

WHILE DRUG TESTING may not be the most glamorous part of an athlete's career, it is critical to the global fight for clean sport. By participating in the anti-doping program, athletes are doing their part to help protect the integrity of competition. The following information provides an overview of the sample collection process. Tests can be conducted by USADA, the International Federation (IF) for the athlete's sport, and/or WADA.



1

Athletes selected for testing will be notified by a Doping Control Officer (DCO) or chaperone. They will ask the athlete to provide photo identification.



2

Following notification, athletes must stay within direct observation of the DCO or chaperone. Athletes should report to the doping control station (in-competition), or to an appropriate location (out-of-competition) immediately,

unless a valid reason[‡] is discussed with, and permitted by, a DCO or chaperone.



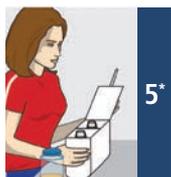
3

Athletes will be asked to select a sealed sample collection vessel from a choice of vessels. They will check and inspect the collection vessel to ensure that it has not been tampered with and rinse their hands with water only before opening the vessel.



4

Athletes will be required to provide a urine sample of 90 mL under direct observation of a DCO or witnessing chaperone of the same gender. Minor athletes will be required to be accompanied by a representative of their choice.



5*

Athletes will be offered a choice of sealed sample collection equipment (which includes A Sample and B Sample bottles). Check and inspect the equipment thoroughly prior to using.



6*

Athletes will then divide their sample between the A and B Sample bottles as instructed and seal them. The DCO will not handle any of the equipment during the procedure unless requested to do so by the athlete. Athletes are to maintain direct

observation and control of their sample until the sample is sealed.



7*

Once the sample is sealed, the athlete will be asked to place the A and B Sample bottles into plastic transport bags and back into the original box for secure transport to the laboratory.



8

The DCO will check the specific gravity (density) with what's left of the sample. Additional samples may be requested if the sample is not within the required range.



9

When instructed by the DCO, athletes will declare any prescription/non-prescription medications, injections, and/or dietary supplements they are taking on the Doping Control Official Record (DCOR), along with details of any Therapeutic

Use Exemptions (TUEs) they have obtained. Finally, any comments should be included on the digital athlete evaluation form.



10

Athletes should check the entire DCOR thoroughly to ensure that the information is correct. Their name is not on the documentation that goes to the laboratory. The laboratory reports all results based on the unique sample code numbers to ensure the athlete's

anonymity is protected. Athletes will then receive a copy of the test session documentation via email.

[‡] Valid reasons for delay include receiving medical attention, media commitments, or attending a medal ceremony.

* While sample collection equipment may vary slightly according to the sample collection agency or region, the integrity of the sample will always be maintained.



Athletes have a number of rights and responsibilities in regards to doping control. These rights and responsibilities are essentially the same for both in-competition and out-of-competition testing.

RIGHTS

When selected for testing, athletes have the **RIGHT** to:

- Have a representative accompany the athlete throughout the doping control process
- Have a language interpreter present, if one is available
- Complete a training session or other activities while the DCO or notifying chaperone observes the athlete (out-of-competition)
- Have the testing procedures explained to the athlete, including how the sample collection equipment works
- Request to view the DCO's credentials
- Choose a collection vessel and sample collection kit
- Receive a copy of the sample collection documentation used to document the processing of the athlete's sample
- Provide feedback on the USADA Athlete Evaluation Form and/or a Supplementary Report Form
- Request a delay in reporting to the doping control station for valid reasons
- Request modifications if the athlete has a disability

RESPONSIBILITIES

During a test, athletes are **RESPONSIBLE** for:

- Complying with the sample collection procedure**
- Reporting immediately to the doping control station unless there are approved reasons for delay (in-competition testing)
- Presenting government issued photo identification at the time of notification
- Staying in direct observation of the DCO or notifying chaperone from the time of notification until the sample collection session is complete
- Keeping the collection vessel in their possession and in view of the DCO at all times
- Having control of the sample until it is sealed in the sample collection bottles (the DCO may assist)
- Ensuring the sample code number is correctly documented on the sample collection documentation
- Ensuring all appropriate sample collection documentation is accurate, complete, and signed

** NOTE: As defined by the Code: "Refusing, or failing without compelling justification, to submit to Sample Collection after notification as authorized in applicable anti-doping rules or otherwise evading Sample Collection is an anti-doping rule violation."

