclists doing direct muscle biopsies.

And -- just press it one more. And again.

And we see this here, but we had these cyclists exercise at the same exact rate of oxygen consumption. These are two different groups. One group had predominantly slow twitch muscle fibers, 75 percent slow. The other group had average muscle fiber composition. So these two groups were identical in their VO2 max, identical in what their -- how hard they're exercising for one hour, how much energy their body was producing, how much oxygen they were consuming. But the group who had a higher percent slow twitch muscle fibers were able to produce nine percent more power. They averaged 342 watts in an hour compared to 315.

Q. So your point is slow twitch muscle, that's qood?

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That's my last point I'll be making.

ARBITRATOR CHERNICK: Okay.

Q. (BY MS. BLUE) Okay. Are you ready for the next slide?

A. Yes, please. Well, before we get to body weight, just to put this in some numerical terms, you know, as to eight percent more power, how does that relate to watts? If we made measurements in the laboratory as to when Lance's body is expending a certain amount of energy and we base that when he's consuming five liters per minute of oxygen, you know, that's our currency of bodily energy production, oxygen consumption. So that's held constant. And that represents, by the way, 83 percent of his maximum, okay. And that's -- he can exercise five liters or 83 percent of his maximum for at least two hours. I mean, that's -- you know, that's well below the intensities that you see him finishing races at.

But you can see here that's a sub-maximum 20 intensity. It's something that's not very difficult 21 for him. He can ride for several hours. He's in a 22 steady state. And we can then quantify exactly how many watts he's producing. And you can see here that wattage has gone up. I mean, 374 watts is remarkable 25 for a human. But that's gone up eight percent to over

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A. Yes, slow twitch is good. And this agrees along with the idea that the seven years of training, Lance's maturation and the seven years of training leading up to him winning the Tour de France occurred by him increasing his power output by eight percent. And we would predict he did that by changing his muscle fiber composition. He converted fast twitch muscle fibers into slow twitch muscle fibers, which chemically are more efficient for the reasons I've shown.

So we've done other studies that support our theories as to how Lance might have accomplished that, but we have not done the direct measurements in Lance. That's not --

ARBITRATOR LYON: Do you do that with a needle? Is that how you do it?

THE WITNESS: Yes, a needle is a loose interpretation of the word needle, because it's about this -- it's actually this big. That goes in about this deep. But it's not -- it doesn't -- it doesn't hurt.

> MS. BLUE: Unless it's you. MR. HERMAN: Right,

ARBITRATOR LYON: Have you had it done to

yourself?

15 (Pages 1553 to 1556)

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THE WITNESS: I've had about 20. MS. BLUE: Would you be willing to do it now in front of the panel?

- Q. (BY MS. BLUE) Now, are we going to muscle --
- A. We are going to body weight and hopefully finishing up, because body weight, we have heard a lot about that.
  - Q. Now, we are changing topics to body weight.
- 9 A. Yeah, So he's increased his raw power to 10 eight percent.
  - Q. And that's good?

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- 12 A. That's good. And now he's reducing his body 13 weight and that's good. And how much has he reduced 14 his body weight?
  - Q. Because it's the sum of the parts?
  - A. Yes. So, you know, there's the data. These were the data that were published in our Journal of Applied Physiology study on the top here, so I just cut and pasted that in. That wasn't on the original, but that's the same one.
  - Q. Where does it show he's drinking beer and eating Mexican food?
  - A. Well, I don't know. Are you signing above this line?
    - And so I put this in kilograms and I put

O. Compare his body weight with Lance's.

A. I don't know exactly what Ulrich's body weight is.

Q. Is he a bit heavier?

A. He's heavier. He's certainly heavier than Lance and I believe he's fatter, although I haven't seen any published data on that. There's always discussion in the press that Ulrich is too fat. I don't know. You hear all these things.

O. Is that one reason why Lance could be really good at hills and he could be better than his competitor because Lance is --

A. Oh, yes, there's no doubt about it. When you lose ten pounds, when you lower your body weight ten pounds, you know, or six percent, I mean, that means that you can ride up those hills that much faster, four to six percent faster going up those hills. So there's a direct proportion to how much you lower your body weight and how much faster you can ride up the hills. I mean, that's why these cyclists are obsessed with losing -- you know, they talk about losing 100 grams on their bicycle.

Q. How many paper clips is that?

A. 100 paper clips, I heard. So the point is if you lose a pound, that represents 500 grams. A pound

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- this in pounds also just because we are going back and
- 2 forth. So the point is that normally -- when he's a
- 3 little younger, he's a little heavier. You know, this
- 4 was after chemo, by the way, eight months after
- 5 chemotherapy in August when he was deciding whether he
- 6 could race again. He came to my laboratory and we --
- 7 you know, we made measurements and his body weight had
- 8 returned back up to, you know, the mid 170s, there --
- 9 this period here, 79.5 kilograms, and so -- and these
- 10 represent the self-reported data from Lance where I
- 11 would ask him what was your body weight when you raced
- 12 in this race or in the Tour de France. Just as we
- 13 heard him yesterday, you know, how much did you weigh,
- 14 and he was saying 72 kilograms, 73 during this year,
- 15 73 and a half.

no-brainer.

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The important point is that he learned that, you know, early on in his career he's a bit heavier and then decided he was going to focus on the Tour de France and try and win that race, and to win 20 that race you have to be light. You have to be light 21 to climb those very steep mountains and that's a

- 23 Q. Well, when you say it's a no-brainer, do you 24 know his big competitor Jan ---
  - A. Ulrich in Germany, yes.

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1 of body weight is 500 grams, 10 pounds is 5,000 grams. 2 Look, there's no comparison. When cyclists want to

- 3 reduce the weight of them and their bicycle, by far,
- 4 by orders of magnitude of ten or 20-fold the most
- 5 important thing to focus on is your body, not the
- 6 bicycle. The bicycle only weighs 10, 12 pounds to 7

begin with, you know, everything. I mean, come on. So reducing body weight is the key. And

9 why the sport of bicycling, especially the Tour de 10 France, hasn't emphasized that more importantly over

- 11 the years is just beyond me. It's -- and I have
- 12 opinions as to why that is, is they're more interested
- 13 in surviving the Tour de France, you know, than winning it. They have this mentality that from early 14
- 15 on in racing it's like I've got to do whatever it
- 16 takes just to survive this, you know, and you want to
- start that with as much reserved fat. You don't want 17
- 18 to have to abandon the race, you know. But if you 19 want to win the race, you know, you do whatever it
- 20 takes and that includes losing body weight.

And hopefully in a question and answer period I can follow up on that with the idea that

- 22 23 Lance is literally -- he goes hungrier, he's hungrier.
- 24 He says for the two or three months before the Tour de
- 25 France I'm going to be hungry. I'm going to lose some

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Page 1561

body weight and that's important. I'll do what it takes, because I know -- I know that saving ten pounds is remarkably important. Why his European competitors don't do the same is just beyond me. It's --

- Q. Okay. Let's go ahead and finish the PowerPoint, because we have some more to cover.
  - A. So anyway.

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- Q. That's him training in the high altitudes which he loves to do?
- A. No, that's him racing because he's wearing the yellow jersey.

Anyway, so the point is his watts went up eight percent, his body weight goes down about eight percent and the quotient results in having more watts per kilogram to go up the steep mountains and ride away from his competitors when he has to. And we have heard how important it is that his team makes sure that he's rested, that during the first -- you know, these are five to six-hour races and the first four to five hours he expends as little energy as possible and he waits until the last 20, 30 minutes of the race, the steepest hills, and he knows that's when he's going to produce as much power as he can and he's

confident that he can produce more watts per kilogram 25 than anybody else, and if they're suffering -- well,

win, didn't have a lot of finesse, didn't have a lot

2 of efficiency. 3 Over seven years remarkably developed his 4 efficiency and lowered his body weight and went on to

become the winner of the Tour de France in '99.

- O. And that adds up to -- next slide is?
- A. I think the end.
- Q. No, it adds up to a little picture that I thought --

MS. BONE: It's going to be 79.

THE WITNESS: You know this better than I

12 do.

> People say that is he a genetic freak, how could this possibly -- what explains all this. And I'll be happy to entertain any Vince Young analogies if you watch American football, because he made it look too easy, Vince Young, I mean, because he was good. You know, Vince Young was good at passing and running both. He didn't have a weakness and he made it look easy. Is he a freak, alien, what?

Next slide. People always look -- how do you explain this? You can't explain this. It must be. It's a matter of probability.

Q. (BY MS. BLUE) What's this slide? What does this all mean? What is the point of this slide?

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if he's suffering, he knows they're suffering even more.

Q. Okay, Doctor, let's go ahead and conclude the PowerPoint.

A. So it's -- if you estimate how many watts of power he can produce during these bursts when he rides away from his competitors for the -- you know, for the last five to 15-minute period of the race, you know, base upon my calculations of VO2 and efficiency and knowing him, you know, I would estimate that he can maintain about 500 watts when he weighs about 71 kilograms and that works out to a power per kilogram ratio of seven watts per kilogram. So that's numbers that bicyclists throw around, you know, as to performance.

Q. Okay. Next slide.

17 A. So it's a matter of putting these points 18 together, a kid with raw energy, a lot of aerobic power. That doesn't change much over the years. He's 19 20 shown remarkable improvements in his transmission by 21 increasing his efficiency and lowering his body weight 22 and those add up to a remarkable 18 percent improvement in the power of the kilogram body weight. 23 24 So he went from a young kid who won one-day, a world

championship with raw power and drive and eagerness to

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A. Well, this slide, again, is a mathematical expression. And that is if Lance were -- you know, 3 Lance is the best endurance athlete on the planet. You say how is that possible? You could say, as the press has said, that he's one in a billion on the planet. What does that take? Does he have to be a genetic freak or super human in any one component? My point is you don't have to. You just have to make sure you don't have a weakness, okay, that you identify your weakest link and you improve that as much as possible, and that's what I believe Lance has 11 12 accomplished. 13

My point here is if we take just these factors and add them up as to what it takes to be one in a billion, you can see all these lines are connected. My point is it's a probability statement. A person who is a competitive bicyclist who trains for a number of years only has to be one out of ten in muscle capillary density, blood vessels around the muscle that release -- that remove the lactic acid, one out of 20 in stroke volume, heart size and how much blood they can pump, one out of two in hemoglobin content, one out of five in the mitochondria or the aerobic enzymes where the raw energy is produced, the technique of bicycling one out of ten, and then

17 (Pages 1561 to 1564)

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percent slow twitch one out of 500, which I believe is 2 very important for -- for being efficient, and Lance's 3 efficiency certainly is raised from being very average or below average to being superior from years of hard 5 training. We have documented that.

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The point is if you multiply 10 times 20 times 2 times 5 times 10 times 500, the end -- the end product of that is one in a billion. That's all it takes. You don't have to be a genetic freak. You just have to make sure you don't have a weak component or that you identify your weak component and you improve that, so...

- Q. That's your mathematical analysis of --
- A. Yes, that's my attempt when people say, well, 15 this person must be a freak. They say that thinking that there's only one component that fits in there and in reality, the way to win is to make sure that you don't have any weaknesses.

And we have seen that with Lance 20 Armstrong. You know, his weakness had been his muscle efficiency. He improved that remarkably. He doesn't have bad days when he races. He has a great team. He has a plan. And I hope we get a chance to discuss what he does well in his training before the Tour de 25 France, because what he does is he rests and he goes

A. Correct.

O. All right.

ARBITRATOR FAULKNER: Before you go there, can I ask you a question? On the previous slide you had a notation on the top left of resistance one in ten. What does that refer to?

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Page 1568

THE WITNESS: Yes, that's the aerodynamics. And what I hadn't shown is up here, this is all the bike design and the cyclist design that I was talking about. So this is the drag that the bicyclist encounters when they're riding.

ARBITRATOR FAULKNER: Okay.

THE WITNESS: I didn't go into that because I wanted to focus just on the physiology. What you see in the video as to how important it is --

ARBITRATOR FAULKNER: I didn't know if you meant resistance to pain in some quantifiable way. You answered my question, thank you.

> MS. BLUE: Thank you. May I proceed? ARBITRATOR FAULKNER: Sure, please.

- 21 O. (BY MS. BLUE) Okay. Let's change topics. 22 And if you could put up Respondents' Exhibit 33. You 23 wrote this article?
  - A. Yes.
    - O. Is it science?

Page 1566

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into it rested and prepared, not like his competitors
wind up going into the race tired. They ride the Tour
of Italy, they ride the Tour of Switzerland. Why do
you want to do that before you're starting a
three-week Tour de France? That's nuts. That's
absolutely nuts. They're beating themselves.
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But anyway, he doesn't have a weakness and he doesn't have to be super human or a cheater to accomplish all this. And he can improve more, too, I think.

- Q. Okay. And lastly, your last slide, because we have got a bunch of stuff to cover so I'm trying to speed you along.
- A. My last slide, this all fits into what I've been saying for years, or in a research article I published in '91 summarizing the literature as to when you take people, you train them for a number of years from untrained to novice to good, what are the progressions that they show? Early on they develop 20 the cardiovascular system, raw ability and they 21 develop these, and finally they develop muscle efficiency.
- 23 Q. And in conclusion, what you've talked about 24 goes to point number one, how Lance wins without 25 cheating, true?

- A. Yes.
- O. Is it peer reviewed?
  - A. Yes.
- 4 Q. It means people look at it?
  - A. Yes.
  - Q. When it's peer reviewed, is junk science more likely to be published if it's peer reviewed?
    - A. No.
- 9 Q. It's in the American -- I'm sorry -- Journal of Applied Physiology? 10
  - A. Correct.
    - O. Good journal?
  - A. Yes.
    - O. Scientific?
- 15 A. Yes.
- 16 Q. You've been here for some of the testimony.
  - I think Joe Longley for sure, remember, where they've
- accused Lance of cheating? And now SCA's side of 18
- the -- that side of the table, they're sort of 19
- 20 accusing you of cheating in this article.
  - A. The SCA side?
- Q. Right. 22
  - A. Well --
- 24 O. Did they say that it was not based on
- 25 scientific principles and didn't have internal or

Page 1569

external validity and it wasn't valid?

- A. Oh, yes, yes.
- Q. Just so the panel knows, this article wasn't done for litigation, was it?
  - A. No.

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- Q. When you published it, did you ever think you would be sitting here talking to a three-person panel ---
  - A. No.
- 10 Q. -- about Lance Armstrong?
  - A. No.
  - Q. And by the way, when you say peer reviewed, let's just talk just for a second about what that means so the panel knows that this article has been looked at and isn't published in some junk science magazine.
- 17 A. Right. Well, you -- you write the article, you submit it to the editorial office, in this case 19 this is the Journal of Applied Physiology, which is 20 run by a professional society which is the American 21 Physiological Society. The editor then sends it to a 22 section editor who then sends it to three reviewers. 23 The comments come back from the three reviewers in 24 addition to the section editor reviewing it and

suggestions are made for revision, and then you go

Page 1571

- and it just presents a very incomplete picture. You
- 2 know, especially when we talk about human performance
- 3 here where there's no one factor, it's a number of
- 4 factors. And so I -- you know, I heard criticisms
- 5 from my study about what ergometer did I use and what 6
  - test did I do and selective here or there looking for
- 7 criticisms or looking to see if -- what the suspicions 8 of the articles -- of this article is.

9 So it's come under great scrutiny, and 10 from that I can only imagine, you know, what scrutiny Lance comes under and people trying to piece together 11 a certain scenario from isolated bits of data and 12 13 selectively building a case that is just not

- 14 representative of the truth.
  - Q. Well, let's see if you're the lone ranger. I mean, I want to see if Ed Coyle, wow, maybe he's just a lone ranger out there. You know a guy named Dr. Andrew M. Jones from England? He's either from Oxford or Exeter or --
    - A. Yes.
    - Q. Did he do a study of an Olympic runner?
- 22 A. Yes.

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Q. And very briefly, it's got to be briefly, and this is just to show that you're not the lone ranger, why did Dr. Andrew Jones from over in England who did

Page 1570

- through the process of that and then a decision is 1 2 made by the section editor as to whether it's 3 acceptable or not. And the acceptance rate for the 4 Journal of Applied Physiology is -- I think it's 5 published and I don't know what it is, maybe 30 6 percent of the articles submitted are accepted. I'm 7 not sure exactly what it is, but it's a -- you know, 8 it's a high impact journal, it's a very good journal. 9
  - Q. But you know that Dr. Michael Ashenden, who's here today, has criticized your work; you know that?
    - A. Yes.

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- 12 Q. In conclusion to this point, because I think the panel is going to hear from SCA's expert, I want 13 14 the panel to know this term selective data analysis. 15 And as a scientist who's published over 100 articles on the areas you've talked about, why it's unfair to 16 17 say, oh, maybe Lance is a cheater based on this -this principle of, quote, selective data analysis. 18 19 What does that mean?
  - A. Well, the principle is when -- you know, when a person exposes or allows other individuals to see all their numbers and anything they want, then -- then the person you're trusting with that information is able to take those and build whatever case they want out of organizing things very selectively, comparing,

Page 1572

- 1 a five-year physiological case study on an Olympic runner, why is that important to what you did, to 3 prove your study was viable and credible? 4
  - A. Dr. Andrew Jones is a respected scientist. He got his degree at -- Ph.D. from UCLA studying under Brian Whipp. And he's English. In fact, he went -he studied Paula Radcliffe who is the current woman's world record holder to the --
    - Q. She's British?
    - A. She's British, the marathon.
  - Q. Anyway, how long did it take her to do a whole 26.3 marathon?
- 13 A. Oh, you put me on the spot there. I think 14 she's run two hours and 17 minutes, something in that 15 range.
  - O. Good?
  - A. So, yeah, she's --
  - Q. Fast?
- 18 19 A. She's remarkable. He studied her over her 20 maturation period and she improved her running efficiency, just the same order of magnitude that 21 22 Lance did. He studied her first over a five-year 23 period and published a paper on that. And he studied her an additional seven years now. So I just happened 24 to meet him in England, we were on a panel together.

19 (Pages 1569 to 1572)

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Page 1573 And it was remarkable that when I showed Armstrong's 2 data he showed Paula's data, Paula Radcliffe, and, you 3 know, they both improved their efficiency one or two 4 percent every year with continued training. And they both went on to become the world's best in their 6 sports. So our data were in remarkable agreement. 7 Q. Is that more data to base your opinion, that 8 gives credibility to your opinion that Lance doesn't 9 have to cheat? 10 A. Yes. 11 Q. Is that science, Doctor? 12 A. Yes. 13 O. Is this science fiction? 14 A. There are a lot of lies in there. 15 Q. Okay. We are looking at LA Confidential. 16 And now I'm going to turn to a whole other topic. We 17 are done with number one. We are going to go to Greg 18 LeMond. 19 Greg LeMond. I'll never get another 20 chance to do this, so here I go. See this book? 21 A. Yes. 22 Q. Is that Greg LeMond's name? 23 A. Yes. 24 Q. Does that say, si son histoire est vraie,

A. Never called me.

Q. Never? Are you hard to find?

3 A. Huh?

O. Are you hard to find?

A. No.

Q. Well, I mean, he must have, because he quoted you in the book. He certainly knew about you.

Page 1575

Page 1576

A. Yes.

Q. Never called you to verify?

A. Never called me.

Q. Okay. Well, in this book, this story about Greg LeMond and you is on page 304. And the way I want to handle it, because I want to try to do part B, the second one and the lies that Grea LeMond told, I want you to just tell the panel what happened, what really happened, and then we are going to just take a few minutes, go through the English translation and have you tell the panel if there are gross misrepresentations in LA Confidential. Tell the panel, do you know Greg LeMond? A. I've met him a couple of times, yes.

Q. And I want to turn your attention

23 specifically to the meeting that took place in San 24 Antonio,

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A. Yes.

Page 1574

sielle ne le'st pas, c'est la plus grande fraude. Do you see that? That's on the rider of Walsh's book. It says if this story is true, it's the biggest comeback in the history of sport, and if it's not, it's the greatest fraud, and it quotes Grea LeMond.

c'est le plus grand come-back de l'histoire du sport.

A. Yes.

Q. Are you in this book?

A. Yes.

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10 Q. Are you -- are you part of the story that 11 makes up the Greg LeMond story?

A. Apparently so.

Q. Okay. This book -- tell -- look at the panel. Does it basically -- does it have lies in it?

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A. Yes.

Q. And I'm sure you've spoken to journalists all over the world, New York Times, the Post. The really good journalists, do they ever call you and say, hey, Doctor, you know, we are writing about Lance Armstrong. We want to do a cite check or we want to do a statement check. Do you ever have that happen?

22 A. I get calls all the time from the press, not 23 just about Lance, but other articles or for opinions, 24 so, yes.

Q. Walsh?

Q. Do you remember about what year that was, Doctor?

A. That was April of 2001.

Q. Okay. Tell the panel what happened.

A. Well, I was asked to give a lecture on bicycling and ergogenic aids in cycling given my work

7 in nutrition and fluid replacement and carbohydrates. And this was in a meeting of the -- I believe it was

8 the American Sports Medicine Society, several hundred 9

10 physicians who work with sporting teams, and, you

11 know, I gave my presentation, which I also had

12 technical problems with. I was using Eric Heiden's

computer, which kept crashing on it, and he was a 13

speed skater and part of the panel and also a

15 physician and orthopedic surgeon in California.

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And so I gave my lecture, which was mostly on nutrition, however, I was asked to -- it was known that I had done some work with Lance Armstrong. So there was interest in showing some of his data and

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20 I was glad to do that, and so I gave my lecture. I

21 believe the PowerPoint of that presentation has been 22

introduced as evidence here somewhere in the packet.

23 And I -- you know, I gave my lecture, LeMond was up

right after me. He gave his and spoke about his 24

25 experience in bicycling and made some interesting

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Page 1577

comments. I then participated in a panel discussion with -- with several of the speakers and the session 2 ended. And, you know, I was collecting my computer 3 4 and things and getting ready to leave and waiting for 5 a colleague, Dr. Mike Smith who also gave a lecture, and Greg LeMond was surrounded by -- by individuals asking for his autograph and to take pictures and --7 and I was preparing to leave and waiting for Mike 9 Smith and as Greg -- as I was leaving, Greg kind of 10 broke away from a few people and he saw me moving 11 away, and he said, wait a minute, I want to talk to you. Hold on. 12

So I waited a moment or two and, you know, he broke away and we had a conversation. And we had the conversation probably in the middle of the conference room. We were just kind of walking down the aisle because I was on my way out. His wife Kathy was in the room. In fact, she was waiting for him also, and I didn't know it was his wife. It was just a woman who had come up to him and asked him -- he asked her to -- I remember he asked her, do you have my wallet, so that's how I knew that they must have been husband and wife or something, and she said no.

And so when he and I began to talk and we

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were alone, she was not within earshot of us, we

Page 1579

1 his efficiency. And I'm saying yeah, when you see him

2 on television. So this went on for two or three

3 minutes, you know, and so LeMond came back and said,

4 well, how do you explain his efficiency? I said,

5 well, again, he's increasing his efficiency, I think

it's because of increased slow twitch, but I don't know. I mean, just like I said in the conference to

7 know. I mean, just like I said in the conference to 8 you guys, I don't know exactly what the mechanisms are

for his improved efficiency. I have a hypothesis

based on other published studies I've done on many competitive bicyclists doing direct measurements.

Anyway, so he just wasn't getting what I was saying and we were obviously at an impasse as to all that. And then, you know, then eventually his wife and some other individuals caught up with us in the middle of the room and they were trying to usher him out to take them to lunch and we walked together through the conference room and went into the lobby and took an elevator up to the river walk. You know, this was in San Antonio. And I was trying to get home, get to my car and get home, and other people

were trying to get him to lunch, and he was very much intent on telling me, you know, but how do you explain

intent on telling me, you know, but how do you explain it, what's going on here and these things. You know,

25 that was the nuts and bolts of the conversation.

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walked away toward the center of the conference room and he asked -- he said, you know, you were talking about Armstrong, his muscle efficiency as increasing just like I had talked here. He goes, I know how that happened. I know how that happened.

O. Was he excitable?

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A. Yes. Well, he was -- yeah. I'm excitable, too, I guess. And so he goes, Armstrong's increasing his RPMs. We've seen this. He's going at higher RPMs now. You know, he's moving his legs more times per minute when he's bicycling. I go, well, but you see that on television when he's racing and, yeah, he's doing that, but when we measure efficiency in my laboratory, we do it on a bicycle ergometer and we keep everything the same, including over these years Armstrong bicycled at 85 revolutions per minute. We keep that gearing and that cadence constant so nothing else is changing.

So, you know, my measurements are laboratory measurements of efficiency and he's not increasing his RPMs. We control that. Well, he never understood that.

Q. He meaning who? I don't like pronouns.

A. Well, Greg LeMond continued to say, well, he's increasing his RPMs. That's why he's increasing

Page 1580
Q. Okay. What I would like to do, let's have
Respondents' Exhibit 25. And the point is I'm just
going to go through like two or three pages with you,
because I think they -- the panel may hear from
Mr. Walsh later, which by the way, I don't know if the
panel knew this, but Greg LeMond has been shot.

A. Yes.

Q. With a gun?

A. Right.

Q. That's usually how you're shot. It said toward the end of his career -- I mean, some of this -- you've got some true statements in here. It says LeMond fell victim to --

ARBITRATOR CHERNICK: What page are you

on?

MS. BLUE: I'm on page -- mine shows 750.

MR. TILLOTSON: It's page 1527.

MS. BLUE: 1527.

ARBITRATOR FAULKNER: 1527. Wait a

second until we get there. Okay.

Q. (BY MS. BLUE) I want to just bring this up, because you met Greg LeMond before the San Antonio conference or you had a relationship with him?

A. Yes.

Q. Well, let's just say -- excuse me, I'm sorry.

21 (Pages 1577 to 1580)

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Page 1581

It says toward the end of his career LeMond fell 2 victim to mitochondrial --

A. Mitochondrial.

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- Q. Mitochondrial myopathy, a degenerative muscle disease that drains his strength. Given his ever-growing speed of his competitors he was losing ground. And I bring that up just because you had a -you knew of Greg or talked to him before the San Antonio meeting. How was that relationship? How did that come about?
- A. Well, he -- he participated -- Greg LeMond participated in a symposium at one of the annual meetings of the American College of Sports Medicine. I believe it was in the early '90s in Minneapolis, his home state and town. And, you know, of course he's well respected as a bicyclist. And during this symposium that was organized by Ed Burk, Greg discussed some of his bicycling, but I think the focus was also on his supposed mitochondrial disease, which he claimed was due to a -- the hunting accident where he was shot by his brother-in-law accidentally.
  - O. Somebody thought he was a deer?
- A. I think that was the case. It was a deer hunting accident in the woods and his brother-in-law shot him, and so he -- you know, he had a number of

graduate student with me in Dave Costill's lab when I 2 got my master's.

So Dr. Burk knew that I was in Texas here and I had a relationship with the group here at Southwestern University Medical School and Ron Haller, and they are the world's experts in diagnosing -diagnosing muscle disease, especially mitochondrial myopathy and doing it noninvasively, no muscle biopsies using magnetic resonance imaging.

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Dr. Haller heard LeMond's presentation and said please talk to him and let him know that we'd be more than willing to evaluate him because we don't think he got the correct diagnosis. We will give him a second opinion.

So I approached LeMond with Ed Burk and just said, hey, you know, you were great at the meeting. These are the experts, they would like to -and the conversation was maybe a two-minute, three-minute conversation. LeMond's mind was set that he already knows he has this disease mitochondrial myopathy. He's left the sport of cycling, he can't compete and he was -- he was just not open to a second opinion or any other discussion on it and so it was a very, very short conversation.

Q. Okay. So the bottom line, you were trying to

Page 1582

lead pellets that still were in the body, quite a few, 1

including some in his heart sac and his pericardium 2 3 and other organs and so, you know, he still has lead

4 pellets. He believes that those lead pellets caused 5

damage to some of his organs, especially his muscle,

especially to the mitochondria producing powerhouse through some phenomena of lead poisoning throughout

7 8 his body.

> The point is he presented at the American College of Sports Medicine meeting on this mitochondrial myopathy and wasn't very convincing because his -- the experts -- the physicians he had giving testimony to this disease were not the best in the country, were not experts, and there was a lot of suspicion as to he probably doesn't have mitochondrial disease, what is really going on here. So I was asked by Ed Burk to talk to Greg after the symposium.

- Q. Who is Ed Burk?
- A. Ed Burk is --
- O. Just very briefly.
- A. Yeah, he's a Ph.D. He worked with Greg
- LeMond since -- since Greg was a teenager in 22
- 23 bicycling. So he had a personal relationship with
- Greg. Ed Burk was a physiologist who worked at the
- 25 U.S. Olympic Committee, worked with USA Cycling, was a

Page 1584 get him help if he wanted it at what -- at Dallas UT

1 2 Southwestern? 3

A. Yeah, right here in Dallas.

Q. Okay. Let's go to now the misrepresentations. Some are little and some are more material, but what I'm looking for is -- no, next page. If you could blow this up.

It says at the symposium LeMond nervously waited his turn, he's listening to you and we know who you are. Your talk, Eddie Coyle, was devoted to ergogenic aids and how supplement drinks can help athletes. I remember it as if it was yesterday. This is what Greg says. I asked myself whether he'd talk about performance enhancing substances. I knew what was going on in cycling and wondered what his opinion about steroids might be. Okay.

While mentally rehearsing my own text I was listening to what Eddie was saying. At one point he said something about Lance, whose name appeared on the screen. I looked up and I heard you, Ed Coyle, say, I test Lance Armstrong. I know what I'm talking about.

Did you say that?

A. I might have said I test Lance Armstrong. I don't think -- I would never say I know what I'm

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Page 1585

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Q. Is that your style --

A. I don't --

Q. -- to talk like that, to say hey, I know what I'm talking about?

A. Only to my children. No, that's not how I would give a public lecture.

Q. Okay. As a matter of fact, when you made notes did you say that was incorrect, you never said that?

A. Yes, I did. I wouldn't say that.

Q. And then you've been conducting physiological tests; that's true, true?

A. Yes.

Q. More than ten years, true or false?

A. False.

Q. Okay. Next page.

And, again, I just -- it's just little stuff that if Walsh had called you or asked you, would you have told him what was right and what was wrong?

Would you go back to the other page of them. Right. I mean, little stuff like -- if you

could -- screen was black and white. That's --

24 obviously you can remember that. Was that right or

25 was it colored? 1 A. First of all, I've never met Chris

> 2 Carmichael, I've never spoken to Chris Carmichael,

Page 1587

Page 1588

3 I've never exchanged information with Chris

Carmichael. I would never have any reason to 5 reference him. I've never referenced him. And I

don't believe that this statement is correct, that he

increased his efficiency because he increased his

8 cadence, just the opposite I was saying.

O. Well, that's a pretty big representation, it's saying something you didn't say. That's not what you believed that the reason Lance was more efficient was because he pedals faster?

A. Right.

Q. Then it says -- what LeMond says, he says, 15 oh, my God. LeMond's incredulous surprise is based on his knowledge of physiology and the precise impact of improved pedaling frequency. And then Greg goes on to say what he did.

MS. BLUE: If you can go down, Lynn.

Q. (BY MS. BLUE) So then he talks about what Greg was saying, what he recalled. He's talking about what you convinced him of. And then, you know, you said something very important. You said, and I want to make sure the panel heard, that Greg LeMond's wife was not within earshot; is that true?

Page 1586

A. No, it's the same slide, the same exact slide 2 I showed you.

Q. Okay. The first representation is oxygen, kept the status from the time Lance was 17, true or false?

A. False.

Q. Okay. It says Eddie Coyle calmly explained that the curve -- I'm sorry, that's not where I wanted to be. The mysterious curve -- let's go down -- yeah, this third curve. Again, it's a minor representation, but was that, in fact, the second curve?

A. Right.

Q. And again, this is what the French public or the French speakers are reading thinking that you said or did these things. It says Ed Coyle -- if you could go up -- Ed Coyle -- this is where I want -- then cited -- if you can yellow that -- then cited Chris Carmichael to whom -- who thought Lance's leap forward was due to efficiency of his pedaling. Did you ever say that?

21 A. No.

22 Would that have been an absolute 23 misrepresentation?

24 A. Yes, that's an absolute misrepresentation. 25

Q. Okay.

A. That's true.

Q. And is that something you absolutely remember?

A. Yes.

Q. And then it says, following Greg's speech, many doctors gathered around Greg. Someone questions. Eddie Coyle was among them. Would you have been sitting there waiting to talk to Greg?

A. No.

10 O. Positive about that? 11

A. I was waiting for Mike Smith.

12 O. Okay.

A. I mean --

Q. If you'll go to the next page.

Again, if a French reader reads this and they're trying to assess what Ed Coyle said about Lance Armstrong, what you believe, it says Ed Coyle, you're his doctor. Are you Lance Armstrong's doctor?

A. No, I'm not Lance Armstrong's doctor.

Q. Okay. And it says Kathy was in earshot.

21 Never --

MR. BREEN: You've got to go back just a 22 23 little bit.

> MS. BLUE: I'm sorry, would you go back? Q. (BY MS. BLUE) It says -- and this is

23 (Pages 1585 to 1588)

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Page 1589

important. It says -- it says Kathy LeMond -- it's right -- it's -- it says you're his doctor, right?

MR. BREEN: Next page.

MS. BLUE: Next page?

- Q. (BY MS. BLUE) Oh, no, no, I'm sorry. It says Kathy LeMond remembers the end of the conversation. Is that possible if she's not within earshot?
  - A. No.

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- Q. Okay. And then I really want to focus on this. I mean, you know how you talk, right?
  - A. Yes.
- Q. If somebody came in here and said Lisa Blue used a lot of idioms and she said it was cool and he was blown out of the water, I would be able to say, you know what, I don't like slang so I don't use it. You know how you talk and -- right?
  - A. Right.
- 19 Q. It says Eddie -- when Greg said to him you're 20 his doctor, right, Eddie Coyle just answered, well, I 21 can't explain it. And Greg then pressed on, why don't you ask Michele Ferrari? Eddie just asked, he's with 22 23 Ferrari? Did you say that?
- 24 A. No.
  - Q. That's what I've heard, Greg replied. It was

1 this --

A. No.

Q. -- David Walsh, who never talked to you, any possibility this could be true?

A. It's an absolute lie that Greg LeMond said to me that Lance Armstrong is with Michele Ferrari.

Q. Okay.

A. It's just --

ARBITRATOR CHERNICK: Before you go on to point three, can we take five minutes?

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MS. BLUE: Yes, and I'm really wrapping it up and I think I have maybe five minutes.

ARBITRATOR CHERNICK: The pace is just getting to me. I've got to take a break.

ARBITRATOR FAULKNER: We'll take a five-minute break.

(Recess 10:12 to 10:27 a.m.)

MR. TILLOTSON: With respect to

19 scheduling, David Walsh is here, he's been here for a 20 day. I just spoke with him regarding scheduling, and

21 it would represent a rather extreme business and personal hardship to stay over the weekend to testify, 22

23 to wait to testify on Monday and, therefore, I would

request the panel -- and I know that after the 24 25

conclusion of Dr. Coyle their last witness is Bill

Page 1590

quite obvious, quite obvious, that you were completely stunned. Is that science or science fiction?

- A. That's a joke. That's ridiculous. I mean --
- Q. Why is that just totally ridiculous, totally a lie published in the Walsh book?
  - A. I'm not sure why it's a lie.
- Q. No, I said --
- A. It's a lie. I mean, that statement never happened. He never -- he absolutely never said to me 10 that Lance Armstrong was seeing Michele Ferrari, 11 absolutely. So, I mean, then the next part of the 12 sentence is Eddie was completely stunned, he went 13 pale, and said that makes me sick. It's all he could 14 add. Then he looked at the elevator, made one final
  - Q. That would be you saying --

comment, I feel like throwing up.

- A. That would be me saying, yeah.
- Q. Which by the way, in French it says I feel 18 19 like I'm going to vomit.
  - A. Oh, okay.
- 21 Q. Do you talk like that, I feel like I'm going 22 to throw up, I feel sick?
- 23 A. No, I don't talk like that and I never announce when I'm going to throw up. 24
- 25 Q. Any way this is true, any possible way that

Stapleton and I would request that we be allowed to go

- 2 out of order and put Mr. Walsh on today so we can
- finish him and he may go back to England. And I've 3
- 4 outlined to Mr. Herman what my questioning of
- Mr. Walsh would be that I thought we could get done in
- 6 an hour or so and Mr. Herman agreed that if I did what
- 7 I said I was going to do in terms of the direct, that
- Mr. Walsh's time on the stand would be between two and
- two and a half hours. And I make this request because 9
- 10 Mr. Walsh -- we have spoken to him about the
- 11 possibility of staying over and he has business
- 12 commitments to cover an arsenal football match and
- also personal commitments and doesn't think physically 13
- 14 he could go home and come back to testify next Tuesday
- or Wednesday. 15

ARBITRATOR FAULKNER: I think we have made that trip across the north Atlantic enough times to be familiar with it.

MR. TILLOTSON: He also -- he came the week before for his deposition in New York, so I feel bad asking him to do it a third time. And also, I do want to make clear to the panel that we obviously contend Mr. Walsh's book gave us cause to begin an investigation, but we have not contended that the book in and of itself was our basis for the denial.

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So to the extent that we are sponsoring 1 2 allegations from that book, we have -- have or will 3 put on evidence of what we did to confirm the evidence 4 of those allegations outside of the book. I told that 5 to Mr. Herman and, therefore, I don't -- he may have 6 been under the misimpression that my direct was going 7 to be rather lengthy of Mr. Walsh in recounting all 8 the allegations of what people said, but I don't really intend to do that. So I would request at the 10 conclusion of Dr. Coyle, whenever that is, in the abundance of timing and to ensure that Mr. Chernick 11 12 makes his plane that we be allowed to go out of order and call Mr. Walsh to complete his testimony and start 13 14 with their last witness.

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ARBITRATOR FAULKNER: Do you all have any --

MR. BREEN: I do, Mr. Chairman. Of course. I can run down here in a second and grab Mr. Herman, but in the interest of time I can tell you that having already talked to him we do oppose that for a couple of reasons. One primary reason that we already brought up with the panel that has yet to be ruled on is whether Mr. Walsh should be allowed to testify at all in this case given the behavior of deliberately ignoring and now obstructing us from

cross-examine him with those documents, even if we get 1 the permission from the British court, because he'll already have been rushed on and off here this afternoon before a ruling is made over there.

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ARBITRATOR FAULKNER: Is Walsh available to come back at any other time next week or could he be available even sometime after that?

MR. TILLOTSON: Sure, he could. ARBITRATOR FAULKNER: Okav.

MR. TILLOTSON: I don't know about next week per se. He's a sports writer. He's got a beat and he's got deadlines, so that's the only difficulty, but within the next two weeks could he be available --

ARBITRATOR LYON: Well, let me ask a question, Mr. Chairman.

16 ARBITRATOR FAULKNER: Sure, ask. 17 ARBITRATOR LYON: Why did you have him 18 come this week anyway? You knew they were going to 19 take up the whole week. 20

MR. TILLOTSON: Well, if you recall at the beginning he said three days for his case. ARBITRATOR LYON: That's right, I'm

sorry.

MR. TILLOTSON: And I anticipated that we would probably have Friday to put on some witnesses,

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    being able to use material evidence and documents to
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    cross-examine not only him, but people they're
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    bringing in here that he took statements from that
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    contradict positions they're taking in front of the
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    panel. Those are two separate issues related to
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    Mr. Walsh, We haven't resolved that yet. Apparently
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    right now they're fighting in Great Britain
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             ARBITRATOR FAULKNER: I was going to ask,
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what's the status of the decision --

MR. TILLOTSON: It was delayed until 2 p.m. British time, so --

12 ARBITRATOR FAULKNER: Six hour 13 difference.

MR. TILLOTSON: Yeah. So it may have been resolved, but I haven't received an e-mail from them.

MR. TILLOTSON: So it may still be ongoing or may have just been resolved. We just don't know --

20 MR. BREEN: So in and of itself, despite these objections that we have, there's another 21 22 fundamental problem here, not to use a colloquialism, 23 but if Mr. Walsh is allowed to testify here and then leaves, then trying to close the barn door after he's 24 gone doesn't do much good because we won't be able to Page 1596

which still could be a possibility given the way 1 things are going. And he was the most problematic 2 about scheduling, so I asked him to come -- actually,

3 4 I asked all the witnesses to be ready to testify 5 Thursday or Friday just in case that I could control

6 events. He was one who could come. So I had anticipated possibly starting my case with him since

that's the book, so I had him around for Friday.

That's -- that was my thinking.

ARBITRATOR LYON: Okay, Is his position still that he won't allow cross-examination with his documents?

MR. BREEN: It is. That's what they're taking the position in the British court.

MR. TILLOTSON: Well, his position is that the documents produced by him in the UK proceeding should not be turned over to the possession of Mr. Armstrong's American lawyers and he has declined up until now to answer questions regarding those documents. I can ask him if he's prepared, if they have those documents -- well, he's told me that he may take the same position he took in his deposition.

ARBITRATOR FAULKNER: Okay. Gentlemen, do we want to chat a little bit?

25 (Pages 1593 to 1596)

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Page 1597 ARBITRATOR CHERNICK: Why don't we get 2 Dr. Coyle done. 3 ARBITRATOR LYON: Why don't we finish 4 Dr. Coyle. We're going to have lunch here supposedly 5 at 11:30. That will give us time to talk about this 6 7 ARBITRATOR FAULKNER: Because I'm looking 8 from my notes from our last conversation. I don't see 9 them right here. I may have left them upstairs. So let's finish Dr. Coyle and then we'll address that. 10 11 MR. BREEN: Thank you, Mr. Chairman. 12 ARBITRATOR FAULKNER: Okay, Dr. Coyle. 13 MS. BLUE: May I proceed? 14 ARBITRATOR FAULKNER: Please proceed. 15 Q. (BY MS. BLUE) Dr. Coyle, did you see the movie that was played in front of the panel about 16 17 Lance? 18 A. Yes. 19 Q. Had you seen it before? 20 Parts of it, not the whole thing. 21 Q. Did you happen to hear -- I keep thinking 22 about the statement. In the movie it said Lance 23 Armstrong is the most tested athlete on the planet. 24 Do you remember hearing that?

A. Yes.

Q. He is an attorney that works for SCA, true?

A. Yes.

Q. Hattie Coffman, who is that?

A. She's my administrative assistant.

Q. Okay. It says the conversation re is Chris Compton. Ed — that would be you, correct? Chris Compton called from SCA promotion, here is their number, re: Lance Armstrong.

Did you at some time on or after

January 4, 2005, come to discover that Chris Compton was trying to get in touch with you?

A. Yes.

Q. You were living in Austin?

A. Yes.

Q. Did you call Chris Compton back?

A. Yes.

Q. Would you look at the panel and tell the panel about your conversation with Chris Compton? He called you up and said hi?

A. Yes. I'm not sure if -- I mean, I received a phone message. You know, I returned a call not really knowing what it was about, just regarding Lance Armstrong. I didn't even know what SCA was or -- so I

returned the call or -- I assume I returned the call

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Q. Is that common knowledge? Have you seen it before in articles?

A. Yes.

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Q. Okay. Now I want to turn to our last and final point, and that is your conversation with the SCA lawyer, Chris Compton.

And with the panel's permission, if we could put up Exhibit 123, and I would offer Exhibit 123 into evidence and give defense counsel a copy and the panel members. Oh, I'm sorry, it doesn't say 123 on there.

ARBITRATOR FAULKNER: We will write it.

Q. (BY MS. BLUE) Do you recognize this e-mail?

A. Yes.

Q. Okay. I note that you've been here for a couple of days, everybody can see that. Were you here when Joe Longley, the insurance lawyer, testified?

A. Yes.

Q. Mr. Longley said something. He said that SCA was just out to get dirt on Lance. Do you remember that?

A. Yes, I do.

Q. I want you to keep that comment in mind. And let's turn to this e-mail. Do you know Chris Compton,

5 do you know who he is now?

Page 1600

Page 1599

and, you know, he said well, you know, we would like to retain you -- I'm sorry. He -- I don't recall the exact wording. There was something to the effect that we would like you to serve as an expert or witness to testify to the fact that Lance Armstrong could not have won the Tour de France without the use of performance enhancing drugs.

O. Okay. Hold on. Say that one more time.

Q. Okay. Hold on. Say that one more time. What did Mr. Compton want you to testify to, that Lance Armstrong couldn't do what?

A. Could not have won the Tour de France without the use of performance enhancing drugs.

Q. All right. And what did you say when Mr. Compton said I want you to testify that Lance Armstrong could not have won without a performance --

A. Without the use of performance enhancing drugs.

Q. Right, okay. What did you say?

A. Well, I was just thinking there for a minute, who is this and what's this call about? I was -- I wasn't prepared for it and didn't know the background, and I said, well, you know --

Q. Were you kind of stunned?

A. I guess. Not -- yeah, a bit. I mean, I was just trying to catch up with what was going on.

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Q. Okay.

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A. And so I -- I said, well, you know, we have -- you know, I've been testing Lance and we have data on him over the years and -- yeah, he said yes,

5 sir, and he was very nervous. And I said, well, you know, we have been testing him and I think it's 6

7 perfectly possible that he's won the Tour de France

8 without using performance enhancing drugs, that we

9 have shown, you know, he's improved tremendously over

10 those years. And I don't believe if I then said -- it 11

became obvious that I would not serve their purposes.

And essentially he said, well, I guess you can't serve 12 13 and you won't serve to that point or something. I

14 don't recall the end point. It was very awkward, you 15 know. And he said, well, thank you, goodbye.

O. Looking back today, Dr. Coyle, you 16 17 heard Dr. -- I mean, Mr. Longley say that what SCA was 18 doing was just looking for dirt on Lance Armstrong.

19 Looking back now, is that -- do you think that's what 20

they were doing with you, looking for dirt on Lance Armstrona?

A. Well, Mr. Compton called me up and had the presumption that Lance Armstrong was cheating and he said, we would like you to be an expert or a witness

to the fact that Lance Armstrong could not win the

Q. As a matter of fact, you've been sitting 1

here, you've heard SCA, that they relied on some of the things that Mr. Walsh wrote, correct?

A. Yes.

Q. If SCA lawyers had wanted to talk to you and said, look, we are trying to decide whether or not we should pay this claim, would you have answered their questions and told them that there were some gross false misrepresentations in this book?

A. If they would have asked me, yes. I didn't know about the book until -- or my quotes in there until these proceedings.

MS. BLUE: All right, Dr. Coyle, and thank you very much for coming. And members of the panel, we will pass the witness.

ARBITRATOR FAULKNER: Mr. Tillotson or Mr. Towns?

17 18 MR. TILLOTSON: Mr. Towns is going to 19 examine Dr. Coyle.

CROSS EXAMINATION

BY MR. TOWNS:

Q. Thank you, Dr. Coyle. First, I want to talk a little bit -- in fairness, it hasn't just been SCA that's criticized your report in the Journal of Applied Physiology, has it?

Page 1602

Tour de France without the use of performance enhancing drugs.

Q. So he said we want you to be a witness to say that, right?

A. I'm not sure if he used the word witness or expert.

O. We want you to say it, in other words, whether it's a witness or an expert or a testifier?

A. Yes.

Q. Okay. But that was the gist; is that's what they wanted you to say?

A. That was clear. Whatever his exact words were, witness or expert, that message was clear to me.

Q. So SCA didn't call up Dr. Ed Coyle and say, hey, look, we are really trying to make a fair determination about whether we should pay this claim, we just want to know what you think? They didn't do that, did they?

A. No.

Q. They said, we want you to say these things about Lance Armstrong, which did you feel in good conscience you could?

23 A. I didn't think they were correct, so I 24 wouldn't even consider it in good conscience. I mean, 25 it just never crossed my mind.

Page 1604

Page 1603

A. It hasn't been just SCA. Well, there have been two letters to the editor in the Journal of Applied Physiology.

Q. And those letters to the editor too shared criticisms of your work that was published -- I'm going to call it as the JAP article if that's okay with you?

A. Correct.

Q. So there have been a couple of letters to the editor at the Journal of Applied Physiology regarding the JAP article, and those letters to the editor have been critical, correct?

A. Correct.

Q. And yesterday we heard Dr. Kearney testify as an expert in this matter for Mr. Armstrong, and he, too, said that he respected you as a colleague, but that he had criticisms of your work, correct?

A. Correct.

Q. So it's a little bit unfair to characterize SCA as the only people that have criticized the JAP article, correct?

A. Correct.

Q. Now, one of the things that I wanted to touch on before we get into the article a little bit more is the conversation that you had with Chris Compton with

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Page 1605

- SCA. You've testified as an expert in other matters, 1 2 correct?
  - A. Yes.

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- 4 Q. And you've been retained as an expert in 5 other matters where your testimony wasn't even needed, 6 correct?
  - A. Well, I'm not sure what retained means.
- Q. People have consulted with you about cases 8 9 that never actually developed, correct?
  - A. No.
  - Q. Okay. Well, when -- in those situations, then, when you have been retained as a testifying expert, in the introductory phone call a lawyer generally explains the subject matter on which they're seeking expert testimony, right?
  - A. (Nods head.)
- 17 Q. And in this case, a little over a year ago, you said you had such an introductory phone call with 18 19 Chris Compton, right?
- 20 A. Right.
- O. And you were a little off balance in the 21
- 22 beginning because you didn't really even know what the 23 call was about, fair?
- 24 A. Right.
- 25 Q. And in that conversation, are you certain

Q. Okay. And that is -- if we are looking -and if you would like to look, it's there in front of you as Respondents' Exhibit 33, which is in a blue volume probably --

A. Okay. I have the article here.

O. Okay. If we look on the first page -actually, there's a cover page, but the first page of the actual article shows that it was submitted February 22nd and then accepted on March 10th, correct?

A. Right.

- Q. So how much time -- how much time was this 13 actually peer reviewed?
  - A. That's about three and a half, four weeks.
- 15 Q. Okay. So even shorter than the amount I would have calculated. Thank you. Now, that's a 16 relatively short amount of time for a peer review, 17 18 isn't it?
- 19 A. Not really.
  - O. Okav.

A. I should add that, you know, I am a member of the editorial board for Journal of Applied Physiology, you know, as are -- if you look at the list, they publish it in the cover about maybe 30 other individuals worldwide. I am not a section editor.

Page 1606

that Mr. Compton didn't say we need testimony on whether Lance Armstrong can succeed without performance enhancing drugs?

- A. Yes, I am certain.
- O. Okay. And if there was contradictory testimony, that's just a dispute between what you recall and what Mr. Compton might recall, correct?
- A. If there's contradicting testimony from Mr. Compton you're saying?
- O. Yes.
  - A. I guess -- I guess so, yes.
- Q. Okay. Fair enough. 12

Now, you talked a little bit about the peer review method for the Journal of Applied Physiology, and when an article is submitted, it goes before the editorial board for peer review, correct?

- A. Correct.
- 18 Q. And you, in fact, are on the editorial board, 19 right?
  - A. Correct.
- 21 O. And the peer review for the JAP article was 22 about six weeks; is that about right?
- 23 A. I don't recall. I mean, it's listed in
- there. You can calculate, because it dates the -- the 24 date it was submitted and the date it was accepted.

The section editor is the individual who actually makes the decision on who the reviewers are. So I have no -- when I submit an article to the Journal of Applied Physiology, I have no Impact on the review

4 5 process any more than an author with no affiliation

with the journal would have. 6

8 editorial board member of the Journal of Applied 9 Physiology, we asked reviewers to review their 10 manuscripts within two weeks, three weeks, and get the reviews back in. So the Journal of Applied Physiology 11 has a much faster turnaround than you would see in 12

And I should also point out that as an

13 other journals, especially if you're using other 14

exercise physiology and sports medicine journals, like Medicine & Science and Sports & Exercise, which I am 15

16 on the editorial board, like the International Journal of Sports Medicine of which I was the co-editor in chief for a number of years. 18

So the Journal of Applied Physiology is 19 20 probably faster than the average turnaround, so I think we have to -- I think your numbers need to 21 22 reflect Journal of Applied Physiology, not in general 23 scientific articles.

Q. Okay, thank you for that clarification. Now, 25 as I understand it, your testimony or what you were

28 (Pages 1605 to 1608)

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Page 1609

retained by the claimants for is -- if you look at it in the broad sense is to explain how Lance Armstrong could win the Tour de France; is that right?

- A. Correct.
- Q. And you will agree with me, won't you, that there are a lot of variables that go into making up the physiology of an elite cyclist, correct?
  - A. Yes.

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- Q. There are also a lot of variables in
  determining who actually wins the Tour de France,
  right?
  - A. Correct.
  - Q. So we are not just talking about in terms of your testimony does Lance Armstrong have the physiology to compete in the Tour de France, which you, I think, believe he does, correct?
  - A. Correct.
- Q. But also with that physiology, does it allow him to win, correct?
  - A. Correct.
- Q. And in this case, does it allow him to win and does it explain how he won seven times in a row, right?
- A. Correct.
- 25 Q. Okay. Now, you will agree with the testimony

population?

- A. No, that's compared to competitive bicyclists.
- Q. Okay. So in your formula you used data both from the bicycling community and the average population?

Page 1611

- A. Correct.
- Q. So without going back through it step by step, it would be difficult for us to determine which values you took from the average population and which you took from elite cyclists; is that fair?
  - A. Correct.
- Q. Okay.
- A. But I can clarify that in 30 seconds if you want, but --
- Q. Truly, the mathematical model is not that -- I want you to have a chance to say whatever you want and I'm sure Ms. Blue will give you a chance if It's important, but it's not to me anyway. So I hope you don't think I'm rude. I'm just trying to get through.

Now, what we don't have in your mathematical model is comparisons to Mr. Armstrong's most direct rivals in the seven Tour de Frances that he's won, correct?

A. His rivals during the seven Tour de Frances

Page 1610

of Dr. Kearney, won't you, that when we look at Lance
Armstrong's physiology and we make assessments in
terms of percentage, we are comparing that to what we
know in general to the average population, right?

A. The average population of whom, the American public, of competitive bicyclists, of the average values for former winners of the Tour de France? Those are all different values.

- Q. Okay. So when you gave us your percentage breakdowns in the formula that -- I would call it a probability chart, but I think you had another name for it, but you know what I'm talking about?
  - A. Right, yes.
- Q. For instance, if he's one in 500, that's -- that's a comparison to the average population, correct?
- 17 A. No, that's a comparison to competitive 18 bicyclists.
- Q. Okay. So among competitive bicyclists, your calculation is that Lance Armstrong is one in a billion?
- A. No, that would be against the general population.
- Q. Okay. So in your probability formula where we see one in 500, that's compared to the average

Page 1612

that he won, correct.

- Q. Okay. And just to maybe make my question more simple, we don't have data, for instance, physiological data, on Jan Ulrich on which we can make a comparison, correct?
  - A. I don't have that data, no.
- Q. And Mr. Ulrich has finished second to Mr. Armstrong in a number of tours and I believe third this past year; is that your understanding?

A. Correct. Although it's not like we have no information. I mean, there is some data out there. Remember, it's not just physiological data, you have the data of what his body weight is and you have implications as to what his body fat is and, you know, it may not be the most precise measurements, you know, but the comments have been that he's too heavy.

ARBITRATOR LYON: What is his body

weight?

THE WITNESS: I don't know offhand.

Q. (BY MR. TOWNS) Now --

A. So, I mean, what I'm saying is those are not data that are published in scientific journals. That is supposedly common acknowledge. That is quoted in every bicycling magazine as to if he wanted to improve what he would do is lose some body fat, lower his body

29 (Pages 1609 to 1612)

Page 1613

- weight, and why he's not able to accomplish that is
   open to question.
   O. Okav. Now, what about Alex Vinokourov, do
  - Q. Okay. Now, what about Alex Vinokourov, do you have data on Alex Vinokourov?
    - A. No.
    - O. Do you know who Mr. Vinokourov is?
  - A. No.

- 8 Q. If I represent to you that that's Jan
  - Ulrich's teammate, does that mean anything to you?
    - A. Not really.
    - Q. Okay. And I take it, then, that you don't
- 12 have access to Alex Vinokourov's data?
  - A. No.
  - Q. So when we make comparisons and we say can -or you say can Lance Armstrong win the Tour de France,
    you're making assumptions based on the population in
    general and values of cyclists that you've tested and
    that have been tested and published, correct?
    - A. Correct.
  - Q. You're not making that -- that opinion based on actual data from Lance Armstrong's competitors?
    - A. Correct.
- Q. Okay. Now, when we also look at other
   variables, one of the things that has come up and you
   raised in your PowerPoint was technology; is that

- Q. And that's not part of your equation in determining whether Mr. Armstrong could have won the seven Tour de Frances that he won, correct?
- A. Well, part of my equation is to win the Tour de France you can't have any weaknesses. You can't make any mistakes. And I've testified to the physiological improvements that I've seen Armstrong make where he has made sure he has no weaknesses. And his weakness early on was one aspect of his physiology, but -- and my assumption is that he's improved other weaknesses, be those aerodynamics or training or whatever, and that that's an important component to his success.

So it is an assumption based on my observations and the physiology, improving his weakest link and not having any weaknesses, that the same -- that the same principles that apply to aerodynamics, to team work, to the psychology. But, again, yes, that's an assumption which I don't have direct data on.

- Q. Okay. And I'm not trying to trick you or be unfair, I'm just trying to narrow down the exact comparisons we can make.
  - A. Fair enough.
  - Q. And although you may later or maybe you

Page 1614

right?

- A. Correct.
- Q. And certainly we saw the Discovery video that showed many technological aspects of the cycling team which appear to a relative lay person to be somewhat advanced; is that fair to say?
  - A. Yes.
- Q. Now, an interesting thing that came up and -is that the actual bike that Lance Armstrong and his
  team rides or, I guess, rode now is available off the
  rack, correct?
  - A. I assume, if you say so, yes.
- Q. Well, do you recall seeing that in the video, the Trek guy saying we don't make custom bikes for the team, they're riding what's off the rack? Do you remember that?
- A. Yes.
- Q. And do you have any data that allows you to make comparisons in terms of aerodynamics to the bikes that the Discovery team or the Postal team rode versus their competitors on a year-by-year basis?
- A. Do I have direct data on a year-by-year basis of Discovery or Postal versus the other teams?
  - Q. Yes, sir.
- 25 A. No.

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- already have laughed at my level of scientific knowledge, eliminating variables to try to reach the data we can actually make a comparison on is a reasonable thing to do, isn't it?
  - A. Yes, it is.
- Q. Okay. Now, one interesting thing or another interesting thing I saw in the video was that Mr. Armstrong said basically when he came back in '99, they hadn't paid a lot of attention to detail in terms of the equipment and the aerodynamic. Do you recall that?
- A. Yes.
- Q. And that -- I don't intend that to be a quote, but that's more or less what he said, right?
  - A. Yes.
- Q. And he was able to win the '99 Tour de France, correct?
  - A. Right.
- Q. So it is not necessarily the aerodynamics that have allowed him to win, but your testimony is that it has -- attention to those details have kept him from losing; is that a fair thing to say?
  - A. Uh-huh.
- Q. And certainly not intended to indicate that no other riders spend time in a wind tunnel or has

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a -- you know, an aerodynamic bike, right?

A. Uh-huh.

- Q. All right. Now, Ms. Blue asked you, I believe, if anyone else had done the testing and had the data of Mr. Armstrong that you had. Do you recall that question?
  - A. Not exactly.
- Q. Okay. And, again, I may be not repeating it exactly how it was said, but my understanding is that your response was no one has the data to the extent that you have on Mr. Armstrong?
- A. Yes. The context is nobody has the longitudinal data, that is the -- you know, the data over a number of years that was collected in very standard conditions in the laboratory with calibrated equipment and, therefore, you know, that's very valid and reliable data on one individual.
- Q. Okay. Now, you saw when Dr. Kearney testified that USA Cycling and USOC have also collected data on Mr. Armstrong, right?
  - A. Yes.
- Q. And it would be fair to use -- well, let me put it this way, you don't have any particular difficulty with us looking at that data along with yours when we are looking at Mr. Armstrong's

1 depends. What are you looking for?

Q. Okay. Now, taking a step back just a little bit, would you agree with what Dr. Kearney said yesterday that from the standpoint of endurance sports, the ability of a person to become elite in an endurance sport is primarily determined at birth?

A. I wouldn't agree it's primary. Well, the word primary, what does that mean? Does that mean 51 percent or 90 percent? I mean, it's always a combination of having a -- having genetics and therefore a natural head start and hard training or nurturing to fully develop those abilities. You know, that's the physiological component. And then also the mental component and not having -- not making dumb mistakes. All of those go into it. So I would say that the argument as to what's primary, you know, it's always genetics and training.

If we were to talk about Armstrong, you know, I could show you data as to if he did no training, what might his values be. Those are predictions based on other studies I've done with key training top athletes and making comparisons to Lance.

Q. Maybe I didn't ask the question in the way that I meant. What I'm really getting at is that a person of average genetics for endurance sports as

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- physiology, do you?
  - A. Do I have difficulty?
  - Q. Yes, sir.
  - A. Well, I don't have difficulty in reviewing
- it. You know, when you compare values from one laboratory to another, you always have to ask yourself do they use the exact same procedures and what are you really comparing here? Is it apples and apples or apples and oranges? So, I mean --
- Q. Is that important from a scientific standpoint that even the same procedure, it needs to be performed on the same equipment, for instance?
  - A. Yes.
- Q. And it needs to be calibrated properly, I take it?
  - A. Correct
- Q. And if procedures are not performed on the same equipment or calibrations aren't done right, the conclusions aren't really reliable, are they?
- A. Well, the conclusions are conclusions. You just have more possible errors associated with them, so you've got to ask yourself how fine of a question is -- and the extent of the precision of your question and, therefore, your answer depends only on the precision of the tools you're using. So, again, it

- 1 compared to someone with superior genetics as in 2 Mr. Armstrong with equal volumes and all of the 3 training being equal --
  - A. Yes.
  - Q. -- will never match Mr. Armstrong, will they?
    - A. Correct.
  - Q. And it wouldn't matter if they rode their bike in the snow uphill while Mr. Armstrong didn't, Mr. Armstrong is just always going to -- to be superior, assuming training volume is the same, to the person with the average genetics?
    - A. Yes, assuming training volume is the same.
  - Q. I agree. I mean, presumably if Mr. Armstrong went on the fried chicken diet or whatever, that at some level a really ambitious person could maybe match him?
  - A. Right. And I think another way of looking at it is if Lance Armstrong never trained or touched a bicycle, an average high school student who trained hard for four or five years could beat him.
- Q. And the issue we are really getting at there --
  - A. Or be competitive.
- Q. -- that's become interesting to me, it's not really the subject of this but it is interesting, is

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identification and selection of genetically gifted people at certain sports, right?

A. Right.

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- Q. And some countries are better at that than others, aren't they?
  - A. Yes.
- Q. Now, I want to get back a little bit to the testing that you've done. As I understand it, Respondents' 33 contains the data from the five testing periods of tests you performed on Mr. Armstrong, correct?
- A. Correct.
- Q. And at your deposition you told me that all of the relevant data to those five testing periods were contained in this report and in -- distilled into table 2: is that right?
- A. Into the manuscript, into the manuscript, yes.
- Q. And then the manuscript, table 2 is intended to reflect the material that's contained in the manuscript in terms of the measurements that were taken in the various steps, right?
- A. Yes, some of the measurements, not all the measurements.
  - Q. Okay. Were there measurements taken of

1 possession?

- A. No.
  - Q. How was it that you saw that?
- A. Lance had showed me some of the data from one of his files and I have seen the data reported in some -- something from Ken Cooper.

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- O. Do you recall when Lance showed you that?
- A. Somewhere in the early 1990s.
- Q. Now, Dr. Kearney certainly believed that heart size was a contributing factor in
- Mr. Armstrong's success, doesn't he? 11 12
  - A. Yes.
  - Q. But yet he had never seen the echocardiogram that you had seen, or at least that was his testimony,
    - A. Yes.
  - Q. I apologize, Dr. Coyle. Let me just ask you this. Have you ever had an opportunity to review Mr. Armstrong's medical records from the Indiana University hospital when he was there in the winter of 1996?
    - A. No.
- 23 Q. Now, we also talked about heart rate, 24 Mr. Armstrong's maximum heart rate. Do you recall
- 25 that discussion with Ms. Blue?

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- Mr. Armstrong that are not reflected in table 2?
- A. Yes, there are measurements. For example, we reported his body weight when he was racing approximately at the 1999 Tour de France, and that's not listed in table 2. And that was approximately 72 kilograms. If I look through here I might find a few more numbers that are discussed and so.
- Q. Let me just ask you this. For instance, we talked about heart size.
  - A. Yes.
- Q. You've never actually tested Mr. Armstrong's heart size?
  - A. Not directly, no.
- Q. And You heard yesterday Mr. Kearney said that as far as he knew, Mr. Armstrong's heart size had never been tested; you heard him say that, right?
  - A. Yes.
- Q. Now, you mentioned today that you -- you believe that his heart had been measured in an EKG at the Cooper Aerobics Center, correct?
- A. Yes, not an EKG, but an echocardiogram, sound waves.
  - Q. Have you actually seen that?
  - A. I've seen the data from it, yes.
- 25 Q. And is that something that -- that is in your

A. Yes.

- Q. And it was your opinion that Mr. Armstrong's maximum heart rate being in the 200 to 206 range was extraordinary, correct?
  - A. Yes.
- Q. And you attribute that in part to his performance, right?
- A. Well, the opposite, I attribute part of his superior performance being due to having a higher heart rate. I don't attribute his higher heart rate being due to his training or to his performance.

ARBITRATOR LYON: Say that again.

- A. I think having a higher heart rate, I attribute his improved performance being partly due -a small part of that superiority is due to him having a higher maximal heart rate, not -- I believe you phrased it him having a higher maximal heart rate was due to his performance is what you said. And it's not. I mean --
- Q. (BY MR. TOWNS) Let me try to ask it a more basic way. Do you find a relationship between his performance and his maximal heart rate?
- A. Well, I see that he has superior performance and he has a superior maximal heart rate, you know, superior -- somewhat superior to the average

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competitive bicyclist his age and size, yes.

- Q. Now, I want to talk a little bit about what I will call a formula, and you probably scoff at that definition, but from the PowerPoint that you had up, and you had basically, as I understood it, a couple of different groupings of abilities that you attributed to Mr. Armstrong. And one was what you call performance VO2, correct?
  - A. Yes.

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- Q. And that includes lactate threshold?
- A. Yes.
- Q. Just real quick, how did you measure lactate on Mr. Armstrong in the lab?
- A. Well, we take a sample of blood, you know, either from the finger drop or a venous catheter and with that we take the drop of blood and we deproteinize, put into acid, and the lactate winds up going into the clear portion and we take that and measure it with the best method available, which is spectrophotometrically, using some enzymatic biochemicals.
- 22 O. Now, in that process did you account for 23 plasma?
- 24 A. Well, yes.
- 25 Q. How is that done?

A. Correct.

Q. Other people would do that, correct?

A. Yes.

- Q. Do you recall the names of any of the other grad assistants or students that were assisting you in these five Armstrong tests?
  - A. Some.
- O. And what were their names?
- A. Well, do you want them in chronological 10 order?
  - Q. However is convenient to you is fine with me.
- 12 A. Oh, names like Donnell Deitrich was there when I did the post cancer work, which is the most 13 sensitive. Jeff Horowitz. Now, are these people who 14 15 were just hanging out in the laboratory or people who actually were part of my research team who did 16 something productive? 17
  - Q. Well, let's just leave it to who was productive. I heard you mention the name Chris Murphy.
    - A. Chris Murphy was an undergraduate student.
- 22 O. I just heard you mention the name.
- A. Right. He didn't -- he didn't do any of the 24 lab work. Jeff Horowitz, Paul Belo.
  - Q. Paul Belo, okay. Now, let me ask you this,

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- A. Well, when you take a blood sample, blood is composed plasma, the fluid portion, as well as the red blood cells. So if we take a drop of blood or one milliliter of blood, that entire milliliter of blood containing red blood cells and plasma is deproteinized or dissolved into the acid. So you're making a lactic acid both in plasma and in red blood cells and that's what blood is, plasma and red blood cells combined.
- Q. Now, I saw in one of the pictures in your PowerPoint what I would guess is an assistant or grad student or someone in a Don't Mess with Texas shirt. Do you know who that was in that picture?
  - A. Yes, that was Doug Ellerton.
- Q. And is it fair to say that you didn't conduct all of the testing on Mr. Armstrong yourself, correct?
- A. Well, no, it's not fair. I mean, I was there supervising all the testing.
- 18 Q. Okay. I guess to be more specific, you weren't the person that physically drew the blood on 19 20 Mr. Armstrong each time?
- 21 A. Well, if it's drawing blood from a venous 22 catheter, I would be. If it's doing finger sticks, 23 not necessarily.
- 24 Q. And in that picture it appeared to me to be a 25 finger stick.

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- when you're measuring the lactic acid and you're --
- I'm sorry, or lactate and you're accounting for the plasma, did that leave you with a value for
- 4 hematocrit?
  - A. No.
  - Q. Did you ever test Mr. Armstrong's hematocrit?
  - A. Not as part of these tests, but we do -- we have.
  - Q. So you've tested Mr. Armstrong outside of these five tests?
  - A. No. When you take a blood sample for lactic acid, which are these tests, you know, that -- that sample is used entirely to measure lactates. However, before the exercise protocol we would sometimes take a blood sample to measure hematocrit and hemoglobin, not routinely and not in all. It's just too much work and it's not very interesting. But we do have at least two values on Mr. Armstrong throughout the years.
    - O. What are these values?
- 20 I don't recall what the exact values were, 21 but the values for hematocrit were somewhere between 22 42 and 46. And those are -- you know, those are 23 resting blood samples.
- Q. Now, the hematocrit levels are not reported 24 in your work, correct?

33 (Pages 1625 to 1628)

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Page 1629

A. Right,

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- Q. And in fairness, you haven't provided us any of the backup that would show hematocrit, right?
  - A. I'm not sure what you mean by backup.
- Q. I mean, you haven't shown us any forms or any paperwork when you were testing Mr. Armstrong's hematocrit, what those levels were, correct?
  - A. Right.
- Q. Now, do you agree that -- well, let me go back to your formula. The -- the -- I forget what you called it, the performance VO2.
  - A. Uh-huh.
- O. VO2 max is used often in endurance sports as an indicator of performance, correct?
  - A. Correct.
- Q. And it appears to me, and again you tell me if this is true or not, that cyclists tend to hang on a VO2 number considerably.
- A. Old time cyclists, cyclists who were raised 20 in the eras, you know, of the 1970s and '80s, when that was one of the few laboratory tests. More modern cyclists talk about their lactate threshold. And now cyclists who have watt meters talk about watts. So, I mean, it depends upon what the latest gizmo was when they were introduced to the sport and numbers were

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- mean, cars, aircraft, lots of things are judged on 1 2 that relationship, right? 3
  - A. Yes.
  - Q. Now, you were here yesterday when Mr. Armstrong told us that he believed weight was the most significant factor in performance in cycling. Do you remember hearing that?
    - A. Yes.
  - Q. It was his opinion, in fact, that suffering some loss of power to gain a loss of weight was actually still a benefit. Do you remember him saying that?
  - A. Yes.
- 14 Q. And do you agree with that?
  - A. Yes.
- Q. Okay. So when we are looking at 16

17 Mr. Armstrong's performance, it's important to look at 18 what his weight was at the time that he was 19 performing, correct?

A. Yes. Or in his performance of the Tour de France, and -- which is largely riding uphill. If you're looking at his performance when riding a time trail on the level, body weight is not as important. So what I'm saying is assuming that in the Tour de France the most important aspect is riding up the

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told to them relating to their performance. So it evolves.

- Q. Now, in your opinion of explaining if Mr. Armstrong can win the Tour de France, you looked at performance VO2, the amount of power he can generate, correct?
- A. Well, what -- I'm not sure what you mean "looked at".
- Q. Well, part of your opinion is that he has exceptional values that allow him to develop the performance VO2, the engine I think you called it, beyond the average; is that fair?
  - A. Yes.
- Q. And then there's what you call the transmission and that's the efficiency data, correct?
- Q. And your opinion is that a combination of those two things showed an 18 percent increase over the period of time that you tested, right?
  - A. In addition to reduced body weight, yes.
- Q. Okay. Now, reduced body weight factors into power, right? I mean, as I understand it, it's weight the power is what you're looking at?
  - A. Right, it's another expression of power.
- Q. And it's not unique to cycling, right? I

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- 1 steep mountains, which is where -- you know, where 2 Armstrong has also excelled both riding on the flat 3 and riding on steep mountains, he hasn't had a 4 weakness.
  - Q. Okay. Now, if we could look again at table 2, Respondents' 33, one of the things you showed us in your PowerPoint looking at efficiency is that there is a nice straight line in gross efficiency from the first testing period to the last, correct?
    - A. Correct.
  - Q. And I think it was your testimony that that nice straight line was -- in those data points removes some of the skepticism and doubt about which way the line should go, right?
    - A. Correct.
  - Q. Now, if we look at Mr. Armstrong's uptake in VO2 in oxygen in terms of liters from the beginning testing period to the end, what is that line doing?
  - A. Well, the first value we see is 5.56 liters per minute and the last value is 5.70, and that value is -- is increasing by a very small amount.
  - Q. Okay. And if we look at the 1993 period as compared to the '92 period, what has happened in the two '93 testing periods as compared to '92?
    - A. Can you say that again, please, the two '93

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testing periods?

- Q. Yes, January of '93 and September of '93 as compared to your first testing period, what's that line doing?
- A. Well, it's roughly flat. I mean, all values are between 4.52 and 4.7, so those are similar values.
  - Q. And maximal O2 uptake, liters per minute?
  - A. Yes.

ARBITRATOR CHERNICK: Those are not the numbers that are on the chart. Are you looking at the same thing?

THE WITNESS: Oh, I'm sorry, I'm looking at the values -- excuse me, the values that are going from 5.56 to 6.10. So that's increasing a bit, and, of course, the highest value, 6.10, in September of '93 is, you know, the point after he won the world championships and that would correspond to the -- the peak in his training.

- Q. Okay. Well, I want to talk about that theory in a moment, but just looking at the data and just looking at trend lines, the September '93 period over the original testing period, if you drew that in a line, it would be -- it would be headed up, correct?
  - A. It would be headed up slightly, yes.
  - O. Okay. And similar to the line that we see in

variable, and we look at his O2 uptake in liters,
that's the maximum value in terms of uptake that we
see and the lowest body weight over the five testing
periods, correct?

- A. Over the five testing periods, yes.
- Q. And if we look at September of '93, the August 1997 and the November 1999 testing periods, if we look at body weight, what's that line doing?
- A. Can I make just a point? I mean, you're introducing Armstrong's testimony and opinion into here where I'm saying yes, and I would like to qualify my interpretation. I don't fully agree with Armstrong, or at least the way you are interpreting Armstrong. And may I just make that clarification so it doesn't confuse us later?
- Q. Certainly. You think Mr. Armstrong -- if I understand what you're saying now, you want to clarify that you think Mr. Armstrong is incorrect in his assessment that weight is the most important variable?

A. No, I think we are confused as to what we are talking about. I just want to make sure that I'm not adding to that confusion. That is when -- I would agree -- if Lance Armstrong said yes, body weight is the most important variable, let's put that into context.

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your gross efficiency plot, the -- the O2 liter line would be -- there wouldn't be any doubt about which way it was headed in those three points, correct?

- A. Correct.
- Q. Now, if we look in those same three testing periods for Mr. Armstrong's body weight, what is that line doing?
  - A. That line is coming down.
  - Q. Okay. By just under four kilograms, correct?
  - A. Yes.
- Q. And if we look at the power in the maximum of five liters a minute at the bottom, we don't have data for September of '93, correct?
  - A. Correct.
  - Q. Now, why isn't there data for September of '93 on power?
  - A. I'm not exactly sure. It's most likely that we didn't use the bicycle ergometer, that is the Monarch model 819 that is our standard ergometer for reporting accurate powers.
  - Q. Okay. Now, if we take September of '93, when he won the world championships, and we just look at -- we don't have power and we don't efficiency data, I understand, but if we are just looking at body weight, what Mr. Armstrong considers to be the most important

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Well, of the variables that he has the power to change, okay, what's the most important thing to change if you want to win the Tour de France? You reduce your body weight. That's the most important variable that he now has control over. Now, that doesn't mean it's the -- it's the most important variable ever. That's the only thing that he has the ability to control, because he does not have the ability to enlarge his heart, for example, besides training and all that he's done to do that.

So we have to put in context, I think, the -- what he was saying. And when I say yes, I would agree with that, but it's in the context of what he now has ability to -- to change in a way that would benefit his performance. It in itself is not the most important factor for winning the Tour de France, because if anybody believed that, you can take the smallest kid you can find and say you win. That is ridiculous.

- Q. Okay.
- A. So, I mean, let's just...
- Q. Thank you, Dr. Coyle. Now, if we look at the body weight in the September 1993 testing period through the November 1999 testing period, what's that line doing?

35 (Pages 1633 to 1636)

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Page 1637

- A. That was September '93 through '99?
- 2 O. Yes.

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- A. Well, the line goes up and then it stabilizes.
- O. Okay. There is -- it's definitely headed up. correct?
- A. Well, it's headed up from '93 to '97, but not from '97 to '99.
- Q. It's still trending up between '97 and '99, although marginally, correct?
  - A. Well, I wouldn't call that optimum.
- Q. Okay. But '99 --
  - A. That's the amount of this 200 milliliters.
- 14 Q. Okay. But you agree with me that November of 15 '99 as compared directly over September of '93, the 16 trend is still up, correct? 17
  - A. The value is up, yes.
  - O. And, in fact, in the November '99 weight, that's the highest weight we see of the five testing periods you conducted, correct?
    - A. Yes.
  - Q. Now, in fairness to Mr. Armstrong, it's my understanding that his August 1997 tests were conducted with you to evaluate his physiological state in terms of evaluating, coming back and trying cycling

me what his training had been. Of course, I knew it was for those two weeks before. He followed exactly what I asked him to and then he wrote down for me what his training had been for essentially since he began training again after chemotherapy.

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- O. Okay. So within, you know, a couple of months of training, six to eight weeks I think you said, his body weight in the August '97 testing period was 79.5, correct?
  - A. Yes.
- Q. All right. And his O2 uptake at that time was 5.29?
  - A. Correct.
- Q. Now, one of the things in your study that you account for the increased performance of Mr. Armstrong was a -- a reported body weight of 72 kilograms. Do you recall that?
  - A. Yes.
    - Q. And it's in your paper here, right?
    - A. Yes, approximately 72 kilograms.
- Q. Okay. Well, if we look on Respondents' 33 at page 2193, which happens to be the same page as the table, in the first full paragraph on the right column about midway through begins a sentence, laboratory measures of the subject in our study. Do

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again; is that fair?

- A. Yes, correct.
- Q. And he had just -- he had been treated for cancer and he was recovering and had not had an opportunity, as I understand it, to train much prior to August?
  - A. That's not true.
  - Q. He had been training?
- 9 A. Yes.
  - Q. What's your understanding of how long he had been training prior to the August 1997 testing?
  - A. Well, he -- I know exactly the training he was doing for the two weeks before.
    - Q. Okay.
  - A. Because he called me up and he told me he wanted to be tested and he told me his training had been sporadic, and so I -- I mentioned to him that in order for me to best interpret his testing, I would like him to do X amount of training for two weeks. So he trained six days a week, two weeks, going out there for three or four hours a day, heart rates up to a certain point and he did that before he came to see me because I wanted to give him an even dose of training that would allow me to best interpret his results. When he then came in, he wrote down for

- you see that? It says laboratory measures of the 2 subject in our study were not made soon after the Tour 3 de France; however, with conservative assumption that 4 VO2 max was at least 6.1 liters a minute and given his reported body weight of 72 kilograms, right?
  - A. Right.
  - Q. So there you're using 72 as the number that you're factoring in to estimate VO2 max, right?
  - Q. And it was reported to you that Mr. Armstrong was racing at 72 kilograms, right?
    - A. Yes.
  - Q. Now, you heard Mr. Armstrong testify yesterday that his Tour de France race weight was in the low 74s, right?
    - A. He said 72.5 to 73.
  - Q. Well, he said that, but if you recall later in his testimony he said that was a goal, that realistically he was starting in the low 74s. Do you recall that?
  - A. Well, there are a number of discussions and, you know, this is relating to 1999. You remember, this wasn't relating to the others. I studied him up to the point in time when he won his first Tour de France in '99. That's all I'm reporting to here. And

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Page 1641

that was the point when his body weight was the lowest, so -- and that was the value that when I asked him what his body weight was and he told me 72 kilograms. That was back at the time that we did the testing in 1999.

So when we were asking him yesterday, I heard a number of values, and I imagine if we clarify which date you were talking about, he has seven different Tour de Frances to discuss. And we know that his most recent Tour de France he weighed a bit more.

Q. Okay. Now, if --

A. But they're all in the range of 72 to 74 kilograms, which, you know, that's four pounds, so...

Q. But it would change your calculation, right?

A. Yes.

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Q. All right. And if, for instance, you plugged in 74 instead of 72 there, it's going to drop his VO2 max down from the 85 that you're reporting, right?

A. Yes.

Q. Now, I want to look again at the table, if you'll keep in mind this paragraph that you're using 72 with a VO2 max conservatively estimated at 6.1. In your five testing periods, what was the highest value of maximal O2 uptakes that you ever tested

Page 1643

Q. And the Tour de France ends, you know, roughly the last days of July, right?

A. (Nods head.)

Q. And you had an opportunity to test him a few weeks later in September, correct?

A. More than a few weeks, yes.

Q. Well, I believe the testing date was September 13th. Does that reflect what you recall?

A. I don't recall when in September.

Q. I can show you if you would like to see it, or does it matter to you if it was the 13th or not?

A. It doesn't matter.

Q. Okay. Now, Mr. Armstrong, after completing the Tour in 1993 -- well, first off, Mr. Armstrong did not finish the tour in 1993, right?

A. I don't know.

Q. Okay. Well, if evidence is presented that he, in fact, did not finish the Tour in 1993, you have no reason to dispute that, correct?

A. (Nods head.)

Q. And in fact, Mr. Armstrong raced in the Tour in '93, '94, '95 and '96, finishing the race only one time. Were you aware of that?

A. No. I mean, yes, generally, yes, but I don't know specifics.

Page 1642

Mr. Armstrong for?

A. 6.1.

Q. So is 6.1 a conservative estimate or was it the highest value that you had ever actually reported on Mr. Armstrong?

A. It's a conservative estimate.

Q. Now, I also want to look at -- have you -- have you read Mr. Armstrong's first book?

A. May I qualify why it's conservative?

Q. It's -- I'm sure that your lawyer will give you a chance to do that, sir. I'm not trying to be rude. I'm trying to get through.

Have you had a chance to read

14 Mr. Armstrong's book?

A. Years ago.

Q. Okay. Now, at page 219 in Mr. Armstrong's book, It's Not About the Bike -- well, first, let me ask you this. Mr. Armstrong's 1993 racing season was successful, correct?

20 A. Yes.

21 Q. He won the world championships that year?

A. Yes.

Q. And it was also the first year that he raced in the Tour de France, correct?

25 A. Yes.

Page 1644

Q. Okay. Now, at page 219 of Mr. Armstrong's 1 2 book, Mr. Armstrong says, the doubt about me as a tour rider was my climbing ability. I could always sprint, but the mountains were my downfall. Eddie Murphy told 4 5 me -- or had been telling me to slim down for years 6 and now I understood why. A five-pound drop was a 7 large weight loss for the mountains and I had lost 15 8 pounds. It was all I needed. I became very good in 9 the mountains.

And that's consistent with your opinion that Mr. Armstrong's increase in performance was attributable in large part because of weight loss, correct?

A. Correct.

Q. The data you took following Mr. Armstrong's performance in the 1993 Tour de France and the data you took following the 1999 Tour de France does not reflect a 15-pound weight loss, does it?

A. No.

Q. And in fact, if you estimate that
Mr. Armstrong raced the 1999 Tour de France at 72
kilograms, he was essentially without body fat as
compared to your 1999 testing period; is that right?

A. No. I'm not sure what you mean by essentially without body fat. I mean, that's what --

37 (Pages 1641 to 1644)

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Page 1645 1 what does this mean? 2 2 O. Well, his lean body weight, which I correct? 3 understand excludes body fat; is that right? 3 A. Correct. 4 4 5 5 Q. In 1999 was 71.6, correct? 6

A. Yes. O. Meaning that if he had maintained his lean

body mass, he had at the time he raced the Tour four-tenths of a kilogram of body fat, correct?

A. Well, you're saying -- you're assuming that he maintains exactly what lean body weight?

Q. Yes.

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A. What lean body weight are you saying exactly? Because in my paper I say -- and in the slide here in this PowerPoint it says lean body weight was constant at between 68 and 70 kilograms. So I'm not sure what -- we need to know what your exact values you're referring to in order to come up with this --

Q. Fair enough, fair enough. Now, unfortunately you didn't, for some reason, test Mr. Armstrong's or at least report Mr. Armstrong's lean body weight in the September '93 testing period, right?

A. Correct.

O. But we know his gross body weight was 75.1 kilograms, right?

1993? That was his weight when you tested him,

O. And he says I got better in the mountains because I lost seven kilograms, correct?

A. Correct.

O. But when he wins for the first time in 1999. you're not even putting forward the explanation that he was seven kilograms lighter than he had been when he won -- I'm sorry, when he competed in his first tour in 1993, that's all I'm saying.

A. No.

Q. Okay. Now --

ARBITRATOR FAULKNER: Counsel, is this a good time to break? Lunch has been delivered and is outside and we have the other issue to deal with regarding Mr. Walsh and Anderson and Ms. O'Reilly that we asked y'all to let us know whatever y'all have been able to agree upon for them.

MR. TOWNS: Absolutely, yes, sir. ARBITRATOR FAULKNER: Okay. Great. If it's a good time, let's move to that particular issue. Dr. Coyle, you can step down for a little while, but you will be being called back.

What agreements, if any, have y'all been

Page 1646

A. Yes.

Q. Now, 15 pounds is roughly seven kilograms, correct?

A. Yes.

Q. You don't have any hypothesis that you're going to put forward that Mr. Armstrong started the 1999 Tour de France at 68 kilograms, do you?

A. No.

Q. Okay. So he definitely was starting heavier than the amount of weight loss he attributes to himself in his book, right?

A. Say that again.

13 Q. He's definitely starting the tour heavier 14 than the 15-pound weight loss that he attributes to 15 himself in his book?

16 A. Well, a 15-pound weight loss depends on where 17 you're starting weight loss from. I mean, I don't 18 know what he's referring to in his book, so I think 19 this is selective data analysis. I'm -- I'm -- you 20 just show me what numbers he's starting with and where 21 you got them from to make this case.

22 Q. Fair enough. I don't want to belabor the 23 point too much. Mr. Armstrong fails to finish the 24 1999 -- I'm sorry, 1993 Tour de France at 75.1 kilograms, correct, if you assume he didn't finish in Page 1648

able to reach with regards to Anderson and O'Reilly? MR. TILLOTSON: We have been able to agree -- it's been reduced to writing but hasn't been officially signed off that Mr. Anderson is appearing in these proceedings pursuant to a validly issued subpoena.

ARBITRATOR FAULKNER: Okay. So we don't need to deal with -- is that correct?

MR. HERMAN: That's correct.

ARBITRATOR FAULKNER: Okay, we can deal with that one. What about Ms. O'Reilly?

MR. TILLOTSON: We haven't reached any agreement. I think they still object to our ability to take her deposition by videoconference.

ARBITRATOR CHERNICK: Well, when you say take her deposition, you mean --

MR. TILLOTSON: I'm sorry, I mean present her trial testimony.

MR. HERMAN: Yeah, we do object to that, I mean, for the same reasons we've mentioned, that you issued -- the chairman issued a valid subpoena which she has never complied with. And so for her to come, no documents, voluntarily without us having the

opportunity under the act to depose her as the panel 24 25 has authorized us to do for a witness beyond the

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Page 1649 subpoena power is a violation of the act and it's -you know, it's patently unfair to us. It's not --2 she's not our witness and, you know, we made these 3 4 arrangements by agreement, confirmed by the subpoena, 5 and nothing has happened. So she ought to not be 6 allowed to testify. Plus to have her testify by video 7 is patently unfair. We have got no idea -- we have no 8 idea how we could cross-examine her. She hasn't 9 produced any documents and we haven't been able to 10 depose her to determine, you know, what sort of cross-examination might be appropriate. 11 ARBITRATOR FAULKNER: Okay. Have we 12

gotten a ruling yet from the British court?

MR. BREEN: I did get an update.

MR. HERMAN: Yes, I did.

MR. TILLOTSON: First of all, those are

two different issues, I think.

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MR. HERMAN: They do have overlap, though, because --

ARBITRATOR FAULKNER: Let's finish on O'Reilly and then we'll go to Walsh so I can find out what the court has done over there.

MR. TILLOTSON: The problem with O'Reilly is that we've been unable to obtain her deposition based upon the language in the subpoena that they

Page 1651 So as of now, the resistance to

disclosure continues and no authorization has been made by the British court.

ARBITRATOR FAULKNER: Okay.

MR. HERMAN: I think that's accurate, but you know, somebody else may have better information. ARBITRATOR CHERNICK: Any different

8 characterization?

> MR. TILLOTSON: I have not heard anything, but it wouldn't surprise me if the proceeding was delayed because they were filing things as of this morning.

ARBITRATOR FAULKNER: That doesn't surprise me, either.

Anything else we need to ask, gentlemen,

16 before we --

ARBITRATOR CHERNICK: No.

ARBITRATOR FAULKNER: We will stand in recess right now. If y'all will have whatever lunch is being brought in, we are going to go upstairs and then we will -- when we come back down I think we will have some solutions for v'all.

MR. HERMAN: Do you know what time we'll reconvene?

ARBITRATOR FAULKNER: It's right now

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insist upon, so I can't get her to be deposed. I'm told that the language that they want is the language ordered by this panel that I will be able to likely obtain, in effect, a trial subpoena for her.

ARBITRATOR FAULKNER: Okay.

MR. TILLOTSON: That she will -- it would just be live testimony, but it would not qualify as -or be allowed as a discovery.

ARBITRATOR FAULKNER: Right. We understand that and we may have a solution on that one.

Let's move to Mr. Walsh. Could you please let us know whatever the courts have done?

MR. HERMAN: Mr. Walsh -- it's his attorneys that appeared for him are continuing to resist the disclosure of any documents and -- or -- or the use of them in this proceeding. And you all -the other side may have a report, but I'll just give you the report that I got. The -- the -- the British lawyers say that the Times and Walsh lawyers said that

20 21 they hadn't had an opportunity to present all of their

22 submissions or whatever, so the judge said, well, we 23 will give them until next week to produce whatever it

24 is they want to produce in opposition, and then we'll

25 have a hearing next week.

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2 ARBITRATOR CHERNICK: How about maybe 3 12:30 at the latest.

ARBITRATOR FAULKNER: Yeah, let's try for 12:30, y'all. We are trying to make up time so we get a full day in or as close to one as we can.

(Recess 11:41 a.m. to 12:30 p.m.)

ARBITRATOR FAULKNER: Okay. We are back on the record. All right. We have an arrangement based on what you gentlemen indicated to us earlier with regard to Mr. Walsh and so would you go ahead and add that into the record, then we're going to address Ms. O'Reilly.

Mr. Herman, I think you probably explained it best. Why don't you go ahead and state into the record what we're doing with Mr. Walsh

MR. HERMAN: Well, Mr. Walsh will respond and produce documents which are subject to the subpoena, which was earlier issued upon him. I will make that -- I'll make that an exhibit, and I think the parties have stipulated that by this agreement we agree that Mr. Walsh has been served with the subpoena and it is not being contested as invalid for any reason and that he's obligated to produce the

24 25 documents specified in the subpoena subject to,

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however, the -- he is not required to produce documents which have been produced in the British case and which have been previously furnished to counsel for Claimants, and Claimants have, to the extent necessary, Mr. Walsh's consent to use those documents in connection with this proceeding.

ARBITRATOR FAULKNER: Mr. Tillotson, is that fair?

MR. TILLOTSON: That is fair.

ARBITRATOR FAULKNER: Okay, let's address

Ms. O'Reilly.

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MR. TILLOTSON: I'm sorry, in exchange that the parties agree that Mr. Walsh will testify live on Thursday, presuming that will be my case, regardless of what is going on, that Mr. Walsh is scheduled to be accommodated so he can testify on Thursday.

MR. HERMAN: I agree, that's part of our agreement as well.

ARBITRATOR FAULKNER: Okay. Let's go on to Ms. O'Reilly. We have heard numerous times from y'all -- this seems to be the last one that y'all haven't been able to reach an agreement on. We understand the arguments and the basis for the arguments from both sides.

generally familiar with the law of the United Kingdom

in this regard, so it does not need to be very long.

Okay. Gentlemen, that should solve your problem with regard to Ms. O'Reilly. We're very glad you solved your own problems with regards to Mr. Walsh and I think you can suspect that we already had something in mind for him had that been necessary.

So, Dr. Coyle, you are still on the witness stand. You're still under oath. Is there -before we resume with you, is there anything else, guys, we need to take up?

MR. HERMAN: Hopefully over the weekend -- and I hope you can appreciate that given the demands on our time this week, but hopefully over the weekend we'll have, you know, a comprehensive written agreement that we can put in the record --

ARBITRATOR FAULKNER: That's fine. MR. HERMAN: -- that will memorialize it. ARBITRATOR FAULKNER: That's perfectly fine. We know that we will be seeing Mr. Walsh on Thursday. We recognize y'all will need some time and we will accommodate y'all on that.

So anything else we need to deal with before we resume with Dr. Coyle?

All right. Mr. Towns, please resume.

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Here's what the panel is going to do. First of all, we will facilitate service of a trial subpoena for this hearing upon Ms. O'Reilly. Whatever y'all need us to do, we are happy to do in that regard.

Second, trial testimony may be by videoconference at a mutually convenient and agreeable time during the proceedings next week.

Third, Claimants will be entitled to cross-examine Ms. O'Reilly. At the conclusion of her cross-examination, Claimant may move to strike her testimony in part or in whole and/or may move to recess Ms. O'Reilly's testimony to facilitate further investigation of any of the statements she may make in testimony before we resume hearing her testimony for trial and/or they may seek to present rebuttal witnesses.

18 Fourth, these provisions are being based upon Mr. Tillotson's representation that a deposition 19 20 subpoena would not be enforceable as one was 21 previously presented to us and we would simply ask for 22 something, you know, very brief from your British counsel indicating that what had been issued for 23 24 deposition purposes was not enforceable pursuant to British law. Members of the panel are already

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O. (BY MR. TOWNS) Dr. Coyle, I just want to clear up a couple of things we talked about before we took the break. Going back to the measurements, the blood measurements that you did on Mr. Armstrong in the test, when you measured lactic acid using the PCA method, you confirmed that every time that you did that you adjusted for plasma volume?

A. Yes.

Q. And to make that adjustment, did you have to measure hematocrit and hemoglobin concentration?

A. No.

Q. You did not?

A. No.

Q. So you never saw those values?

15 A. Correct.

> Q. Okay. Now, I want to talk about your paper. We talked in the last hour about one part of the equation, that being the ability to generate power, and we talked about a few different -- you know, the

20 weight and VO2 and things likes that. Now I want to 21 talk about the transmission as you described it, the

22 efficiency. And the first thing I wanted to say is --

or to ask you is the measurement of efficiency really 23

24 was the purpose of Respondents' 33, correct? 25

A. Yes.

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- Q. And in Respondents' 33, the JAP article, what you're attempting to demonstrate is that Mr. Armstrong's efficiency had improved each measurement period as you saw with the straight line over the five testing periods, right?
  - A. Right.

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- Q. Now, you'll agree with me that for the September '93 period we don't have mechanical efficiency testing done in that particular testing period, right?
  - A. Correct.
- Q. And I asked you about that in your deposition and I think that you told me that there may have been a problem with the ergometer or there was some reason; is that right?
- A. Yes. I'm not sure exactly why we didn't make that measurement. Most likely the ergometer either wasn't available, was being used for another experiment or -- I don't recall.
- O. Okay. Will you describe briefly -- because despite my interest and effort, I'm not sure I understand -- what exactly is happening? I've seen the picture of Mr. Armstrong and the tubes. What tests are being done when he's in the lab as reflected in this --

bicycle ergometer. 1

Q. Okay.

3 A. The other part is how much -- how much energy 4 his body is expending. That is calculated from his --5 his -- the measurement of oxygen consumption to 6 determine that. You saw the mouthpiece and you saw 7 that measuring the air and oxygen going in and out of his body. The difference is how much he is consuming.

- 9 At -- and then you -- you use indirect calorimetry in
- detecting -- by which you say for every one liter of 10 oxygen consumed, you're producing, when you have a 11
- 12 respiratory change ratio of 1.0, about five calories 13
- of energy per liter per minute. 14
  - O. Okay.
- A. And --15

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- O. I'm sorry.
- 17 A. And the point is we are using this measure of oxygen consumption as his whole body energy 18 expenditure, converting that to calories per minute. 19
- 20 We can also discuss this in terms of watts. The --
- 21 from that measurement of oxygen consumption, we can
- 22 also directly calculate how many watts of total --
- total chemical energy he was converting into something 23
- else. The something else is the physical work on the 24
- 25 ergometer and the balance would be the heat.

Page 1658

- A. The testing measures --
- O. Let me stop you. I don't need all the technical -- I mean, if you can just describe generally we are doing this and testing this, we're doing this and testing that, I don't need the detail and all -- what the results are. I'm just interested in the methodology of the testing.
  - A. Okav.
  - Q. Does that make sense?
- 10 A. Yes.
- 11 Q. Big picture.
- 12 A. Big picture, okay. One is Mr. Armstrong is pedaling a bicycle ergometer, stationary bicycle, for 13 the measurements of muscle efficiency. This ergometer 14
- 15 was -- was the Monarch 819. It's -- it's a piece of equipment by which you can manually press in the 16
- 17 constant power output you want it to be at. So we
- 18 could do that electronically, and we would tell
- 19 Mr. Armstrong keep your RPMs at 85 RPMs and this
- 20 instrument would -- would alter the resistance on the
- fly wheel very slightly just to keep a constant power, 21
- 22 whatever we decided the power should be as far as, you
- 23 know, how intense we wanted him to work. So that --
- 24 that is a description of the -- half of the equation,
- 25 that is the power that was generated physically on the

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- 1 So my point is that by the measurement of 2 oxygen consumption we were able to calculate his whole
- body rate of energy expenditure for his bodily rate --3
- 4 his bodily rate of energy production. Efficiency is
- 5 simply how much work is done, how much -- excuse me,
- how much power is generated on the ergometer divided 7 by how much power his body has to expend to accomplish
  - that ratio as we have seen is around 21 to 23
- 9 percent --
  - Q. Okay.

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- A. -- in Mr. Armstrong's case.
- 12 O. So he's riding this Monarch ergometer. It's
- like a bike, as I understand it? 13 14
  - A. Yes.
- 15 O. And he's got these tubes as we saw in his 16 mouth, right?
  - A. Correct.
  - Q. How long is he riding this ergometer for that test.
- 20 A. Well, for the measurement of gross and delta 21 efficiency we use a 30-minute protocol. And what that 22 means is that these are all submaximal exercises,
- 23 that's intensive.
  - Q. And is it stair stepping up, as I understand

it?

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- A. Yes, every five minutes the intensity goes up. The first five minutes it's 50 percent, then 55 and 60 all the way up to 90 percent.
  - Q. Okay. Now --

- A. Of his maximal oxygen uptake.
- Q. Now, if we look at -- well, there's also, as I understand it, another test, which sounds like a lot less fun to me and that is an eight to ten-minute test; is that right?
- A. Yes, that's the test for -- for his maximal oxygen uptake. And essentially there he is -- you have the individual exercise at an intensity that is above their -- above his body's ability to consume oxygen and you establish that as you keep increasing the -- the power output from the ergometer the body does not have the ability to keep increasing its level of oxygen consumption or aerobic power production and so essentially the individual's level of oxygen consumption goes up and up and up and reaches a maximum, which is a plateau, and that's all they've got essentially. That is their maximal oxygen uptake or VO2 max, maximal aerobic power or whatever.

And also that's where they achieve their maximal heart rate. There are several ways in which we find this as being the maximal cardiovascular

in those times, physical, correct?

- A. Correct.
- Q. All right. Now, your mechanical efficiency showed an improvement in the first testing period to the end in a straight line, as you've described it, right?

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Page 1664

- A. Correct.
- Q. And so in that -- in that measurement, there was no adjustment for what season that he was in?
  - A. Correct.
- Q. Now, gross efficiency and delta efficiency. Gross accounts for life itself, right, meaning the ability to sit on the bike and keep your heart pumping and whatever else goes on outside of pedaling, right?
  - A. Correct
- Q. And delta attempts to account for pedaling itself, correct?
  - A. Yes.
- Q. Now, the numbers in table 2 in your JAP article between gross and delta are very, very close, right?
  - A. Correct.
- Q. And I asked you about that in your deposition and I think you told me that that seemed a little bit unusual, correct?

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ability.

- Q. Okay. And that's -- in my mind, you're just riding as long as you can at that intensity and that's what you're measuring?
  - A. Yes.
- Q. You're measuring those things in the process, the eight to ten-minute test?
- A. Yes, and eventually the individual fatigues. They don't have to fatigue. I mean, they have to experience fatigue and feel, you know, pretty tired, but it's a strenuous test, yes.
- Q. And it's a combination of those two tests that's reflected in your report, the JAP article, correct?
  - A. Yes.
- Q. And I think you told me at your deposition there's been some confusion about the ergometer, that he used different ergometers for different parts of the test, correct?
  - A. Correct.
- Q. The -- well, first, let me ask you this.
  There has been some discussion about the different parts of the season that Mr. Armstrong was in at the
- 24 time that the -- the five times that he was tested,
  - 5 right? That he may have been in different conditions

A. Uh-huh.

- Q. But that it wasn't really important to the conclusions you were reaching on Mr. Armstrong, the delta and the gross; is that accurate?
- A. It's accurate. I would maybe choose a different word than unusual. I would say that's not typical. I mean, it's perfectly -- it would not -- it's not abnormal that somebody happens to have the same gross efficiency and delta efficiency. I mean --
- Q. Well, I think the word you use -- and we can look if you don't recall, I'm not trying to trick you -- is that it didn't demonstrate to you anything unique about Lance Armstrong?
  - A. No. Well --
- Q. Do you agree with that, that it didn't demonstrate anything unique?
  - A. Anything unique? Not that I can think of.
- Q. Okay. Now, the -- the measurement of Mr. Armstrong's increase in efficiency, Ms. Blue asked you if it was comparable to a report that was done on running efficiency. Do you remember that?
  - A. Yes.
- Q. Now, in all fairness, in running efficiency, in running itself, there are elastic changes in tendon and muscle that aren't present in cycling, correct?

Page 1665 1 A. Correct. 1 2 2 O. And there have been reports -- I'm sorry, A. Yes. 3 3 criticisms of your report, and we have talked about 4 some of those people that have made those criticisms 4 5 5 earlier, but a large part of those criticisms have been aimed at your use of more than one ergometer in 6 A. Riaht. 6 7 the five testing periods with Mr. Armstrong; is that a 7 8 fair statement? 8 9 9 A. No, it's not. correct? 10 A. Right. 10 O. It's not, okay. What's the next one? 11 11 12 MR. BREEN: Are those the letters to the 12 editor? 13 13 14 14 MR. TOWNS: Yes. MR, BREEN: I think they're in. They're 15 15 Respondents' 74. 16 16 17 MR. TOWNS: Oh, okay. 17 MR. TILLOTSON: Let's double-check so 18 18 19 19 we --20 20 ARBITRATOR FAULKNER: Did you say Respondents' 74? 21 21 22 MR. TILLOTSON; Yes, Respondents' 74. 22 23 ARBITRATOR FAULKNER: Okay. They are. 23 MR. TOWNS: Very good. 24 collated out of order so it's -- or produced out of 24 25 Q. (BY MR. TOWNS) Now, in Respondents' 74, 25 order. Page 1666 these are questions, letters to the editor. If you go 1 2 to the last page of Respondents' 74 -- these are 2 three. copied in the wrong order. If you look at in the 3

right-hand column the first full paragraph, just the

MR. BREEN: That's the second to the last

MR. TOWNS: Okay. In mine it's the

MR. TILLOTSON: The SCA, page 1949.

Q. (BY MR, TOWNS) Do you see that, Dr. Coyle?

MR. TOWNS: Yeah, 1949. The paragraph

ARBITRATOR FAULKNER: 1949, right column,

first sentence will be fine, the first couple of

MR. BREEN: Bates 1948?

headed, were all tests performed on the same

You have it in front of you. We may be having a

Q. And this is David Martin at the Australian

he's asking the editor were all tests performed on

24 Institute of Sport and he's asking you -- or I guess

little difficulty getting it up on the screen.

sentences. The first full paragraph.

last -- I think it's just out of order.

first paragraph, first full paragraph.

A. Yes, I can see that.

MR. TOWNS: Yes.

Page 1667 the same ergometer. Do you see that? O. And he says the terminology used to describe the same Monarch ergometer model 819 used for all cycle testing is confused. Do you see that? O. And you are aware that there were some discussions about what ergometers you had used, Q. And then you answered that. You reply to that on page 1629, which is SCA 1948. In the right-hand column, again the first full paragraph, says point three, were all tests performed on the same ergometer, and here you are answering it and you say all the data presented on Armstrong in this manuscript were indeed collected from the same ergometer, only one unit used. Do you see that? ARBITRATOR LYON: Where is that? I've got the -- I don't have the rest --ARBITRATOR FAULKNER: It's the page before that, I think. MR. TILLOTSON: It appears to have been

ARBITRATOR FAULKNER: It's point number 3 MR. TOWNS: It's backwards for some 4 reason. 5 Q. (BY MR. TOWNS) Do you see where it says 6 that, Dr. Coyle? 7 A. Yes. 8 Q. So we saw a picture in your PowerPoint with Mr. Armstrong riding some kind of ergometer and I 9 10 think you've described that as a Schwinn, correct? 11 A. Correct.

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O. So in fact, all data in the report did not come from the Monarch, did it? A. All the efficiency data, all the measurements of muscle efficiency, which are, you know, the only measurements where what ergometer we used was

important. I mean, you can measure maximal oxygen uptake whether a person is running on a treadmill or bicycling. Maximum is maximum whether you're -- you know, as long as you're using a long enough muscle mass.

So when you say all of the -- all the data, you know, I'm referring to all the data referred -- all the data that is using power output, which is important for the calculation of muscle

43 (Pages 1665 to 1668)

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ergometer.

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Page 1669

efficiency. That was collected on one ergometer, the Monarch 819. That's the only important measurement where power factors into any calculation. There is no other use of an ergometer or measurement where power becomes important.

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O. Okay. But in all fairness, the way this was written, that all data presented on Armstrong in his manuscript were indeed collected from the same ergometer, could be read to mean all data presented in the manuscript came from the same ergometer, right?

A. I think we need to go back and read the context of what the question was from Mr. Martin in prior responses. Because what they were doing in the question from Mr. Martin, he was questioning whether all the efficiency data was calculated from using the same Monarch. And really if you go back and read the question of Mr. Martin, and when he says -- when you said initially there was confusion, the original word he had used was suspicion, not confusion.

So when he read his paper, he claimed there was suspicion that he had found us doing something inappropriate, and what his suspicion was was he essentially was saying that Monarch does not make an ergometer that can be used in the way that you used it, constant power. They do not make an

units that were sold in the U.S., of which we had one. And I sent a photograph of that to Dr. Martin just in response, because he probably wouldn't believe anything but a picture of the actual unit.

So I was pleased to relieve him of his suspicions. The editor decided for some reason -didn't consult me, but took the word out suspicions because that's a little different word, in my opinion, and put confusing in, and I didn't realize he substituted suspicions for confusion until I actually sat down this week and read this.

So there's a history for this letter and there was an actual purpose, in my opinion, to Dr. Martin's response.

Q. Those of us that aren't familiar with the behind the scenes change from suspicion to confusion and were just reading it, it's fair to say or to interpret what it says, and that says all the data?

A. I understand. It's fair -- if you want to be fair, all you need to do is read the entire letter to the editor, read his original letter and read my response, don't just pull out selective paragraphs and words.

Q. Okay.

A. I mean, the message he's sending in that

Page 1670

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ergometer that is electronic or computerized. We got
you, Coyle, you cheated, okay. It's suspicious.
That's why they wrote that article, that letter to the
editor, David Martin. The word is suspicion.
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And I think if you probably read the preprint, not the article that came out in publication here, but if you read the electronic types, manuscript set that I had seen copies of it downloaded from the JAP web site, the word suspicion is in there, not confusion, by Mr. Martin.

Q. Okay. Well, I wasn't trying to mince the

words. A. No, no, this is the version I have. Well, this is the important point of Mr. Martin's letter to the editor and I would encourage the panel to read it very carefully. He essentially said Coyle tests Armstrong, suspicion, looking for suspicion. He says Coyle used a Monarch ergometer that was computerized. Monarch does not make a computerized electronic ergometer, Dr. Martin says, therefore we caught Coyle and by inference Armstrong in some kind of lie. And I think Dr. Martin assumed that all along and -- until in the record you also see a letter

from the manufacturer of Monarch that indeed says that

Monarch did make an electronic ergometer. Only 20

Page 1672 letter is quite clear and my response is quite clear.

ARBITRATOR FAULKNER: Okay. Doctor, before you go any further, I see a reference to something about, as did our system for measuring indirect calorimetry. Was there something else used on Mr. Armstrong we have not heard about in the way of testina?

THE WITNESS: No, that's the oxygen consumption system.

10 Q. (BY MR. TOWNS) Okay. So as I understand it, the 25, 30-minute test measured efficiency, correct? 11 12

A. Yes.

Q. That's the one that you used the Monarch 819 for all the four test groups, right?

A. Yes.

O. And then there was the eight to ten or 12-minute test, right?

A. Yes.

O. The maximal --

A. The maximal test.

Q. Maximal test. And the -- I guess your testimony that some testing was done on a Schwinn, is that the test you're referring to?

24 A. Yes.

Q. Okay. So people that read this in your

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Page 1673

article understood that the efficiency testing was done on the Monarch 819 once they read this?

A. Right.

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- O. And then the other, the eight to 12-minute test that resulted in like maximum heart rate and some of these other values was done, I guess, on a Schwinn?
- A. It could have been done on a number of devices, ves.
- Q. Okay. Now, if you look at page 2191 of Respondents' 33 under methods -- 2191, which is the second page of Respondents' 33. It's the article. The paragraph in the lower middle page beginning with measurement of VO2 max, the right-hand column. Okay. Beginning where it says measurement of VO2 max, here you're describing your testing method, correct?

A. Riaht.

17 Q. It says the same Monarch ergometer, model 18 819, equipped with a racing seat, black handlebars and pedals for cycling shoes was used for all cycle 19 20 testing. And seat height and saddle position were held constant. Pedal strength being 175 milliliters, 21 22 VO2 max was measured during continuous cycling lasting 23 between eight and 12 minutes. This was the eight to

A. Correct.

12-minute test, right?

that is a correct statement. And what I'm saying is 2 we did, then, additional tests, certainly sub max for 3 lactate responses and heart rates and powers, because the cyclists want to know what their heart rates are 5 on their bicycles, certain powers, so when they ride 6 they can relate back to it. And that's some of the 7 data you have seen in the photographs.

O. I'm not trying to be unfair, Doctor, My point really is is that there has been testimony in your deposition and here that this eight to 12-minute test for the purposes of reporting data in your report was at times conducted on a Schwinn, right?

A. During the eight to ten minutes I think we probably did VO2 max testing, you know, on the Schwinn and on the Monarch, yes.

Q. Okay. But my question is, in your deposition and again earlier you've testified that in reaching data to put in the report on these eight to ten, 12-minute tests the Schwinn was used, correct?

A. This -- well, the Schwinn might have been used as a duplicate test one or two times. It wasn't used as the primary method for testing, and it wasn't used as the only method for testing.

O. Do you remember giving your deposition in this matter?

Page 1674

Q. And here it's representing that it was the same Monarch ergometer that was used for that, right? A. Yes.

O. But, in fact, the Schwinn was used in some testing periods, wasn't it?

A. I believe -- well, I know the Schwinn was used for all measurements of submaximal, which is the calculation of efficiency. I also know that we used this -- the same Monarch ergometer, this one mentioned here, for possibly all of the maximal tests, too. And we did additional testing that's not reported here that was done where the bicyclist would say, look, I don't -- in addition to riding your bicycle ergometer for a laboratory, which isn't the exact same set-up as my bicycle, I would like to see how results compare if I ride my own bicycle.

Well, you take their bicycle, you put it on the Schwinn, as you have seen, and we do additional testing. We did additional testing for submaximal efficiency. We did additional testing for lactates. 21 We sometimes did additional testing for VO2 max.

22 So what I'm saying is all of -- I'm 23 positive that all of our efficiency tests were done on 24 the same Monarch. I'm fairly certain that all of our 25 VO2 max testing was also done on the same Monarch. So Page 1676

Page 1675

A. Yes.

MR. TOWNS: Okay. If we can look at Mr. Coyle's deposition at page 13.

Q. (BY MR. TOWNS) Dr. Coyle, let me show you on page 13 of your deposition that we took in this matter. I'm sorry, it starts on page 12 at line 25. I say: Now, if we look at table 2 in the September 1993 examination, you see efficiency wasn't even recorded in that test, correct?

And your answer: Uh-huh.

Question: Would there have been notes that would have indicated the recording of efficiency?

Answer: No. probably not.

Question: Why wasn't efficiency recorded in that test?

Answer: We probably didn't use the bicycle ergometer, that is the Monarch 819 ergometer that we typically use to do efficiency. Now, to measure efficiency we rely strictly -- upon strictly one ergometer and we note on that date we probably used some other ergometer which is valid for measuring VO2 max, but not one that we had used before.

Do you see that? That certainly gives the impression that information contained in table 2 came from an ergometer other than the Monarch 819,

45 (Pages 1673 to 1676)

Page 1677 Page 1679 1 correct? 1 A. Correct. 2 A. For, let's see, table 2, that would be the 2 Q. And if we can pull up, if you don't mind, 3 VO2 max data for that one time period, which was 3 Respondents' Exhibit 74 and go to page -- which is September of '93, wasn't it? 4 4 Bates 1946, up in the top, very top, first paragraph 5 O. I believe that's correct. 5 left-hand corner. Although there were a few other 6 A. September of '93. That's possible. That's items raised earlier and the panel is certainly free 6 7 correct. 7 to take a look at them, one of the points that was 8 Q. Now, do you know or have any test data been 8 being raised by either -- if it's more than one person 9 made available to you of Mr. Armstrong for, say, the 9 or one person from Germany was that in addition to the vears 2000 through 2005? 10 physiological factors that we have heard about for 10 11 A. No. 2000? 11 Mr. Armstrong here today, this particular letter had 12 Q. Yes, Doctor, I understand that in your report 12 to do in this part here with the other variables such it doesn't cover that time period. We haven't seen 13 13 as tactical race understanding and motivational and 14 any data either, so I just -- with an athlete like 14 psychological issues, right? 15 Mr. Armstrong and his fastidiousness with looking at 15 A. Correct. his body and his equipment, I assume some testing has 16 16 Q. And it says, although speculative, the latter two might play a prominent role in Armstrong's 17 been done in that five-year period that hasn't been 17 18 provided to us. My question simply, as their expert, 18 sporting achievements, especially when considering his 19 have they provided that information you? 19 unique medical history and human experience as a 20 A. Since 2000, no. 20 cancer survivor. 21 MR. TOWNS: Pass the witness. 21 Have you tested many cancer survivors? 22 22 MR. BREEN: Do you mind if I pinch hit A. No. 23 for Ms. Blue? 23 Q. As elite cyclists? 24 ARBITRATOR FAULKNER: Go ahead. 24 A. No. 25 MR. BREEN: Hopefully I can keep this 25 Q. Were you here when Jay T. Kearney was talking Page 1678 Page 1680 very, very brief. about sticking his arm in a bucket or barrel of ice 1 2 2 REDIRECT EXAMINATION water and holding it in there as long as he could? 3 3 BY MR. BREEN: A. Yes. 4 Q. Dr. Coyle, welcome to the case. These points 4 Q. Have you conducted any kind of pain threshold 5 that are being brought up aren't new in terms of 5 testing in your laboratory on people? 6 criticisms of your -- the article that was in the 6 A. No. 7 7 journal and the methods that you use; isn't that Q. Do you have any idea what Mr. Armstrong's 8 right? Essentially we are hearing the same rehash of 8 pain threshold must be like? 9 9 some of the letters -- two letters? A. I don't have objective data. 10 A. Right. 10 Q. Right. You haven't been able to do the tests Q. A whopping two letters that were sent in to on him, but certainly you've seen what he's been 11 11 12 the journal about your article; is that right? 12 through? 13 13 A. Correct. A. Yes. Q. Now, how many people does the journal go to? 14 14 Q. You've seen his training regimen, you've seen 15 Do you know how many subscribers, thousands and 15 how he's performed in the Tour de France? 16 thousands? 16 A. Yes. 17 17 Thousands of libraries around the world. Q. It's incredible, isn't it? 18 Q. All right. Did you get any letters from 18 A. It's remarkable. 19 North America or South America? 19 Q. Now, it also talks about tactical race 20 A. No. 20 understanding. You heard Mr. Compton, or if you 21 Q. Did you get any letters from Europe? 21 didn't, talk about cycling being about spinning your 22 A. Yes. 22 legs in a circle. I assume that you know Johan Bruyneel or know of Johan Bruyneel, the director of 23 Q. You got one, right? 23 24 A. One from --24 the Discovery team, right?

Q. From Germany?

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A. Yes.

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Page 1681

Q. And you know that he's regarded as probably the best, if not the best, one of the best race tacticians in the Tour de France?

A. Yes.

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Q. And have you seen through the years in question, '01 through '04, some of the things that Johan Bruyneel and the team has done in terms of race tactics?

A. Yes.

Q. Those things run the gamut from what you talked about in terms of who blocks the wind, who brings the food, who pulls Armstrong to the base of the mountain to also psychological techniques on the other team, doesn't it?

A. Yes.

Q. Like faking out things, like Armstrong being worn out, like the famous case where they now refer to it as the look, when he looked back at Jan Ulrich and then blew him out of the water in a psychologically crushing blow, then went on to win the Tour after that. Do you remember that?

22 MR. TOWNS: Your Honor, I guess I'll 23 object at this point.

MR. BREEN: I'll move along.
MR. TOWNS: I mean, it's purely

1 behind you did that very thing in this case?

A. I read that in his deposition, yes.

Q. All right. I don't know what the purpose was in your examination for these guys asking you some names of your graduate students. I certainly hope it wasn't because we are going to hear them for the first time later on, but have you ever had any of your students come forward to you and say they had any problems with this published article at all?

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Page 1684

A. No.

MR. BREEN: Thanks for your time,

Dr. Coyle.

ARBITRATOR FAULKNER: Anything else,

14 Mr. Towns?

MR. TOWNS: No.

MR. HERMAN: May this witness be excused?

ARBITRATOR FAULKNER: Wait. Any

18 questions from the panel?

ARBITRATOR CHERNICK: No.

ARBITRATOR LYON: I might have one.

ARBITRATOR FAULKNER: Please ask.

ARBITRATOR LYON: These letters that were written in, the letters to the editor, they basically

24 describe other ways that could account for

25 Mr. Armstrong's success, do they not? In other words,

Page 1682

argumentative on a topic that this expert is not qualified for.

MR. BREEN: Well, they just raked the guy over the coals about his paper, Your Honor. It seems like we can at least talk about some of the letters that were sent in here that talk about things that really matter in the case, but I'll move along.

ARBITRATOR FAULKNER: Okay. Then move along, please.

Q. (BY MR. BREEN) Now, the second letter was sent in by somebody in Australia, right --

A. Yes.

Q. -- that you were talking about already with Mr. Towns, and essentially originally accused you, I mean, basically of falsifying data or lying in this thing essentially, right?

A. Yes.

Q. Now, in this particular journal is an accepted practice, do you think, Dr. Coyle, to go behind the author of the journal article's back, call up students that used to be in his lab and try to scrounge up stuff that contradicts the article? Is that what they allow you to do in this journal?

A. No.

Q. Do you know that Dr. Ashenden sitting right

not just cycling efficiency, but one of the things that Mr. Breen pointed out was that paragraph about the sporting achievements, tactical race understanding and motivational and psychological, all that stuff was

talked about by Mr. -- by Dr. Kearney as to the things that those letters say could be the reason.

THE WITNESS: Correct.

ARBITRATOR LYON: None of these letters mention anything about performance enhancing drugs, do they?

THE WITNESS: No.

ARBITRATOR LYON: Thank you.

ARBITRATOR FAULKNER: Dr. Coyle, we have seen the letters to the editor. Isn't one of the basic tenets of scientific examination the concept of

obtaining critiqued reviews and commentary from one's peers in the field so that you can reexamine your hypothesis and see if, in fact, the data do match the

19 theories that you have developed?

THE WITNESS: Absolutely.

ARBITRATOR FAULKNER: So, then, these letters to the editor are nothing unusual in the

context of scientific inquiry?

THE WITNESS: They're legitimate.

ARBITRATOR FAULKNER: All right, thank

47 (Pages 1681 to 1684)

Page 1685 Page 1687 you very much. your educational background. 1 1 2 Gentlemen, is anyone anticipating calling 2 A. I went to the University of Texas. I got a 3 Dr. Coyle back? If not, may he be excused? 3 bachelor of arts in biology, an MBA and a law degree. 4 MR. BREEN: He certainly can from our 4 O. All from the University of Texas? 5 5 side. 6 MR. TILLOTSON: Yes. 6 Q. Were you engaged in athletics at a post 7 7 ARBITRATOR FAULKNER: All right. Thank secondary school level of competition? you very much, Doctor. You may step down and you're 8 8 A. Yes. I swam at the university. excused. If you want to stay, fine. If not, you 9 Q. And did you pursue your swimming after the 9 don't have to. 10 10 university? 11 Okay. Who is y'all's next witness? 11 A. Yes. I swam in the Olympic games in 1988. MR. HERMAN: Bill Stapleton. 12 12 O. That was in Seoul, Korea? MR. TILLOTSON: This is someone from our A. Yes. 13 13 14 office, one of our law clerks that's working on the 14 Q. Have you, in addition to your -- in addition case. She came down here to help us get all this 15 to your biology degree and your graduate degrees, have 15 stuff back, so I assume that's no problem. you served on any trade or professional agencies, 16 16 MR. BREEN: No problem. 17 let's say, since you've been operating at CSE? 17 18 ARBITRATOR FAULKNER: No problem. 18 A. I was a member of the U.S. Olympic Committee 19 MR. TILLOTSON: I'm sorry. If you need 19 from about 1992 until about 2004. her to move, we'll be happy to move her. Is she okay 20 Q. And did you serve in any officer or director 20 capacity with the USOC? 21 there? 21 A. I did. From 2000 until about 2004 I was vice 22 ARBITRATOR LYON: I don't want anybody 22 23 sitting behind me that works for either side. 23 president. 24 MR. TILLOTSON: I'm sorry. I apologize. 24 O. You have been present for at least most of 25 We are going to move you right here. 25 the testimony and evidence in this case, have you not? Page 1686 Page 1688 ARBITRATOR FAULKNER: Ma'am, what is your 1 A. Yes, I have. 1 2 2 Q. You've heard the question asked, if Lance name? 3 3 Armstrong was the official winner of the Tour de MS. LOWREY: Brandy Lowrey. 4 4 ARBITRATOR FAULKNER: Okay. Welcome to France but he didn't follow the UCI rules, that SCA 5 the arbitration, Ms. Lowrey. 5 shouldn't have to pay the money. Basically you've 6 6 heard that asserted, have you not? BILL STAPLETON, 7 7 having been first duly sworn, testified as follows: A. I have. 8 8 **DIRECT EXAMINATION** Q. What -- tell us -- we have seen the 9 9 BY MR. HERMAN: obligation of Tailwind to pay the \$5 million -- or \$10 10 Q. State your name, please. 10 million actually if Mr. Armstrong was declared the A. I'm Bill Stapleton. 11 official winner of the 2004 Tour de France. What is 11 your position on this question that arises about 12 Q. And you previously testified in this 12 13 proceeding, did you not, Mr. Stapleton? 13 official winner versus following the rules, et cetera? A. Yes, I did. 14 A. Well, I think the -- it's not for me or you 14 15 Q. Okay. Tell the -- tell the panel or at least 15 or SCA to decide who the official winner of the Tour de France is. As the CEO of Tailwind I've an 16 refresh us on how you are employed, what you do for a 16

48 (Pages 1685 to 1688)

manager for 10 or 11 years.

A. In the fall of 2003.

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ASO is.

obligation to pay Lance if he's declared the official

winner by the people who declare him the official

UCI or ASO, not for really any of us.

winner, so the question of whether he can cheat and

win or anyone can cheat and win is a question for the

Q. You mentioned ASO. Tell the panel what the

A. That is the promoter, the French promoter,

that organizes and runs the Tour de France.

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living.

Sports?

A. I founded a company called Capital Sports &

Q. When did you become affiliated with Tailwind

Entertainment. I also am the CEO of Tailwind Sports,

Incorporated, and I have been Lance's agent and

Q. All right. Give us a brief description of

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Page 1689

- O. So if we refer to the Tour de France or officials of the Tour de France, we are referring to ASO?
  - A. Yes.

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- O. Okay. I think you were quoted some place as saying that Tailwind's obligated to pay Mr. Armstrong if he's the official winner and you would have that obligation even if he was riding a motorcycle in the race. What did you mean by that?
- A. What I meant by that was that the rules are set by someone other than Tailwind, and if the rules were that you could ride a motorcycle in the Tour de France and Lance won, then he would be declared the official winner, and it's that body that determines who wins and who doesn't.
- O. Of course, if he rode a motorcycle, he wouldn't be the official winner?
- A. Well, if the rules were that you couldn't ride a motorcycle like they are today, then, no, he wouldn't be the official winner.
- Q. Tailwind undergoes audits regularly, do they not, by a certified public accounting firm?
  - A. Yes, UCI requires that annually.
- O. What is the reason for an annual audit of a professional cycling team?

Q. Incidentally, the two bases upon which Ernst & Young relied in confirming Tailwind's liability was that Armstrong has completed all

obligations under his agreement and the agreement clearly identifies the compensation for a sixth

consecutive Tour de France victory, correct?

MR. TILLOTSON: I'm sorry, I do object to the extent that they're going to seek to try and offer evidence regarding the state of mind for accountants. I do not object to them offering evidence that they booked it as a loss, but to try to then get this witness to testify why E&Y did that and that somehow involves some interpretation of the contract, I think, would be hearsay and there would be no foundation.

14 15 MR. HERMAN: Your Honor, we are -- I 16 think the panel could take judicial notice that Ernst 17 & Young conducting an audit is bound by generally accepted accounting principles and by the FASB 18 19 standards which are laid out for a FASB 5, the accrual 20 of loss contingencies which is set out prior to this. So we don't have to examine the state of mind of the 21 accountant, but we are -- I think it's competent 22

23 testimony for the CEO of Tailwind to say that

Ernst & Young, based upon FASB 5 here, has required 24

25 them to book it. So it doesn't require any

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- A. UCI manages all 20 of the pro tour teams and it is an obligation to prove financial responsibility, financial solvency. There have been teams in the past who have been unable to pay riders, sponsors that paid late to the teams, and so for that reason they require an annual independent third-party audit.
- Q. Let me hand you, members of the panel, an exhibit which is marked Exhibit 128. That's not really the next numbered exhibit, but I had already numbered some exhibits during the lunch hour, so...

Can you identify, Mr. Stapleton, who Ryan Parks and Ernst & Young are?

- A. Ryan Parks is the day-to-day accountant for Tailwind, and Ernst & Young is the independent auditor.
- Q. If you'll turn to the second page of Exhibit 128, there is a statement that based upon the accounting procedures and audit procedures undertaken by Ernst & Young, essentially they require you to reflect as not a contingency or a possibility but as an actuality the \$5 million indebtedness, that you have to take that as a loss on your 2004 income statement and reflect it as a liability on your 2004
  - and 2005 balance sheets? A. That's correct.

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clairvoyance or understanding of the state of mind. 2 Mr. Parks is bound by FASB standards.

ARBITRATOR FAULKNER: Wait a second.

I'm going to overrule it. It's already in evidence, guys. Let me add with regard to this, we are all fairly familiar with both GAAP and FASB so -we also know more than I think most of us care to know about how accounting opinions and recommendations and communications occur. So, you know, if we could -that may help expedite this examination a little bit. So please continue, Mr. Herman.

- Q. (BY MR. HERMAN) Did you negotiate the contract between Mr. Armstrong and Tailwind?
- 15 Q. Now, that occurred -- the one at least that's 16 at issue in this proceeding was negotiated in the year 17 2000?
  - That's correct.
- 19 Q. Slide two, please. I'm sorry. Is that 20 correct?
  - A. That's correct.
- 22 Q. And at that time did you have any 23 responsibility or affiliation with Tailwind?
- 24 A. No.
  - Q. Were you negotiating solely for the interest

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Page 1693

of Mr. Armstrong?

- A. Yes.
- O. And you were his agent at the time?
- A. Yes.

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- O. There is a provision in the contract which requires or at least recites that Tailwind will purchase insurance to pay the bonuses which are outlined on -- on the projection screen. Why was it necessary or why did you negotiate that provision?
  - A. The insurance requirement?
  - Q. Right.
- A. Because we wanted to provide as much incentive to Lance as possible and -- two reasons, one, even -- we had some concern that even bonuses smaller than this, Tailwind would be unable to pay, and I also wanted to build in an incentive for Lance to do something historic and reward him for that if he did it, and the only way to do that was through the purchase of insurance.
- O. In your negotiations had Mr. Gorski come back and said, we have got insurance coverage but even if Armstrong is the official winner, the insurance company won't be obligated to pay if they think he shouldn't have been the official winner, what would your reaction have been?

A. I understand that.

O. Do you know of any reason that SCA couldn't have purchased \$5 million of reinsurance or insurance in 2001 just like Tailwind did?

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MR. TILLOTSON: Judge, I will object. That calls for speculation as to SCA's state of mind.

MR. HERMAN: It doesn't. I'm asking him if he knows of any reason why.

MR. TILLOTSON: He's asking does he know of any reason if my client could have gone and done something with respect to purchasing insurance, and I would object that that's pure speculation regarding what my client can do.

ARBITRATOR FAULKNER: I'm sustaining that objection.

MR. TILLOTSON: Testify as to what you know, please.

THE WITNESS: So I should testify? ARBITRATOR FAULKNER: Only as to what you know. Answer Mr. Herman's next question, please.

Q. (BY MR. HERMAN) Do you know when the \$5 million of insurance with CHUBB and Lloyds was put in place? If I were to tell you it was put in place in June of 2001, would that comport with your --

A. That would be right.

Page 1694

- A. I would have told them to look for another 1 2 insurance company.
  - Q. And, of course, it's too late to look for another insurance company now?
    - A. That's correct.
  - Q. Did Tailwind rely at all times, at least since you've been involved in the company starting in 2003, on the existence of this insurance coverage to pay the full \$10 million if the liability accrued?

Of course. And not just this 10 million, five of which has already been paid, but the other four and a half that he's already been paid. Clearly we were relying on that because they were paying us and Tailwind was paying Lance and Lance was cashing the checks.

- Q. Had you not been liable to pay the performance award in 2004, would you have already paid the five million, which was insured by CHUBB or Lloyds?
  - A. Of course not.
- Q. Now, the record reflects that Tailwind paid \$75,000 to CHUBB and \$75,000 to Lloyds for \$5 million worth of coverage in 2004. You understand that SCA -that's what SCA owes Tailwind now is \$5 million for 2004?

Page 1696 Q. Now, let me ask you -- let me ask you this, Mr. Stapleton, if -- in 2002, that was before you were with Tailwind, correct?

A. Correct.

O. Had Mr. Armstrong finished second but believed that the winner had violated UCI rules, would you have made demand on Tailwind to pay the million five?

A. In 2002?

Q. Right.

A. No. I would have -- if I really believed that the winner had cheated, as Lance's agent, as Lance, I would have gone to the UCI or ASO and taken my case up with them.

Q. I realize --

A. I wouldn't have expected Tailwind to pay Lance's bonus regardless of whether it was insured or not at that point if he wasn't the official winner, because that's what their contract says as well.

- Q. Well, does Tailwind -- assuming Mr. Armstrong fulfills the liability requirements by being the official winner, is Tailwind obligated to pay whether there's insurance or not?
- A. Yes.
  - Q. We have talked about the Ernst & Young audit

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requirement, but did that change in any way your opinion as to the Tailwind's liability?

- A. No. Tailwind owed him the money.
- Q. Conversely, in 2004, I realize you're now wearing two hats, in essence, but would Tailwind have paid Mr. Armstrong any money if, under our hypothetical set of circumstances he finished second but claimed that the guy in front cheated?
  - A. No.
- 10 O. Do you have a huge financial stake in the outcome of this proceeding, Mr. Stapleton? 11
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- Q. What is -- what would CSE be entitled to if Mr. Armstrong -- of the \$5 million?
- 15 A. 3 percent.
- 16 Q. And, of course, Tailwind is not entitled to 17 anything?
- 18 A. That's right. Hopefully reimbursement of 19 their attorney's fee, but none of the 5 million.
  - Q. Which have been, unfortunately, sizable as a result of SCA's refusal to pay?
- 22 A. That's correct.
- 23 Q. Incidentally, I think it's been suggested 24 that CSE makes its living off of Armstrong. Tell the
- panel what CSE's business is and what percentage of it

Q. You're aware that this agreement was -- at least according to Mr. Hamman's testimony, it was negotiated during the first week or ten days of 2001?

A. Yes.

5 O. In SCA's pleadings they say many things, a couple of which are that it was important to SCA, not 7 just the fact whether Armstrong had ever engaged in prohibitive conduct but whether there were facts 9 suggesting likely or possible use of performance enhancing drugs and that one of the things that SCA 10 has uncovered since commencing its investigation and 11 12 that SCA claims supports its decision not to pay the 13 funds to the SCI (sic) was an undisclosed investigation by French authorities which was opened 14 in November 2000; you're aware of that? 15

A. Yes.

17 O. After Mr. Hamman's testimony, did you conduct 18 a search only of the Dallas Morning News from the date November 25, 2000 through January 10, I believe, 2001? 19

A. I did.

O. About a month and a half?

22 A. Yes.

> Q. And did you discover articles that relate to this, quote, undisclosed investigation?

A. I did.

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is related to Lance Armstrong.

A. I started CSE back in 1998, and in 1998 CSE was Lance and me. Today CSE is a company that has 50 or 60 employees. We do a number of things. We manage artists, musicians and athletes. We produce live events. We do marketing, consulting. We do a number of different things. And Lance probably accounts for 20 percent or so of our revenue.

Q. All right. Let me switch gears with you just a little bit. When is the first time you heard --10 that you were even aware of the existence of SCA 11 Promotions, Inc.? 12

- A. It must have been August of 2004.
- Q. Did you --

A. I may have seen the insurance contracts along the way, but I wouldn't have paid attention to CHUBB. Lloyds, SCA. I mean, I may have read it before, but to say it was a company that I was aware of and knew where they were headquartered or anything like that, it would have been August of 2004.

21 Q. Had you or anyone connected with Tailwind or Mr. Armstrong, other than ESIX or the insurance 22 23 brokers, ever communicated in any way with SCA, to 24 your knowledge?

A. No.

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Q. Let me hand the panel copies of Claimant's Exhibit 124, which is a compilation of those articles. I think there are some six articles more or less.

Let me talk to you briefly about these articles. What day was the publication of this -- of this French investigation in 2000, do you recall?

A. I remember it being Thanksgiving Day or right around Thanksgiving weekend.

Q. In your job as Mr. Armstrong's agent, what contact do you have with the press and knowledge of how the wire services and the press works and so

 I have quite a lot of contact with the press, and on that day I think the initial call I got was from a reporter.

Q. How would you describe or characterize the level of publicity or the sort of splash that this French investigation had?

A. It was explosive and it was intense. It was as much press as I can ever remember about anything regarding Lance.

Q. If you would take a look at Exhibit 124, the first article is over 500 words. It's from the Dallas Morning News. Do you recall whether this was front page?

51 (Pages 1697 to 1700)

Page 1701 Page 1703 1 A. This is the first one? 1 stories which have run previously, but we did not put 2 2 O. Yes. the eye shade on him and send him up into the Dallas 3 3 Morning News historical stacks or anything. He got it A. It was either front page or front page of 4 sports. I believe it was front page, but I can't 4 off the Internet. 5 5 remember exactly. MR. TILLOTSON: Okay. Is there any way 6 Q. Would a person who read the sports pages, 6 to tell where in the paper it was? even semi-faithfully, have been able to avoid this? 7 7 MR. HERMAN: Apparently --8 A. You could not have missed it. 8 MR. TILLOTSON: Or is it just a 9 Q. The next item that was published in The 9 collection of news stories? 10 Dallas Morning News, December 3rd, referring to the 10 MR. HERMAN: I don't know the answer to frozen urine samples, which I believe you heard that. If -- there may be. We didn't try to do that. 11 11 12 Mr. Armstrong testify about yesterday. Did the story 12 MR, TILLOTSON: I don't have any 13 splash and then die out or did it live on? 13 objection to them using them and offering these 14 A. It lived on and there were flash points. The 14 articles. 15 firs -- from November through January was a flash 15 ARBITRATOR FAULKNER: Okay. point. It was pretty constant. There was another MR. TILLOTSON: I'll be offering my own, 16 16 17 flash point again in April, and Lance went to France 17 so I don't have any objection. 18 ARBITRATOR FAULKNER: If there's no 18 for the first time since it had happened. There was a 19 objection, we will admit this as Claimants' Exhibit 19 flash point in June, July, during the tour. So it 20 would come and go in terms of big headlines, but it 20 124. 21 was always there. 21 Before you go too far afield, Mr. Herman, 22 22 I don't remember you offering for admission Claimants' Q. Has Tailwind ever been -- prior to the time 23 they came to owe the \$5 million, has Tailwind ever 23 Exhibit 128, which you had used early. First of all, 24 been informed by SCA that -- that hang on a second, if 24 are you going to offer it? 25 we had known this, we would have never entered this 25 MR. HERMAN: Yes, I do offer it. Page 1702 Page 1704 and consequently we are rescinding the contract? 1 ARBITRATOR FAULKNER: Do you have an 1 A. Well, I wasn't the CEO of Tailwind, but I 2 2 objection to Claimant's 128? 3 believe Mr. Gorski has testified that he was never 3 MR. TILLOTSON: Is this the e-mail? 4 4 notified and I certainly wasn't after I became CEO. ARBITRATOR FAULKNER: Yes. 5 5 Q. Has SCA ever refunded any of the \$420,000 in MR. TILLOTSON: No. I don't. 6 premiums? 6 ARBITRATOR FAULKNER: I want to keep our 7 7 records straight, guys, so thank you very much. A. No. 8 8 Q. The next article in The Dallas Morning MR. TILLOTSON: The e-mail is 128? 9 9 News -- and why did you just pick the Dallas Morning MR. HERMAN: Yes. 10 News? 10 MR. TILLOTSON: And the articles are 129? 11 A. Well, because it's in Dallas and that's where 11 MR. HERMAN: No. 12. 12 SCA is. There were plenty of other places to find it. 12 ARBITRATOR FAULKNER: I don't know why 13 13 MR. TILLOTSON: May I interrupt for just they're out of sequence, but those are the numbers I one second. This is an objection but also a question. 14 14 have. 15 I assume that this was just pulled off the Internet, 15 MR. HERMAN: Well --16 copied and then printed out by this witness; is that 16 ARBITRATOR CHERNICK: We'll have a what we're looking at? 17 filler. 17 MR. HERMAN: It was pulled out of The 18 18 19 Dallas Morning News archive. 19 ARBITRATOR FAULKNER: Thank you. Please 20 20 MR. TILLOTSON: Tell me where it came proceed. 21 Q. (BY MR, HERMAN) Without going through the 21 from. I won't lodge any objection. I assume that's what it is. If you'll just tell me where it came 22 substance of these articles -- and there's another 22 article December 13, another article December 17 and 23 from. 23 24 then a lengthy wire service article December 18. If 24 MR. HERMAN: It came from The Dallas

25 Morning News archive, which for a fee you can purchase

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it shows an Associated Press authorship, what does

Page 1705 Page 1707 Q. Would it be difficult being a Texan and not that indicate, Mr. Stapleton? 1 2 A. Well, it usually means it's widely 2 to be aware of this kind of coverage? 3 distributed, worldwide probably. 3 A. It's unbelievable to me that somebody could Q. Then the last Dallas Morning News article is 4 4 have missed this. dated January 5, 2001, which you know to be in the 5 Q. Now, later on that year, during -- during the middle of Mr. Hamman and Mr. Lorenzo's negotiation of 6 tour, did -- were -- did there continue to be the sort 6 7 their reinsurance, right? 7 of rumor or innuendo, accusation, et cetera, that you 8 A. That's right. 8 all had apparently become accustomed to? 9 9 Q. In your view, Mr. Stapleton, is the -- do you A. Later in 2001? find that -- or is it your position that this was a 10 10 O. Yes. widely publicized incident? 11 11 A. I can't remember anything specific, but I'm 12 A. Intensely widely publicized. 12 sure there probably was. Q. Now, the Texas Monthly is published here in MR. HERMAN: Your Honor, we offer 13 13 Texas obviously? Exhibits 125 and 126 and 127, which have been 14 14 15 A. Uh-huh. 15 previously appended to our pleadings, but have --16 Q. Let me show you what's marked as Exhibit 16 ARBITRATOR FAULKNER: Any objection to 17 125, which is a 17-page article. Incidentally I 17 125? offered -- I don't know if I offered but I offer 18 18 MR. TILLOTSON: I have no objection to 19 Exhibit 124. the Texas Monthly article, so 125, no. 19 20 ARBITRATOR FAULKNER: 125 is admitted. ARBITRATOR FAULKNER: I think it's 20 21 already in. 21 ARBITRATOR CHERNICK: 126 is the document 22 ARBITRATOR CHERNICK: It's in. 22 that's headed Triple Play, and 127 is the document 23 MR. TILLOTSON: 124 has been admitted. that's headed Sports Cycling. 23 24 MR. HERMAN: Okay. 125 was appended to 24 MR. HERMAN: Exactly. 25 one of our pleadings, Your Honor, Mr. Chairman, but it 25 MR. TILLOTSON: I don't have any Page 1706 Page 1708 1 is not in evidence yet. objection to 126 or 127. 1 2 ARBITRATOR FAULKNER: Okav. 2 ARBITRATOR FAULKNER: Then they will been 3 Q. (BY MR. HERMAN) Could you describe what 3 admitted without objection. 4 Exhibit 125 is? 4 Q. (BY MR. HERMAN) Let me change subjects here with you, Mr. Stapleton, and let's talk about the 5 A. This was a cover story in Texas Monthly, 5 negotiation of sponsor contracts. Tell the panel what 6 July 2001. 6 7 Q. Was Mr. Armstrong's picture on the cover? 7 you have the do with the negotiation of -- or 8 A. The cover was his whole face: that was it. 8 bargaining for sponsor contracts with persons who wish 9 Q. And if this is the July 2001 issue of Texas 9 to have Mr. Armstrong as a spokesman. Monthly, approximately when would that have hit the 10 10 A. Well, in terms of how I do it or -newsstands in your experience? 11 11 O. What's your role? 12 A. Late May or early June. 12 A. My role is I negotiate and execute and manage Q. And is there an extensive description of not 13 13 all those contracts for Lance. only the French investigation but numerous other 14 14 Q. And you have been doing that for some 10 or allegations which Mr. Armstrong answered vesterday? 15 15 11 years? A. Well, this article, which we were not too 16 16 A. Uh-huh. 17 happy about, was really America's introduction to 17 Q. Is it even within the realm of possibility 18 David Walsh and to all the skeptics. This article is 18 that an entity would risk nine and a half million 19 nothing but drugs, and it's -- I can't remember 19 dollars based upon something they read in the paper? 20 it's -- I don't know how many words. It's a very long A. No one I've ever negotiated with would ever 20 article, and it's sort of an entire sort of review of 21 21 do that. And, in fact, every company that I've 22 Lance and drugs and the tour and drugs, and there's an 22 negotiated with on behalf of Lance or on behalf now of 23 implication, I think, when you read this -- Michael 23 Tailwind since 1999 this has been a topic of Hall was the author -- that Lance is a doper. I think 24 24 conversation every single time.

53 (Pages 1705 to 1708)

Q. The suggestion -- well, actually the outright

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25 that's what he tried to imply in this article.

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allegation is that statements by Mr. Armstrong in response to accusations or whatever, that that could, you know, provide the basis for SCA's decision to issue nine and a half million dollars' worth of insurance; you're aware of that?

- A. Yes, I am.
- Q. Of course, neither you nor Mr. Armstrong have ever made any statement directly to SCA?
  - A. No.

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- Q. Nor anyone with Tailwind, as far as you know?
- A. Correct.
- Q. Now, this issue of rumors about performance enhancement. Tell the panel how those issues have arisen and been dealt with in your contract negotiations with sponsors.

A. Well, typically, you know, it depends on at what point in time we are having a conversation. During the period of time that this French investigation was going on, we had a renewal conversation going on with Coca-Cola. Coca-Cola is a 125-year-old brand, probably of all the companies I've dealt with, one of the most, I would say, paranoid companies about their brand and anything that might attach to it that could be negative. And so by -- by Thanksgiving of that year we had worked out most of

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We have had other situations -- well, every contract we have done the question gets asked. These people are spending in some cases -- the Discovery Channel relationship with Tailwind, \$10 million a year. In some cases a few million dollars a year. And they want assurances that there's nothing to worry about on this issue, and we always give them to them.

Q. Have you ever negotiated a contract of any substance where there was not a request for and an inquiry about this issue given the volume of background noise, particularly from the French?

A. No. And, in fact, maybe the best example is Discovery Channel. U.S. Postal Service sponsored Lance's team before I became the CEO. I became the CEO in the fall of 2003, and their relationship ended in December of 2004, which would have been Lance's sixth Tour de France. It was my job and my company's job to find a new title sponsor. We found a new title sponsor, the Discovery Channel. We planned a big announcement in Silver Spring, Maryland where they're headquartered, and this is another company that's totally associated with quality. Any association with anything negative completely, completely freaks them out.

Page 1710

- 1 the terms of the new contract. They wanted Lance to
- 2 be -- their contract ran out at the end of 2001, and
- 3 they wanted him to be very associated with the torch
- 4 relay that they sponsor in the 2002 Winter Olympic
- 5 games in Salt Lake City. So in order to do that,
- 6 their contract needed to extend beyond December 2001,
  - and this happened, this announcement of the
- 8 investigation. I got a phone call from the -- a guy
- 9 named Bill Ferguson who I had been negotiating the
- 10 deal with, and his senior people at Coke wanted to
- 11 have a meeting. And they wanted me to look them in
- 12 the eyes and tell them what I thought about this. So
- 13 we actually flew to Dallas. They flew from Atlanta; I
- 14 flew to Dallas. We met at the American Airlines
- 15 Admiral's Club in the conference room, and the senior
- 16 guy at Coke asked me: I need you to look me in the
- 17 eye; I need you to tell me that I don't have anything
- 18 to worry about here, and I need you to give me what I
- 19 need in terms of your word. And I said, I'll do
- 20 better than that. I'll give you a contractual
- 21 provision that gives you a total and complete out, and
- 22 I'll offer to refund the money you've paid us if this
- 23 investigation ever turns anything up in terms of a
- 24 positive test or if it ever happens in any other
- 25 setting. And that was good enough for them.

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And the Saturday night before the Tuesday announcement in Silver Spring, I got word that David Walsh's article was being -- or the article that was authored by David Walsh but written by someone else in the Sunday Times came out that previewed his book and the allegations in his book.

I had told the Discovery Channel while we were negotiating, look, there's something that may come up here. Here's David Walsh -- I was very straightforward about it -- and I think there's an article or something coming but I don't know what it is. I called Billy Campbell who is the president of the Discovery networks who I negotiated with Sunday morning --

- Q. Incidentally -- let me interrupt you there -- do the Discovery Networks operate internationally and throughout Europe?
  - A. 165 countries.
- Q. And just to give sort of a perspective, if the time -- if the Sunday Times article previewing this LA Confidential book or containing excerpts perhaps, was to be published on June 14th, a Sunday, you would have found out about it June 13th?
- A. Saturday night. I heard about it -- I heard about it in an e-mail from someone, and I read it on

Page 1713

1 the Internet.

Q. And the announcement of -- no one knew about this relationship or potential relationship?

A. No.

Q. That would have been scheduled for Tuesday --

A. 16th.

O. June 16th of 2004?

A. Correct.

Q. I didn't mean to interrupt you but just to give everybody sort of a perspective. Go ahead.

A. So Billy and I got on the phone Sunday morning; we read the article together. I had, fortunately, been straightforward with him about our past history with David Walsh and about all the doping allegations that had surrounded Lance, and these guys -- they're international, they're sophisticated, they had done their own due diligence on Lance and David Walsh and that relationship, and just like every other company that we entered into contracts that did that research, they -- especially international companies like Discovery Channel, Coca-Cola, Bristol-Myers Squibb -- they always were -- sort of when they went to their London or English or Irish people and got their opinion of David Walsh and Lance,

order to build a program that we could develop younger riders and prove that the franchise value we had built with Lance and the Postal team, now the Discovery team, was something we could recreate.

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Q. Did you give them the opportunity to back out of the deal, not do the deal if they were in any way upset or dissatisfied or scared off by David Walsh?

A. They had the -- they had my word and they had a contract that said the same thing, so in those 48 hours they could have walked away and no one would have ever really known that it -- there was -- there may be a rumors that Lance and Johan Bruyneel were flying to Washington D.C. for an announcement.

There's only two or three Fortune 500 companies that would do something like this, but there would have been no damage done to them had they walked away, and they had every opportunity to do it. And they decided to go ahead, and, in fact, at a time when the first announcement of Lance and the Discovery Channel and the Discovery Channel pro cycling team --it was Lance's first opportunity to meet the press since the allegations that David Walsh had put forth came out.

So the -- most of the headlines for them, they weren't about the Discovery Channel. They were

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journalist. He's been sports writer of the year in Britain two or three times, but when it comes to the subject of cycling, of drugs in sport and in -- especially with regard to Lance, he loses his professional objectivity and he's on a mission and a vendetta. And that comes independently from those companies from their sources.

it was always that Walsh is a well-respected sports

So fortunately Billy and Judith McHail, who is their CEO, and John Hendricks, who is their founder who I talked to each as they were entering this deal about this issue -- they knew that history. But they had a contract that nobody knew about for 31 million bucks, two years of which -- a four-year contract, two years of which they knew Lance wasn't even going to be riding his bike, so this year and next year, they're still spending the same amount of money to sponsor the bike team that we own and operate, and Lance is going to be at the Tour de France helping entertain guests. We are not going to win the Tour de France this year, and they knew that going in. They had an opportunity there in those 48 hours to cancel the contract, to walk away, to come to

me and say, you know, we didn't really like the idea

we told them it was critical that we have four in

of four years, and we are going to do two now, because

about Lance and David Walsh and they suffered for that, but they stuck by it because they did their own independent due diligence. They believed in Lance. Billy believed in me. We were the two that cut the deal. He had checked out my integrity with the CEO of Bristol-Myers Squibb, Peter Dolan. He had called Bill Knight, he knew that there was a long history of integrity and business dealings, and they stayed on. 

Q. Now, in any public statement you have made or anyone with Tailwind or anyone with CSE, have you ever had the intention of directing a statement to an insurance company for the -- with the reasonable expectation that they would rely upon what they read in the paper to make their business decision?

A. No. I don't even make those statements to -directly to Lance's sponsors. I direct the statement
like that to people that I don't even know. People
that may have been influenced by something they read
in the newspaper who were either fans or cancer
survivors or people that have a stake in the game,
that we don't talk to every day, but those statements
are certainly never intended to be directed at an
insurance company, and they're not even meant to be
directed at Nike, Bristol-Myers Squibb, because those
people rely on the statements I make to them in

55 (Pages 1713 to 1716)

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Page 1717

business meetings, on the telephone, over dinner and 1 also in the day-to-day way we manage Lance and his contract and the promises we make. Those people make those decisions completely outside of any representations I might make in a press release or a public statement.

- Q. You mentioned providing subjective contract provisions with these sponsors in the event they didn't like something that might happen during the course of the agreement. Give us -- you know, without verbatim tell us typically what those provisions provide.
- A. Well, it's the moral turpitude clause in the contract, and it would say that if -- for instance, Discovery Channel team contract says something like if Lance or any of the riders do something that would bring the Discovery Channel or any of its affiliates into -- into a bad light or anything that would reflect poorly on them, that they have an option to terminate the contract.
  - O. And is that --

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- A. And so it's really at their subjective discretion.
- Q. Why would you -- no offense, but if you're aggressively representing Lance Armstrong, why would

Page 1719 Coca-Cola started in 2000 and these people all renewed

- 1 2 their contracts in the last year, amidst all of this.
- 3 Amidst the book that David Walsh published and
- 4 everything, and they made commitments to Lance beyond
- 5 this year. Bristol-Myers Squibb is in until 2008.
- The Discovery Channel is in until 2007. We just did a 6
- 7 new contract for Lance that's three years long.
- 8 There's not one day of that contract that he'll be
- 9 riding his bicycle. So these people developed

long-term partnerships, and those don't happen -- the 10 11 fact that he's not a doper is part of it, but the fact 12 that they do business with us and we deliver on the promises we make over time and they know they can 13

14 trust us is the reason that he has these long-term 15 partnerships. 16

Q. Tell us -- you mentioned Bristol-Myers Squibb. Tell us how persnickety they are about pharmaceuticals and particularly prohibited drugs.

A. Well, there's actually been a rumor in l'Equipe that the Bristol-Myers Squibb relationship is a pharmaceutical relationship with Lance and Bristol-Myers to produce performance enhancing drugs for them. But the truth of the matter is that if you look at that category they have been -- over the last five years just absolutely bombarded with negative

Page 1718

you allow such a subjective analysis or provision to be put in one of your endorsement contracts?

A. I think there's two reasons. One is there's an issue out there that we all have to deal with when we make a deal. There are people who say Lance is a doper. And so you need to give people a contractual assurance that if I'm lying or Lance is lying or there's some big conspiracy, they can walk away.

Secondly, I don't have any -- I don't worry about it. I don't lose any sleep over whether a company is going to cancel a contract because someone's proved that he's a doper, because it's not going to happen, because it's not true.

- Q. Well, have you ever had a sponsor pull out or cancel an existing agreement because Lance Armstrong brought disrepute or shame on them as a result of these -- which are, you know, accusations that originated with the French and have now spread everywhere?
- A. No. And with Lance if you look at his sort of portfolio of companies that he's worked with, these -- these are all long-term partnerships that have been extended -- Bristol-Myers Squibb, for example, started in '99; nike started in '95. The Discovery Channel is two or three years old now.

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1 public relations and Bristol-Myers Squibb, in 2 particular, had an inventory stuffing issue two or 3 three years ago with the now existing CEO -- is one of 4 the youngest Fortune 500 CEOs and people thought he 5 was going to be gone. 6

So there's been an enormous amount of flux and change and paranoia at that company about their public image, and they have renewed with Lance -- the first relationship was in '99. It ran through 2000. It was one of the contracts we renewed during the French investigation. It renewed until 2004, I believe, and then it was renewed then after David's book through 2008.

- Q. Incidentally, l'Equipe is the newspaper that published this business about 1999, correct?
- Q. Any other stories about Lance published by l'Equipe that warrant mention here?
- A. If you have a sense of humor. They have published that Lance is -- that the Pope and the Catholic church are out to get Lance because he's not Catholic and not religious. They have published that he has a computer program that if he's sitting near your computer, he can download all of your e-mails in your inbox so he can make sure that -- that he's so

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Page 1721

paranoid of everyone around him so he would sit and check my inbox to make sure I'm not doing anything that I shouldn't be.

There's one more really good one.

- Q. That's all right. I think we have the flavor.
- A. Just for the panel I consider l'Equipe a tabloid. They -- they have had a vendetta, very clearly, against Lance since 1999. They are not unbiased, and I have experienced that firsthand and they will write -- oh, the other one is these right here, 60 million of these to save -- to fight cancer. They reported that that money goes directly to Lance, not to his foundation, that he profiteers off of yellow wristbands.

That was not very funny.

O. The --

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ARBITRATOR CHERNICK: If you're changing subjects, can we take five minutes?

MR. HERMAN: Sure, sure.

ARBITRATOR FAULKNER: Five-minute

22 facilities break.

(Recess 2:06 p.m. to 2:16 p.m.)

ARBITRATOR FAULKNER: Mr. Herman, you

still have your witness.

felt like he was lied to and since then he has been on 2 a mission to expose the sport. He's questioned every 3 big achievement, and the biggest one obviously being 4 Lance and seven tours.

Page 1723

O. Well, did -- Mr. Walsh interviewed Mr. Armstrong in 2001, did he not?

A. Yes.

Q. And in your -- in your relationship with the press, which is apparently fairly significant, in -subject, you know, to prevailing journalistic standard, is it okay to pay people for quotes and so forth in this kind of a situation?

A. In my opinion, that's tabloid. You don't pay people to say things. You don't pay people to tell you anything in an editorial or newspaper context, so, no, I don't think that's okay.

O. And you know Mr. Walsh denied paying anyone associated with his book, and later when it was finally exposed, that he did pay Emma O'Reilly for her story?

A. Yes. I know that when the book came out, he got a tremendous amount of public, you know, sort of publicity about it. At the time he was asked -- at the time it was published he was asked, did you pay anyone. So at the time that it would have been the

Q. (BY MR. HERMAN) Mr. Stapleton, you had mentioned during your earlier testimony that, for example, the Discovery Channel did its own due diligence on Walsh and was aware of your past or Lance's -- or Walsh's past history with Lance. Tell us -- prior to, let's say, May or June of 2004, tell us what that relationship was and what Mr. Walsh's conduct had been like prior to that.

A. Well, I first heard of David Walsh in the spring of 2000. He -- we had heard that he was writing a doping article about Lance, and it has been since -- never -- it's not a relationship that occurs very often. David wrote a big article in -- I'm blanking on whether it was July of 2000 or July of 2001 right now. It was July of 2000. And then he went quiet. He would occasionally write a column, and then he wrote his book, and it had been one that I think -- I think David was a -- he covered cycling in the '90s. He wrote an autobiography of Sean Kelly who was a very famous Irish rider. David never told me this, but I understand from what people have told me about his view on the sport of cycling and whether people are honest with him or not.

I believe later Sean Kelly admitted to

doping and they had a close relationship and David

Page 1722

Page 1724 most damaging, he denied it. Then he later admitted it, which for me calls into question every witness in 2 3 that book and whether they're lying about whether they were paid or not. But he clearly did it with Emma O'Reilly.

Q. In your -- just talking about your contact with David Walsh with respect to requesting interviews, asking questions, that sort of thing, would you say that Mr. Walsh's conduct conformed to generally prevailing journalistic standards in that regard?

MR. TILLOTSON: I'm sorry. I object. I don't see how this witness can be qualified to testify regarding that opinion.

ARBITRATOR FAULKNER: Okay. MR. HERMAN: Based upon --

ARBITRATOR FAULKNER: Wait. I'm going to sustain the objection. There's been no qualification he's a journalist. Go ahead. Next question, please.

Q. (BY MR. HERMAN) Based upon the practices to which you have been exposed in the cycling press, both in the United States and Europe, does Mr. Walsh -- has Mr. Walsh's conduct been consistent with the -- with what you have seen and been exposed to?

A. No.

57 (Pages 1721 to 1724)

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Q. Tell me -- tell me this, Mr. Stapleton, when is the first time you had any idea that Mr. Walsh was working on a book?

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A. When I read the Sunday Times article June 14th, 2004, having asked him many times. He was trying to get an interview with Lance. He contacted me by fax, May 19th or so, 2004. The fax came with no cover sheet, no e-mail, no return fax, so I spent three or four days trying to track him down. I had an old e-mail address for him. I sent an e-mail to him, I copied the sports editor of the Sunday Times, heard back from David. We have had a long, contentious relationship with David.

A period of a few weeks ensued where I asked for the questions he wanted to ask Lance. I asked him what he was writing, what his deadline was. He told me he needed to interview Lance within the next seven days because after that he was heading to Euro 2004 Soccer Cup, I think it was in Portugal, and he would be unavailable at that point. I assumed the entire time that he was writing like he had in the past for a Sunday Tour de France article. The Tour de France always starts on Saturday. That year it started on July 3rd. So I assumed he was writing an article for July 4th, and there was an interchange

he was writing a book.

Q. And to your knowledge, were Johan Bruyneel or George Hincapie or Chris Carmichael or anvone contacted any earlier than you were?

O. Did you become aware of Mr. Walsh doing an interview on French radio?

A. Yes.

Q. And based upon your best recollection, can you tell us when that was?

A. It was early in the Tour 2004. I think it was -- I think it was Sunday night, the 4th.

Q. And what was the substance of -- or what was -- what were some of the information, at least, that Mr. Walsh quoted or stated on -- during this interview?

MR. TILLOTSON: Well, I would object as hearsay, for this witness to say what Mr. Walsh said on a French radio in light of the fact that Mr. Walsh is coming live. He can be asked what he said, unless there's a transcript.

MR. HERMAN: It really doesn't have anything to do with anything, because it has to do with the allegations that SCA has made, but the issue of this -- what SCA has described as stunning,

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between David and I where I suggest that Lance has a big race that he's preparing for.

Q. Which was what?

A. The Dauphine, which is the biggest preTour de France race in France. That we can either try to set something up over the phone after that or even better, sit down -- Lance arrives at the Tour usually on Wednesday before the Saturday start and they could sit down and talk then, and I, of course, wanted to be there.

Q. Well, Mr. Stapleton, if -- if -- just assume with me that Mr. Walsh began this book at the end of 2002, that he did all of his research and interviews in 2003. Did Mr. Walsh indicate to you why it was that -- lance Armstrong as the subject of the book -he waited until six or seven days before his alleged deadline to even contact you?

A. He said he needed to do all of his research before he approached Lance for his interview, which consisted of, as I remember, seven or eight questions in total. That was Lance's opportunity to respond to all of -- he was not willing to put it in context of -- of what it was -- when I asked him what he was writing, I didn't know he was writing a book. I assumed it was an article. He wouldn't even tell me

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Page 1727

explosive, amazing, dark conversation that 1 2 Mr. Stapleton had with Mr. Andreu relates directly to 3 this -- the statements that Mr. Walsh made. I mean, 4 I'm not offering them for the truth of the matter. 5 I'm offering them to show what it was -- the subject of Mr. Andreu's conversation with Mr. Stapleton and 7 Mr. Knaggs.

ARBITRATOR FAULKNER: And that conversation occurs after this interview with Mr. Walsh occurred on the French radio?

MR. HERMAN: Yes.

MR. TILLOTSON: If I may ask a clarifying question. Are you trying to lay some predicate for linking this to Mr. Stapleton's conversation with Mr. Frankie Andreu?

MR. HERMAN: Yes.

MR. TILLOTSON: In that light, in that context, since I plan on using that transcript, I don't want to be precluded in any way from doing that, so I'll withdraw my objection and let you lay that foundation.

ARBITRATOR FAULKNER: Okay. You can answer the question if you can remember it.

Q. (BY MR. HERMAN) What did Mr. Walsh say during this interview?

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Page 1729

A. He said that Betsy Andreu, Frankie's wife, was going -- was willing -- he was defending his book and the sources in it, and he said that one of the sources, Betsy Andreu, was willing to testify against Lance in France and was one of the primary star witnesses in this case -- in his book.

- Q. And by this time had the proceedings, the libel and slander proceedings in France been commenced against la Martiniere?
- A. No, they had been commenced in the UK and they were commenced in France after the Tour.
- Q. What did -- what was the allegation that was contained in the book or what was the story in the book that Mr. Walsh had claimed that Ms. Andreu had told him?
- A. The story we have heard about the six people plus Lance that were in an Indiana University hospital room when he allegedly admitted to using performance enhancing drugs.
- Q. Now, those six people, again, are alleged to be Frankie and Betsy Andreu, Page and Chris Carmichael, Stephanie McIlvain?
  - A. And Lisa Shiels.

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Q. Lisa Shiels. And you were not included in that group, correct?

duplicitous to say the least, but this allegationabout the hospital room?

A. I asked Lance about it obviously, when the -before the tour I asked him about it, and he said it never happened. I asked Chris about it.

MR. TILLOTSON: This I would object to as hearsay if he's going to report what Mr. Carmichael supposedly said, it's clearly being offered for the truth of the matter to disprove the occurrence of the event.

ARBITRATOR FAULKNER: Any response?
MR. HERMAN: Yes, if -- if this witness,
again, has been accused of strong arming somebody here
and has been -- his conduct has been characterized as
desperately looking for people to disprove this
incident, and I think he's entitled to say -- whether
it did or didn't happen is not the issue. The
question is what he was told by Mr. Carmichael. That
doesn't prove it didn't happen, but it does prove his
state of mind, that -- that he had -- what he did and
how he went about doing it, so that's not being
offered for the proof of whether the incident in the
hospital happened or not.

ARBITRATOR FAULKNER: We are not bound by

Page 1730

A. That's right.

Q. Did that strike you as odd?

A Yes I mean I was there -- t

A. Yes. I mean, I was there -- there were three or four -- there were two or three of us that were there the entire time he was sick so, yes, it struck me as odd, but certainly within the realm of possibility that they could have been in a room that I wasn't in.

- 9 Q. And had you ever -- up until somewhat 10 recently did you believe at the time that -- that the 11 incident described -- actually did just involve those 12 six people?
  - A. Yes.
  - Q. Okay. Now, you are in -- you're in France at the Tour de France on July 4th when you hear this interview, whatever, correct?
    - A. Uh-huh.
    - Q. Then is Mr. Carmichael at the Tour de France?
- 19 A. Yes.
  - Q. Mr. Armstrong is obviously at the Tour de France?
- 22 A. Yes.
- Q. Did you ask -- what, if anything, did you ask Carmichael and Armstrong about this alleged
  - allegation -- I mean, or this -- that would be

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Page 1731

pursue this a little more, but if that's your goal,
would you go ahead and focus a little bit more on that
goal, please?
MR. HERMAN: I'm trying to move in that

the strict rules of evidence. I'm going to let you

MR. HERMAN: I'm trying to move in that direction, Mr. Chairman.

ARBITRATOR FAULKNER: Okay.

Q. (BY MR. HERMAN) So as of -- as of July 12th, let's say, which would have been a week into the Tour, how many of the six people that are alleged by Mr. Walsh to have been in this room had you contacted?

A. Well, there were seven people in the room, including Lance, so three.

- O. And when did you talk to Mr. Andreu?
- A. I don't remember the exact date.
- Q. It would have been during the Tour de France?
- 16 A. Yes, it was -- it was before -- maybe the 17 12th.
  - Q. Okay. Was Mr. Andreu at the Tour de France, anyway?
  - A. Yes, he was broadcasting for Outdoor Life Network.
  - Q. So you became aware of this allegation in mid-June. You became aware of Walsh's interview July 4th, and as of July 12th, including Frankie Andreu, you had talked to three people?

59 (Pages 1729 to 1732)

Page 1733

A. Uh-huh.

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 MR. HERMAN: Now, if you would pull up Respondents' Exhibit 24, please. Go to the last page, please, Lynn. Down a little bit further. There you go.

No, go down about five more lines, please.

- Q. (BY MR. HERMAN) Now, did you know -- did you know that Mr. Armstrong was going to let Mr. Andreu know that you were going to talk to him?
  - A. Yes.
- Q. Now, Mr. Tillotson has implied that -- that Mr. Armstrong was -- gave him a warning or that you guys were going to give him a warning. What does that language mean there that after -- Frankie says, no, he was super nice, you know. He was fine. He was perfect. He was like normal Lance. And I -- I appreciate you calling me up to say that you guys were going to come by and talk to me, giving me a warning.

Was that referencing that you were going to threaten him in some way?

- A. No. I think Lance called him and said I wanted to talk to him.
- Q. He's referring to a conversation he had with Lance about giving him a heads up or a warning that

again. Walsh said that Betsy talked to him and that Frankie says she did not tell David Walsh about the hospital room. I know that for sure. Do you see that?

- A. Yes.
- Q. And then down at the bottom of that page Frankie says he's claiming that he has a tape thing with Betsy saying that; he lied.

Did Mr. Andreu ever change his view that David Walsh was lying when he was on the radio?

- A. No.
- Q. Did -- apparently at least from this transcript that's on -- that's reflected on Respondents' 24, Mr. Armstrong never asked Mr. Andreu not to speak with Walsh or threatened him in any way, did he?
  - A. No.
- Q. In fact, on page 1 it says, Lance told me to talk to Walsh, and then I think over on page -- on page 4 at the bottom, it's clear that Lance has encouraged Frankie to talk and share whatever he wanted to with Walsh; is that right?
  - A. That's correct.
- Q. Now, did you -- did you describe to Mr. Andreu what -- what Mr. Walsh had said in the

Page 1734

you guys were going to call him, right?

- A. That's right.
- Q. Now, what was your objective in talking to Frankie Andreu on -- if it was July 12th or thereabouts?
- A. I wanted to -- I wanted to address the conversation -- the interview that Walsh had had on the radio and talk to him about whether or not his wife was one of Walsh's sources or star witness, I think, as he says it.
- Q. And were you interested in whether Walsh was telling the truth or telling a lie?
- A. Well, of course, I was interested in whether Walsh was telling the truth or telling a lie. I know that he was telling a lie, but this conversation wasn't about that. I wasn't there to take Frankie on or ask him any details about that. I wanted to get to the bottom of who Walsh's sources were and if his wife was one of them.
- Q. Well, if you look at page 1 there, about five lines from the bottom, Frankie Andreu says that David Walsh is lying. Do you see that?
  - A. Yes.
- Q. Okay. And then if you go to page 3, about six lines down, he essentially says Walsh is lying

interview?

A. Yes.

MR. HERMAN: Turn to page 3, please, Lynn, about seven or eight lines from the bottom.

- Q. (BY MR. HERMAN) B, would that refer to either you or Bart Knaggs?
  - A. I think so, yes.
- Q. There's a statement: All right, well then let's do this, let me forward you this, this radio interview. Have you got e-mail here?

Yeah

Let me forward you that interview, then, so you can see what he's claiming.

And so did you offer to let -- to let Mr. Andreu see exactly what it was that Mr. Walsh had said in the interview?

- A. Yes.
- Q. Did you ever ask or suggest to Mr. Walsh that Ms. Andreu ought to take any position inconsistent with the position that she had already taken?
  - A. No, I didn't.

MR. BREEN: You said Walsh.

Q. (BY MR. HERMAN) I'm sorry, did you ask Mr. Andreu or -- that -- for his wife to take an inconsistent position?

60 (Pages 1733 to 1736)

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A. No.

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MR. HERMAN: So if you would go over to page 6, please, Lynn, about eight or ten lines down.

O. (BY MR. HERMAN) When you say, so you know, I'd appreciate it if she would really think about taking the position it sounds like she's in right now, which is I didn't say that to him, so we could -- we need the best result for all of us. What were you -what does that mean?

A. It means that I felt like I had learned from Frankie that her position was that she wasn't a source for Walsh and she wasn't going to testify against Lance, and if that's where she was, then a statement to that effect would be helpful.

Q. Okay. And did you -- did you offer to help draw something up that was consistent with the position that Ms. Andreu had already taken?

A. Yes.

MR. HERMAN: If you look at the bottom of page 2, please, Lynn.

- Q. (BY MR. HERMAN) You say, we could draw up something for you to look at. She could help. What did you have in mind?
- A. That we could draw something up that she could consider that was consistent with what her

I was attempting the find people that were either in

- 2 the book or sources for the book that would dispute
- 3 what he said they had said, and it was particularly
- 4 discouraging to know that Frankie's wife, who Lance 5
  - rode with for a number of years, who Lance had been friends with, was said to have been a source, a
  - primary source for the book and someone that David Walsh said was going to come testify against him. So
  - I went and had a conversation with Frankie about it.

10 ARBITRATOR LYON: May I ask you right here, is this just a conversation that he -- or is

11 12 this a telephone conversation? 13

THE WITNESS: No, he had a wire on. ARBITRATOR LYON: He had a wire on?

15 THE WITNESS: Or somehow taped it. I 16 didn't know it until this lawsuit, but I'm comfortable

17 with what is in here. I don't -- I don't threaten to, you know, create a holy war if his wife doesn't do 18

19 what I say, which is how they've characterized me. I 20 went and had a conversation. I laid out what our

21 position was, which was we were about to have a war

with David Walsh that we are obviously still having,

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and it was concerning that his wife was -- was a 24 source and said she was going to testify against him.

And remember that this is also at a time

position was, that would be helpful, if she would sign

Q. And then over on page 6, about the middle of the page, you say, maybe we can craft something that she's comfortable with. Did you ever have any intention of drafting anything that Ms. Andreu would either be uncomfortable with or be inconsistent with what she had told Mr. Walsh?

A. No. And what is -- you know, I'd like to say to the panel this is a conversation that in my deposition I didn't remember. I have a number of -thousands of conversations at the tour. I was asked if I said anything more than a hello to Frankie at the Tour by Jeff, I said I didn't think so. This was produced, and then it was characterized in their brief as my desperate attempt to find people to dispute what David Walsh had written, and it was characterized in many ways as I was browbeating, threatening, and I'm comfortable with what this says, and it's very consistent with what I was doing, which was we had just signed a new contract with the Discovery Channel. I told you the story about how they had

22 23 just hopped on in June of that year. This story comes 24 out. I believe and I still believe and know that there are a number of lies in David Walsh's book, and

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when his book is getting megapublicity because Lance

2 is in the Tour de France and my counsel to Lance at the time was don't talk about the book. Every time

3 you talk about the book he gets more publicity. And

also at a time when David Walsh was enjoying interview

after interview after interview about his book and

7 wasn't telling the world that he paid at least one of

8 the witnesses or the sources money to say what she

said. So, yeah, I was fighting. I was fighting for Lance, I was fighting for the reputation of the team,

but this and other things that I've said -- I didn't 11

threaten people. I didn't tell them there would be a 12

holy war if they didn't do what I said or what Lance 13 14 said, but I was definitely attempting to understand

15 what her position was, and if there was a way -- if

her position was consistent with something that would 16 be helpful to the team or to Lance or to all of us, I

17 wanted her to put it in writing, and that's what this 18

19 was about.

20 Q. (BY MR. HERMAN) Well, there's a key distinction here, let me ask you about this, were you 21 22 attempting to contradict what was in the book or 23 contradict what Mr. Walsh had said about the book --24 or his sources?

A. Yes. I didn't ask Frankie in this

61 (Pages 1737 to 1740)

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authentication issue.

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- 1 conversation is it true, what happened in the -- is
- 2 Betsy saying it's true. My only issue in this
- 3 conversation was if she's willing right now to go on
- 4 the record and say, David Walsh did an interview two
- 5 nights ago on the radio and it's not true what he
- 6 said, that would have been helpful to the sort of
- 7 public relations battle we were in about the book.
- 8 That's all. I wasn't there to question whether the
- 9 story in Indiana University happened to not, and they
- 10 characterized my -- when he says something about the
- 11 hospital and I say, right -- as if I've assented to
- 12 that it happened or that I know that it happened and
- 13 I'm agreeing with them. I just said right. Got it.
- 14 Let's move on to what I'm here for, which is to talk
- about whether she's a source and said she's going to
- testify.
   Q. Now, SCA has told the panel that they would
   hear explosive testimony about how Mr. Stapleton
   sought to pressure Frankie Andreu. Did you seek to

pressure Frankie Andreu to do anything?

- A. No, and I would ask the panel to read this from start to finish and make your own determination about whether I'm pressuring Frankie here.
- Q. Did you ever pressure Frankie into obtaining a statement from his wife, Betsy?

submission that the fact that there were no takers and that you were repeatedly told that you would not like what you would hear about the hospital room would be

3 what you would hear about the hospital room would b 4 proven by e-mails to and from Mr. Stapleton. Do you 5 recall that?

A. I remember reading that, yes.

MR. HERMAN: I'm sorry, I didn't write the exhibit number down here. 110. Would you put up Claimant's 110?

Q. (BY MR. HERMAN) Can you identify what Claimant's Exhibit 110 is?

A. That's an e-mail from Lisa Shiels Bella who was Lisa Shiels back in 1996 and who's now Lisa Shiels Bella.

MR. TILLOTSON: I will object to this e-mail on two grounds, one is it again contains hearsay statements from one of the participants in an effort to disprove the truth of the matter asserted. Second of all, we weren't provided with this e-mail until the Saturday before the arbitration. I know there's other e-mails out there that exist between this witness and other people to that conversation or that incident, because we have been able to locate one

that incident, because we have been able to locate on that we did make an exhibit, but I do not believe that

25 all the e-mails related to this matter have been

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A. To the extent that that's pressuring, yes. But, no, I didn't. That's not pressuring someone to do something when I say maybe we can craft something that she would be comfortable with.

Q. Now, you have also -- SCA has also said that at the time of the publication of LA Confidential Mr. Stapleton desperately sought out witnesses to the incident and asked them for statements denying what was reported.

Well, now, the book had been out for almost a month as of the same you had -- you had had your conversations with Frankie. Had you talked to anybody except Chris Carmichael and Lance Armstrong?

- A. I don't think so.
- Q. Had you attempted even to contact Lisa Shiels or Stephanie McIlvain?
  - A. No.
- 18 Q. Or Page Carmichael?
- 19 A. No.

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- Q. Now, SCA has also alleged that there were no takers and Mr. Stapleton was repeatedly told that he would not like what he would hear. Did anybody tell you that?
- 24 A. No.
- Q. Now, SCA has also said in this prehearing

Page 1744 produced and we have no assurances they have been produced, so I would object to this particular document on that basis.

4 MR. HERMAN: Your Honor, if we are into 5 things not being admissible because all the e-mails haven't been produced, we have testimony from 6 Mr. Compton that eight to ten boxes of e-mails were 7 8 printed and we didn't get a single one. But, Your 9 Honor, this is directed at the allegation 10 Mr. Stapleton was desperately seeking people out being 11 told that -- and it refers specifically to the allegations contained in the -- in SCA's brief that --12 but he can prove it up, because it's his e-mail, it 13 14 came off of his computer and I'm happy to go through that drill, but given the sort of -- the wide range of 15 e-mails that are already in the record I didn't expect 16 to be running into this kind of, you know, 17

MR. TILLOTSON: I'm objecting on authentication. I'm objecting on hearsay, and I'm also objecting regarding the way in which this document was produced. We did ask for e-mails related to his or any draft statements or communications he had with people related to this incident. We got none. I followed that up with a letter request to

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Page 1745

them a month or so before that hearing saying, we want all these things. Nothing is produced. The Saturday before the proceeding, this e-mail shows up from someone that -- in an effort to disprove that particular event.

MR. BREEN: First --

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MR. TILLOTSON: So we object to that.

ARBITRATOR FAULKNER: Okay.

MR. BREEN: My response to that would be I don't believe it was the Saturday before, number one. Number two, I think Mr. Stapleton can explain why after Mr. Armstrong's deposition, and the panel

12 13 will remember the intense flurry of discovery that went on up until the day before we started this, all 14

the way up to the day before. So if we went through 15 on a roster of what was produced when, including, for 16 17

instance, the l'Equipe test results that were produced 18 only an hour before or so Dr. Ashenden's deposition, 19 et cetera, we would be here until next week talking

20 about who did what when.

> ARBITRATOR FAULKNER: Believe me, the panel is well aware of the volume of e-mails. My last count was it's approaching 400 just to me.

> MR. TILLOTSON: Mr. Chairman, all I want

24 25 really is an assurance that the witness has searched Page 1747

Page 1748

this real quick, gentlemen, and then we will deal with 2 the next issue.

(Discussion held among the panel members.)

5 ARBITRATOR FAULKNER: What we are going 6 to do is the following: We are going to permit you to 7 voir dire -- conduct a voir dired about the 8 completeness of any productions from this witness so 9 that you can verify your -- you know, at least satisfy 10 yourself that you do have whatever, if any, e-mail

communications, et cetera, you may have asked for 11 12 regarding this witness. We are going to allow the

13 testimony and, gentlemen, just as a way of reminding

14 y'all, we know what weight to give hearsay. As 15 somebody already observed, we are probably in excess

of 75 years of legal experience on the tribunal. 16 17 That's a diplomatic way of saying it. It might be a

18 little bit more than 75 years, so please put in 19 evidence that we will really find useful. Go ahead

and proceed and you can do your voir dire when he's 20 21

finished with the witness.

MR. TILLOTSON: Okay, thank you. ARBITRATOR FAULKNER: Proceed, please.

Q. (BY MR. HERMAN) Mr. Stapleton, what is the source of Claimant's Exhibit 110? Where did you get

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and produced every e-mail related to this particular matter and has not just selected certain ones in response to whatever allegation --

ARBITRATOR FAULKNER: Let's inquire about that. First of all, have you all gone through or had your witnesses go through, find and produce whatever e-mails may be -- relate to the testimony of these witnesses and --

> MR. HERMAN: Absolutely. MR. BREEN: We have.

ARBITRATOR FAULKNER: Have they been

12 furnished to opposing counsel?

> MR. BREEN: Yes, Your Honor, subject to some objections to relevance on other different areas. You'll remember there have been a wide variety of e-mails requested, et cetera. But, yes, in terms of the hospital room, you bet.

And I would just point out, if the panel would like to know, that in Mr. Stapleton's deposition I specifically asked if statements of Mr. Stapleton had been produced, and we were assured they were, and then lo and behold it turns out that they had this statement of Mr. Stapleton at the time.

MR. TILLOTSON: No, we didn't.

ARBITRATOR FAULKNER: Let's deal with

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it? 2 A. It's -- where did I get it? Where did I find 3 it?

Q. Yes.

A. It was -- the server for our e-mail for the company was replaced in January of '05, so I don't have any e-mails before then. There are two e-mails that have been produced here prior to that, both of which I would have been happy to produce, but this one and an e-mail to Stephanie McIlvain that I'm sure we will see later -- this one was printed and put in an ESPN media file because she e-mailed about an ESPN reporter that was trying to contact her. So I printed it and put it in that file, didn't realize it was in the file until after Lance's deposition we did another search. I hadn't thought about searching media files for e-mails that would relate to this case in terms of any story contained in David's book and that's where it came from.

O. And based upon the -- based upon the production in the British case, you're aware there are numerous e-mails back and forth between you and Mr. Walsh that corroborate your description of him waiting a year and a half to even contact you all, correct?

63 (Pages 1745 to 1748)

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Page 1749

A. Yes.

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- Q. But you were unable to the recover those?
- A. That's right.
  - Q. Because they were in 2004 as well?
- A. Right. Although those -- I want to be clear. Those may have been printed. I don't know how those got preserved. I may have printed those because they would have been media related as well.

ARBITRATOR FAULKNER: Mr. Herman, I'm noting that it's about five minute of 3:00, and we know that one of the panel members needs to leave about 3:00. If you'll just let us know where you have a good point to break, then we will go ahead and break for the day at that point.

MR. HERMAN: All right. Let me just -let me go through this e-mail.

- Q. (BY MR. HERMAN) Did you even contact Lisa Shiels at all prior to July 21st of 2004?
- 19 A. No.
  - Q. Well, you knew that she was one of the people that was supposed to be in this room?
- 23 Q. Why -- if you were so desperate to find out 24 and to convince people to deny that it happened, why 25 hadn't you contacted her?

1 says, I'm sorry, Justine...

> Q. (BY MR. HERMAN) Ms. Shiels replies on July 20th, I'm sorry, Justine, but I don't remember that particular conversation.

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Page 1752

Had you spoken to Ms. Shiels?

- A. No.
- Q. Had -- Mr. Armstrong is at the Tour de France; obviously he hadn't. Anyone else that you know of, at least, that had spoken to her at that time?

A. No.

MR. HERMAN: Then if you go to the top of page 2, please, Lynn.

- O. (BY MR. HERMAN Did you suggest or request that Ms. Shiels reply to Ms. Gubar that she didn't think there was a conversation as has been alleged here and then says, do you really think the doctors would ask that type of question in front of all those people, et cetera, et cetera? In summary, did you do anything to solicit this e-mail from Ms. Shiels?
  - A. No. You'll --
- Q. Did you do anything to elicit her recollections as reflected in the e-mail?

  - Q. Now, just before we break here, tell us if

Page 1750

- A. I wasn't desperate.
  - Q. Had you contacted Stephanie McIlvain?
- 3 A. No. I did contact her later in the year.
  - Q. Right, but as of the end of the Tour de
  - France you had not contacted her, correct?
- 6 A. No.
  - Q. Now, without going through all of this --

MR. HERMAN: If you go to the last page,

9 Lynn.

- 10 Q. (BY MR. HERMAN) This is -- this e-mail was directed to Lisa Shiels by Justine Gubar. Did you 11
- review the memorandum prepared by John Bandy where she 12 refers to our friend, Justine Gubar, at ESPN? 13
- A. Yes. 14
  - Q. Have you seen that?
- A. Yes. 16
- Q. That's the same Justine Gubar who produced a 17
- 18 program Outside the Lines or something? 19
  - A. Yes.
  - Without going through this change in detail, Ms. Gubar is contacting Ms. Shiels, asking her to
- 21 22 state that this alleged incident occurred, correct?
- 23 A. Uh-huh.
- 24 MR. HERMAN: Let's see. Look as the
- 25 third page, please, Lynn. Go on up there, Lynn. It

you recreated the events in the Indiana Hospital and what happened. Just tell the panel that real quick.

A. Well, after -- after Lance's deposition and Betsy's deposition and Stephanie McIlvain's deposition, the pieces fit together. Lance had brain surgery on Thursday. Saturday night myself, Jim Ochowicz and Lance were going to go to an Indiana Pacer's game that I arranged for Lance to get out. We went to dinner, and he couldn't -- he couldn't go to the game. He was too worn out.

And the next day was Sunday and they both -- a few people have referenced a Cowboy's game, and I arranged through the head of the Indiana University Medical Center to get the VIP suite that they have in a hospital for -- I guess for VIPs, which Lance wasn't at the time. And we went up there on Sunday afternoon and we watched the football game and that is the room -- it finally became clear to me that that's the room in which this conversation allegedly took place.

And I was there that afternoon through the whole football game; Jim Ochowicz was there; his mother was there.

- Q. Lance Armstrong's mother was there?
  - A. Lance Armstrong's mother was there. So it

| 1<br>2<br>3<br>4<br>5<br>6<br>7<br>8<br>9<br>10<br>11<br>12<br>13<br>14<br>15<br>16             | Page 1753 becomes clear to me what day and time and place that Betsy is referring to, and I was there. Q. So instead of six people being there, there were nine people there? A. At least nine, yes. Q. Okay. And did the conversation that has been alleged by SCA, did that occur? A. No. And it just defies logic that it would three days after brain surgery, that his medical history wouldn't have already been taken. But, no, it didn't happen. Q. Did anyone that you contacted did you give them a story with which they disagreed? A. No. Q. And did you engage in any stunning or explosive or dark or alarming conduct in in contacting anyone who was allegedly there? | 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17                                                       | Page 1755 (Proceedings adjourned at 3:02 p.m.)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |
|-------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 18                                                                                              | A. No.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                | 18                                                                                              |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
| 19<br>20                                                                                        | MR. HERMAN: I'm at a stopping point, and I've probably got, you know, a little while left but                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         | 19<br>20                                                                                        |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
| 21<br>22                                                                                        | not much.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | 21                                                                                              |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
| 23                                                                                              | ARBITRATOR FAULKNER: Anything else we need to deal with?                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | 22<br>23                                                                                        |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
| 24                                                                                              | MR. TILLOTSON: Just for purposes of                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   | 24                                                                                              |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
| 25                                                                                              | planning I don't need to voir dire this witness                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       | 25                                                                                              |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
| 1<br>2<br>3<br>4<br>5<br>6<br>7<br>8<br>9<br>10<br>11<br>12<br>13<br>14<br>15<br>16<br>17<br>18 | regarding the e-mails. I accept his representation regarding the server, so I withdraw my objection on that basis.  ARBITRATOR FAULKNER: Anything else we need to deal with?  ARBITRATOR LYON: Is this your last witness?  MR. HERMAN: Yes.  ARBITRATOR FAULKNER: Okay.  MR. HERMAN: Let me qualify that. I don't know I've designated some depo excerpts, but I don't think that, you know, we need to play them. I mean, I'll submit them to panel. I don't really know if I probably designated more than I would have, because I don't know what he's going to do with the depositions. I haven't gotten his page and line designations.  ARBITRATOR CHERNICK: We prefer to read  | 1<br>2<br>3<br>4<br>5<br>6<br>7<br>8<br>9<br>10<br>11<br>12<br>13<br>14<br>15<br>16<br>17<br>18 | Page 1756 STATE OF TEXAS ) COUNTY OF DALLAS )  I, Nancy P. Blankenship, Certified Shorthand Reporter, in and for the State of Texas, certify that the foregoing proceedings were reported stenographically by me at the time and place indicated. Given under my hand on this the 31st day of January, 2006.  Nancy P. Blankenship, Certified Shorthand Reporter No. 7351 in and for the State of Texas Dickman Davenport, Inc. Firm Registration #312 1010 Two Turtle Creek Village 3838 Oak Lawn Avenue Dallas, Texas 75219 214.855,5100 800.445,9548 |
| 19<br>20<br>21<br>22<br>23                                                                      | rather than look, unless there's something visual that needs to be seen.  MR. HERMAN: Okay.  ARBITRATOR FAULKNER: Reading is infinitely easier.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       | 19<br>20<br>21<br>22                                                                            | e-mail: npb@dickmandavenport.com My commission expires 12-31-06                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
| 24<br>25                                                                                        | Anything else, guys, before Mr. Chernick leaves? If not, 9:00 a.m. Monday morning.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    | 23<br>24<br>25                                                                                  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |